



MILAGRES COLLEGE



Kallianpur – 576 114, Udupi District, Karnataka

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Office of the Principal

Mob. No. : 8762690235

PHOTOGRAPHS OF CULTURAL FACILITIES

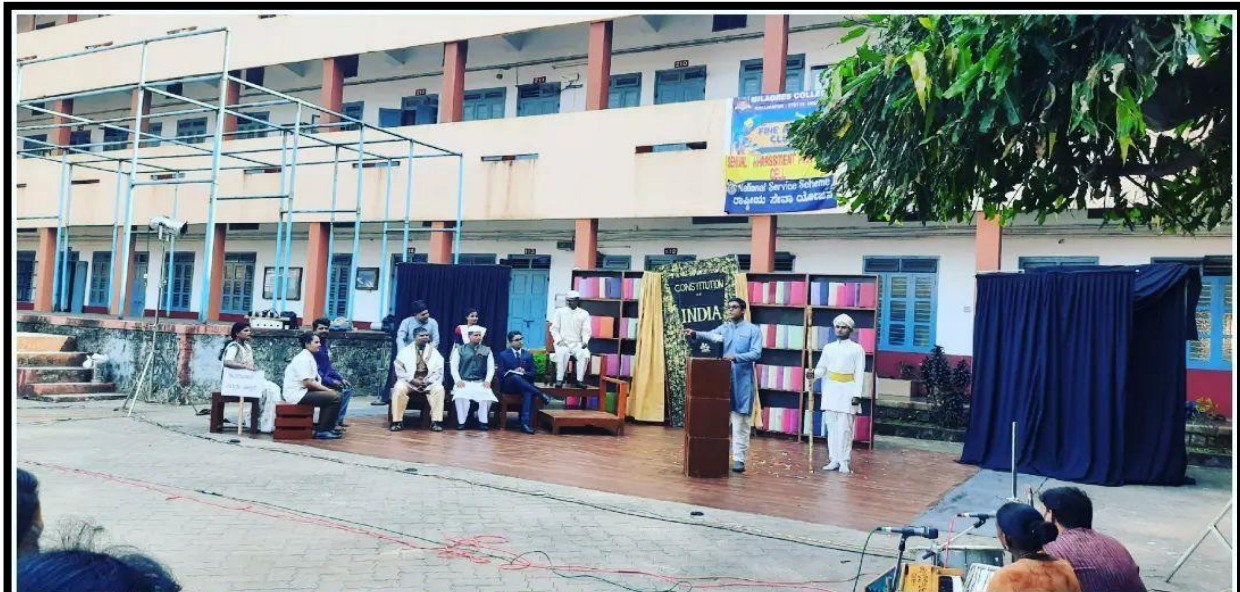
Fine Arts Club



Auditorium



Open Air Stage



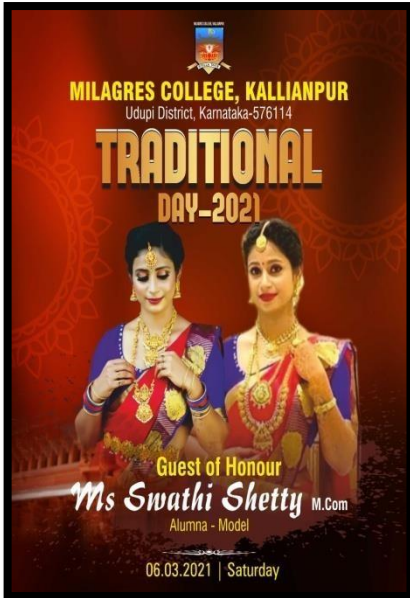
Audio Visual Hall



Silver Jubilee Hall



Traditional Day Ramp




Under The Mango Tree





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Shot on realme 1
By @swag photography


Principal
Principal
Milagres College Kallianpur-576-#14
Udupi Dt., Karnataka

PHOTOGRAPHS OF SPORTS FACILITIES

Play Ground with 200mts Athletic Track



Sports Pavilion



OUTDOOR SPORTS

The Outdoor Sports facilities in the college include:

- Athletic Track
- Cricket Field
- 4 Volleyball courts
- 2 Basketball Courts
- Tennikoit
- Handball
- Kabaddi
- Facilities for field events like Javelin throw, Shot-put, Hammer Throw, Discuss Throw etc

Athletic Track



Cricket Pitch



Volleyball court



Basketball Court



High Jump Bed



Long Jump Pit



Handball Court



Kabbadi



INDOOR SPORTS

The indoor sports facilities in the college include:

- Table Tennis
- Carom
- Chess
- Weightlifting/Power lifting
- Wrestling

Table Tennis



Carom



Chess



Principal

Mitagres College Kallianpur-576*
Udupi Dt., Karnataka

The facilities provided in the Gymnasium are:-

- Single Bar
- Double bar
- Chest press
- Leg Pres\Abdominal Sit ups
- Standing & sitting twister
- Push Up Stand.
- Weight lifting Barbell- 1 small and 3 Big
- Dumbells-4 sets
- Multi Gym-5 Section
- Multi Gym-3 section
- Rubber Plates-10 sets
- Metal Plates-16 sets
- Weight Stands-2

PHOTOGRAPHS OF GYMNASIUM FACILITIES



PHOTOGRAPHS OF YOGA FACILITIE



Department of Physical Education

Sports Report

Under the guidance of the physical educational director , several students and sports teams of the college have represent the college , District , Zone and even university at various levels . Below is the report of various sports were the students and teams of Milagres college have represented.

Coaching Camps:

Milagres Institutes of Education, Kallianpur, in association with Department of Physical Education, Milagres College Kallianpur, organized 30 days coaching camp in our college ground in the month of January. Various activities like Athletics, Volleyball and Table Tennis were conducted. All the Physical Directors of our Institutions were actively engaged in the camp.

Participated in Mangalore University Inter- Collegiate Tournaments:

- *Athletics*
- Volleyball(Men&women)
- ThrowBall
- Table Tennis
- Kabaddi
- Chess
- Badminton
- Wrestling
- Cricket
- Power lifting
- Weight lifting

ACHIEVEMENTS

➤ Winners in various sports and games.

- Table Tennis Women`s Team bagged 3th place in Mangalore University intercollegiate Table Tennis Tournament held at MGM College Udupi.
- Women`s Volleyball team has secured 1st place in Preliminary Round and 4th Place in Champions in Mangalore University Inter- Collegiate Volleyball Tournament held at St. Agnes College Mangalore.
- Men`s Volleyball team has secured 2nd place in Udupi Zone and 4th Place in Inter Zone in Mangalore University Inter- Collegiate Volleyball Tournament held at GFGC Tenkanidiyoor.
- Ms Adlin Nikitha Feranandes III BCOM secured I Board Chess Champion Trophy in the Mangalore University Inter Collegiate Chess Tournament held at Dr B B Hrgde First Grade College Kundapur.
- Ms Ashwini III BCOM secured IV Place at Ruby run in Udupi District`s 13K

Cross Country Race and III Place in 10K Manipal Marathon.

- Mr Vamsh S Amin I BCOM secured Gold Medal & Mr Aneesh Palan Secured Silver Medal in South India Power lifting Championship in Tenali, Andhra Pradesh.
- Mr Sumanth, I BA Secured Silver Medal in South India Power lifting Championship in Tenali, Andhra Pradesh.
- Overall 2nd place in Mangalore University Inter- Collegiate Power lifting Tournament held at GFGC Tenkanidiyoor.

➤ ACHIEVERS (National/University South Zone)

- Ms Valonia III BCOM – Table Tennis
- Mr Shashwath Shenoy III BCA- Badminton
- Ms Adlin Nikitha Fernandes III BCOM – Chess
- Ms Bhoomika Mestha I BA – Volleyball
- Ms Kowshalya Bangera I BA- Volleyball
- Mr Sumanth I BA – Power Lifting – National
- Mr Vamsh Amin & Mr Aneesh Palan I BCOM – Power lifting