



MILAGRES COLLEGE



Kallianpur – 576 114, Udupi District, Karnataka

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Office of the Principal

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MILAGRES COLLEGE, KALLIANPUR, UDUPI – 576114

NATIONAL SERVICE SCHEME

Activity: Annual Special Camp 2023-24

Date: February 14 to February 20, 2024

Venue: Government Higher Primary School, Hanumantha Nagar, Udupi

Number of Beneficiaries: 100 students + 6 Faculty

It's a matter of joy for the Milagres College, Kallianpur, to organize our NSS annual camp at this school said Very Rev. Fr Valerian Mendonca, Correspondent of Milagres College Kallianpur speaking on the occasion of the inauguration of NSS annual camp in the school hall. If the college students through NSS will become of some use to the public undoubtedly is a matter of pride for all of us at Milagres he added. He thanked the school administration for the opportunity. The camp has been organized at the Government Model Higher Primary School, Hanumanthnagar, Nittur, Udupi.

Mrs. Molly D'Souza, Headmistress, Government Model Higher Primary School, Hanumanthnagar, NitturUdupi, and Mrs.MusharathJahaan Akbar, Headmistress, Government High School, Hanumanthnagar, Nittoor, Udupi were present and assured their support to the camp throughout. Speaking on the occasion Dr Vincent Alva, the Principal of the college in his talk emphasized more on the difference between being educated and being literate. The NSS discipline should be a way of life he stressed and wished the camp all success. Dr Vincent Alva also thanked the school for making all the arrangements in their campus for the camp.

Mr Amith, President of the school betterment committee, and Mr Yuvaraj from the Udupi town municipal corporation were present. Both of them assured their assistance for the entire camp. Ms. Dhanya from II B.A compered the program and Mr Akash from II B.Com welcomed the gathering. Mr Pramod, II BCA the NSS leader proposed a vote of thanks.





The Second day of the NSS camp – Milagres College, Kallianpur, began with a morning walk, followed by a Flag Hoisting Ceremony.

Mrs. Indira, Service representative, 'Dharmasthala Village Development Scheme' was the Chief Guest of the occasion and conveyed her best regards to all the enthusiastic camp Participants, and appreciated the relevant and a matter of grave concern, Shibira Vani, "Save the Earth" the theme of the Program.

The 'team Ganga' led by Mr Akash, the NSS leader was given the responsibility of the ceremony. After this program, all the volunteers were entrusted with different works. During the Shramadhana primary school surroundings were cleaned. After the afternoon break for lunch, an educational program was conducted by Smt. Saritha Shetty, President, Government Higher Primary School, Hanumantha Nagara on the topic of "Leadership Quality and Life Skills". She instructed the volunteers to come out of their comfort zones to build leadership qualities and elaborated on the concepts by quoting practical examples.

Prof Clara Menezes, Department of Commerce, nearby residents and old students, i.e. Alumni of Milagres College, Kallianpur, and Milagres College Staff members were present during the program.

All the volunteers were relieved for the various entertainment games after the educational program. The educational Program was conducted by Yamuna team, under the leadership of Ms. Neha.

All the volunteers actively took part in the followed cultural programme and enjoyed the day. As a special guest for the event, Mrs. Radhika Patkar, Department of Commerce was present during the program. The cultural program was conducted by the 'Kaveri team' under the guidance of Mr.Pramod. The cooking and Cleaning Dept was handled by 'team Tunga', which was handled by Ms. Varshini.

The day ended by evaluating the volunteers on various aspects of the day. As a whole, the day was really refreshing and useful – an extension dimension to the College education system to orient the students, the youth to community service while continuing their studies, with a motive to understand themselves in relation to their community in Hanumath Nagar, Nittur.



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The Fourth day of the NSS camp – Milagres College, Kallianpur, began with a morning walk, followed by a Flag Hoisting Ceremony.

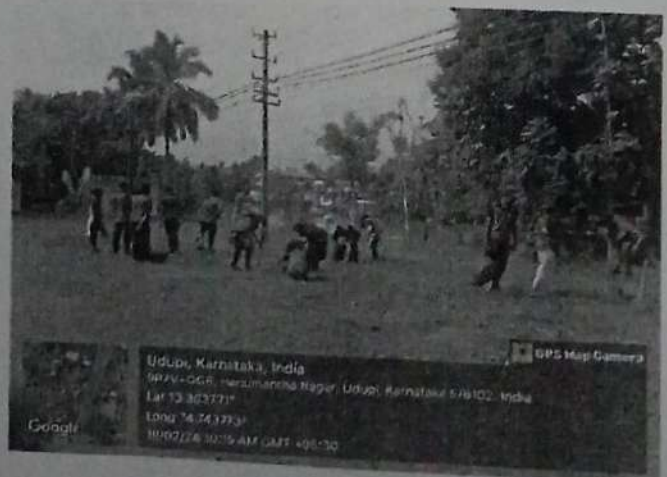
Mr. Suvag Mendon, former NSS leader in the academic year of 2019-21 was the Chief Guest of the occasion and conveyed his NSS experiences with the volunteers and a matter of grave concern, Shibiravani, "Say no to Plastic" the theme of the Program. The 'Team Kaveri' led by Mr Pramod Poojary, the NSS leader was given the responsibility of the ceremony. After this program, all the volunteers were entrusted with different works. During the Shramadhana High school surroundings were cleaned.

After the afternoon break for lunch, an educational workshop was conducted by Mahesh malpe, an artist in Udupi drama troupe on the topic of "Theatre skills". Overall, the workshop on theatre skills proved to be a valuable learning experience, offering students practical tools and techniques for enhancing their performance abilities. Mr. Mahesh's expertise and engaging teaching style contributed to a stimulating and thought-provoking session that left a lasting impression on attendees. Mrs. Shylet Mathais and Mr. KarthikNayak, Department of Commerce, Mr. Ravinandan Bhat, PRO, and old students, i.e. Alumni of Milagres College, Kallianpur were present during the program.

All the volunteers were relieved for the various entertainment games after the educational program. The educational Program was conducted by the Tunga team, under the leadership of Ms. Varshini.

All the volunteers actively took part in the following cultural programme and enjoyed the day. As a special guest for the event, Mrs. Chandrika, Department of English, Milagres College, Kallianpur was present during the program. The cultural program was conducted by the 'Ganga team' under the guidance of Mr. Akash. The cooking and Cleaning Dept was handled by 'Team Yamuna', which was handled by Ms. Neha and Mr. Shashank.

The day ended by evaluating the volunteers on various aspects of the day. As a whole, the day was refreshing and useful – an extension dimension to the College education system to orient the students, and the youth to community service while continuing their studies, with a motive to understand themselves in relation to their community in Hanumath Nagar, Nittur.





The fifth day of the NSS camp – Milagres College, Kallianpur, began with a morning walk, followed by a Flag Hoisting Ceremony.

Mrs. Chandrika, Department of English was the Chief Guest of the occasion and conveyed regards to the volunteers for organizing clear and planned programs and a matter of grave concern, Shibir Vani, "Save Girl Child" the theme of the Program. The 'Team Tunga' led by Mrs. Varshini, the NSS leader was given the responsibility of the ceremony. After this program, all the volunteers were entrusted with different works. During the Shramadhana High School and Primary School, the surroundings were cleaned.

After the afternoon break for lunch, an educational workshop was conducted by Mr. Anil Danthy, Milagres College, Kallianpur on the topic of "Essence of humour in life". Throughout the lecture, the audience actively engaged with the speaker through interactive discussions, questions, and anecdotes. Attendees shared personal experiences related to humor, demonstrating its pervasive influence in their lives and relationships.

The lecture served as a reminder to embrace laughter, find humor in everyday moments, and cultivate a lighter perspective on life's challenges.

Mr. KarthikNayak, Department of Commerce, Mr. Ravinandan Bhat, PRO, and Alumni of Milagres College, Kallianpur were present during the program.

The educational Program was conducted by the Ganga team, under the leadership of Mr. Akash. All the volunteers were relieved for the various entertainment games after the educational program.

All the volunteers actively took part in the following cultural programme and enjoyed the day. As a special guest for the event, Mr. Nithyanand Shetty, Department of Kannda, Milagres College, Kallianpur was present during the program. The cultural program was conducted by the 'Yamuna team' under the guidance of Mr. Shashank and Ms. Neha. The cooking and Cleaning Dept was handled by 'Team Kaveri', which was handled by Mr. Pramod.

The day ended by evaluating the volunteers on various aspects of the day. As a whole, the day was refreshing and useful – an extension dimension to the College education system to orient the students, and the youth to community service while continuing their studies, with a motive to understand themselves in relation to their community in Hanumath Nagar, Nittur.



The sixth day of the NSS camp – Milagres College, Kallianpur, began with a morning walk, followed by a Flag Hoisting Ceremony.

Mr. Hamsaraj, a former NSS volunteer was the Chief Guest of the occasion and conveyed regards to the volunteers for organizing clear and planned programs and a matter of grave concern, Shibiravani, "We share wif why not Blood" the theme of the Program.

The Team led by senior leaders Mr.NishaalDevadiga, Ms.Shreya, and Mr.Kshamith the NSS leaders were given the responsibility of the ceremony. After this program, all the volunteers were entrusted with different works. During the Shramadhana High School and Primary School, the surroundings were cleaned.

After the afternoon break for lunch, an educational workshop was conducted by Mr. Hemanth U Kanth, District Co Editor, and also he is a resource person on the topic of "Team work and Coordination". Throughout the lecture, the audience actively engaged with the speaker through activities and games. Mrs. Sophia Dias, Department of Hindi, Mr. Karthik Nayak, Department of Commerce, and Alumni of Milagres College, Kallianpur were present during the program.


The educational Program was conducted by the Yamuna team, under the leadership of Mr. Shashank and Ms. Neha. All the volunteers were relieved for the various entertainment games after the educational program. All the volunteers actively took part in the following cultural program and enjoyed the day. As a special guest for the event, Mr.Karthik Nayak, Department of Commerce, Milagres College, Kallianpur was present during the program. As part of the cultural programme, a skit by a team of guest artistes and a stage rehearsal of the story 'Leak Out' by Akshata Pandavapura, a film actress, was organized.

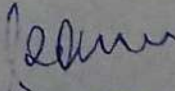
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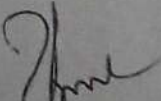
The Valedictory Ceremony of NSS Annual Special Camp 2023-24 on February 20, 2024, Tuesday was held at Government Higher Primary School, Udupi. Retired Prof. Hilda Rodrigues, Head of the Economics Department, Milagres College, Kallianpur was the Chief Guest for the day, she quoted beautiful examples and several incidents to trigger the mindset of the youngsters regarding the seriousness of life.

Headmasters of the school Mrs. Molly D'Zouza and Mrs. Musharath Jahaan Akbar M highlighted importance of NSS. Government Higher Primary School, Hanumantha Nagara, Mr.Amith President of SDMC, Parents Teachers association, Milagres College Kallianpur Mr. Ganesh Mesta, Mr. Rajesh, president of SDMC, Government High School was the Guest of Honour. Principal Dr Vincent Alva Presided over the function. NSS Volunteers shared their 7-day experience with the gathering.




NCC Programme officers


NCC Officer

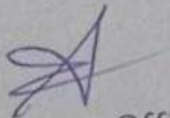


NATIONAL SERVICE SCHEME
Details of the programme

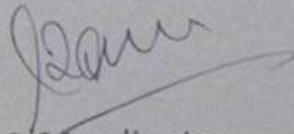
Programme Name: Awareness On Prevention Of Sexual Harassment
Organizer: NSS Unit
Date: 09/12/2023
Venue: AV Hall
Participants: NSS Volunteers

Outcome of the programme -

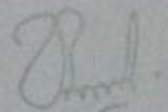
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service and awareness
- Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal
Principal

MILAGRES COLLEGE

MULIANPUR - 576114, Udupi Dist

NATIONAL SERVICE SCHEME

AWARENESS ON PREVENTION OF SEXUAL HARASSMENT

Programme Name: Awareness on Prevention of Sexual Harassment

Organizer: NSS Unit

Date: 09/12/2023

Place: AV HALL

Participants: NSS Volunteers

Number of Students: 110

Today, the NSS unit and POSH cell of Milagres college Kalliyampur in association with IQAC organized a programme on raising awareness on prevention of sexual harassment. The resource person of today's programme our own student Ms. Dhanya K Hebbar of II BA. She interacted with the students and made them aware about the need for them to be conscious of whatever is happening to them behaviourally. It was a great session to raise awareness among students to understand the need to prevent sexual harassment. The principal Dr. Vincent Alva, IQAC coordinator, Dr. Jayaram Shettigar and posh cell convenor Mrs. Radhika Patkar were present.

NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC-COORDINATOR

Principal
MILAGRES COLLEGE
KALLIYAMPUR
376114, U.S.

NATIONAL SERVICE SCHEME BEACH CLEANING

Programme Name: Beach Cleaning Programme

Organizer: NSS Unit

Date: 10/05/2024

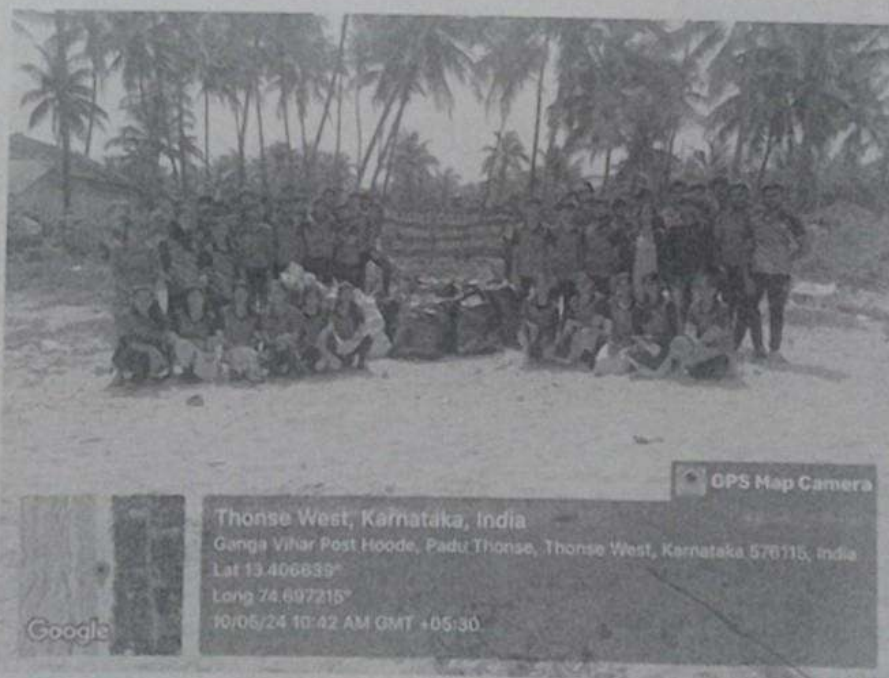
Place: Hoode Beach

Participants: NSS Volunteers

Number of Students: 50

On 10th May 2024, the NSS volunteers gathered together to demonstrate the importance of a clean beach and to spread awareness of the ill effects of plastic on humans. The NSS programme officers organised this cleanliness drive with active participation of college students who enthusiastically involved in picking plastic and other solid waste items like tins, bottles, wrappers, etc., in huge quantities and arranged to dispose them off properly. It's a welcome initiative by Milagres College NSS volunteers to spread awareness and make the beautiful beach waste free.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

Principal
MILAGRES COLLEGE
PRINCIPAL
ALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME BEACH CLEANING

Programme Name: Beach Cleaning Programme

Organizer: NSS Unit

Date: 10/05/2024

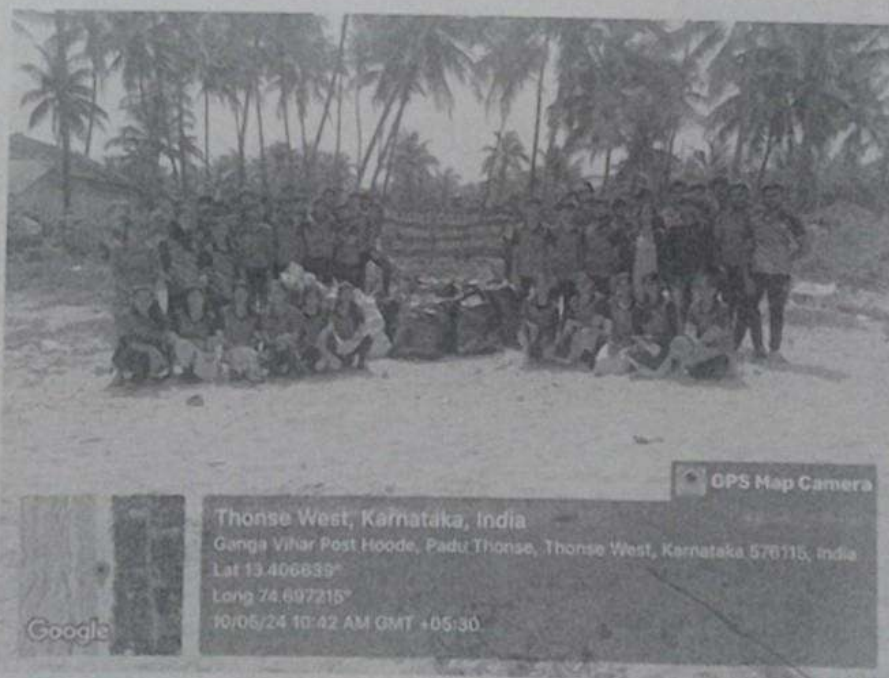
Place: Hoode Beach

Participants: NSS Volunteers

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The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

Principal

MILAGRES COLLEGE

PRINCIPAL

ALLIANPUR - 576114, Udupi Dist.

SPORTS SECRETARY NATIONAL SERVICE SCHEME
Details of the programme

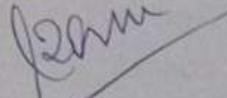
Programme Name: Blood donation camp
Organizer: NSS Unit
Date: 21/11/2023
Venue: AV Hall
Participants: NSS Volunteers

Outcome of the programme -

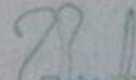
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service and awareness
- Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal

MILAGRES COLLEGE

KALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME BLOOD DONATION CAMP

Programme Name: Blood Donation Camp

Organizer: NSS Unit

Date: 21/11/2023

Place: A.V. Hall

Chief Guest: Dr Shami Shastry

Participants: NSS Volunteers

Number of Students: 92

On 21st November 2022 Milagres College Kallianpur in association with KMC hospital Manipal conducted a mega blood donation camp for faculty members and students. Dr. Shami Shastry, the director of blood donation centre, KMC hospital Manipal said the hospitals today, are not able to meet the blood needs of needy patients as few donors are volunteering to donate blood. She made the students aware about how blood cannot be produced in industries like other products. The principal also spoke about the importance of blood donation. 148 donors volunteered for blood donation out of which 92 donors and faculty members were qualified to donate blood. The HDFC Bank Udupi, Lions Club Kallianpur, Rotary Club Udupi, NSS, Youth Red Cross, Rangers and Rovers and Alumni Association of Milagres College joined hands with the program.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICERS

IQAC-COORDINATOR

Principal
MILAGRES COLLEGE
Kallianpur, Udupi

ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು: ರಕ್ತದಾನ ಶಿಬಿರ



ಬ್ರಹ್ಮಾವರ, ಡಿ. 2: ಕಲ್ಯಾಣವುರ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಮತ್ತು ಮಣಿಪಾಲ ಕಸ್ತೂರ್ಬಾ ಆಸ್ಪತ್ರೆಯ ಸಹಯೋಗದೊಂದಿಗೆ ರಕ್ತದಾನ ಶಿಬಿರ ಕಾಲೇಜಿನ ಸಭಾಂಗಣದಲ್ಲಿ ನಡೆಯಿತು.

ಕಸ್ತೂರ್ಬಾ ಆಸ್ಪತ್ರೆಯ ರಕ್ತನಿಧಿ ಕೇಂದ್ರದ ನಿರ್ದೇಶಕಿ ಡಾ|| ಶಮೀ ಶಾಸ್ತ್ರಿ ಮಾತನಾಡಿ, ದಾನಿಗಳ ಕೊರತೆಯಿಂದ ರಕ್ತದ ಬೇಡಿಕೆಯನ್ನು ಪೂರೈಸಲು ಸಾಧ್ಯವಾಗುತ್ತಿಲ್ಲ. ಆದ್ದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಕಾಲಕಾಲಕ್ಕೆ ರಕ್ತದಾನ ಮಾಡುವ ಮೂಲಕ ಜೀವರಕ್ಷಕರಾಗಬೇಕೆಂದು ಕರೆ ನೀಡಿದರು. ಪ್ರಾಂಶುಪಾಲ ಡಾ|| ವಿನೆಂಟ್ ಆಳ್ವ ಮಾತನಾಡಿ, ಪ್ರಪಂಚದಲ್ಲಿ ಎಲ್ಲ

ವಸ್ತುಗಳನ್ನು ಉತ್ಪಾದಿಸುವ ಕಾರ್ಖಾನೆಗಳು ಸಿಗಬಹುದು, ಆದರೆ ರಕ್ತವನ್ನು ಉತ್ಪಾದಿಸುವ ಸಾಮರ್ಥ್ಯ ಮನುಷ್ಯರಿಗೆ ಮಾತ್ರ ಇದೆ ಎಂದು ರಕ್ತದಾನದ ಮಹತ್ವವನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮನವರಿಕೆ ಮಾಡಿದರು. ಉಡುಪಿ ರೋಟರಿ ಕ್ಲಬ್, ಉಡುಪಿ ಎಚ್.ಡಿ.ಎಫ್.ಸಿ. ಬ್ಯಾಂಕ್, ಕಲ್ಯಾಣವುರ ಲಯನ್ಸ್ ಕ್ಲಬ್‌ನ ಪ್ರತಿನಿಧಿಗಳು ಹಾಗೂ ಶೇಖರ ಗುಜ್ಜರಬೆಟ್ಟು ಸತೀಶ್ ಸಾಲ್ವಾನ್, ಡಾ|| ಜಯರಾಮ್ ಶೆಟ್ಟಿಗಾರ್, ಎನ್.ಎಸ್.ಎಸ್. ಅಧಿಕಾರಿ ಅನುಪಮಾ ಜೋಗಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

92 ವಿದ್ಯಾರ್ಥಿಗಳು ಹಾಗೂ ಸಿಬ್ಬಂದಿ ರಕ್ತದಾನ ಮಾಡಿದರು.



MILAGRES COLLEGE KALLIANPUR

576114

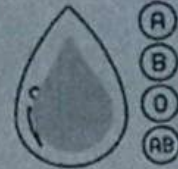


Re-Accredited by NAAC with A+ Grade

**NATIONAL SERVICE SCHEME
YOUTH RED CROSS
NATIONAL CADET CORPS
RANGERS AND ROVERS
LIONS CLUB UDUPI CHETHANA
ABHAYAHASTA CHARITABLE
TRUST**



Organises



BLOOD DONATION CAMP



DATE: 28:MAY:2024, VENUE: A.V HALL

President :- Dr. Vincent Alva, Principal

**Chief Guest :- Dr. Chenna Deepika
Blood Centre Kasturba Hospital Manipal**

Ln jagadish Acharya, President

Lions Club udupi Chethana

**Mr. Sathish Salian
Abhaya Hasta Helpline**

**Mrs. Clara Menezes,
Convener, Youth Red Cross**

NSS OFFICERS:

**Mrs. Anupama Jogi
Mr. Ganesh Nayak**

IQAC COORDINATOR:

Dr. Jayaram Shettigar

PRINCIPAL:

Dr. Vincent Alva

NSS LEADERS:

Pramod, Akash, Varshini, Neha

MILAGRES COLLEGE KALLIANPUR
NATIONAL SERVICE SCHEME
BLOOD DONATION CAMP

Programme name: Blood Donation Camp

Organizer: NSS

Date: 28/05/2024

Place: A.V. Hall

Chief Guest: Dr. Deep

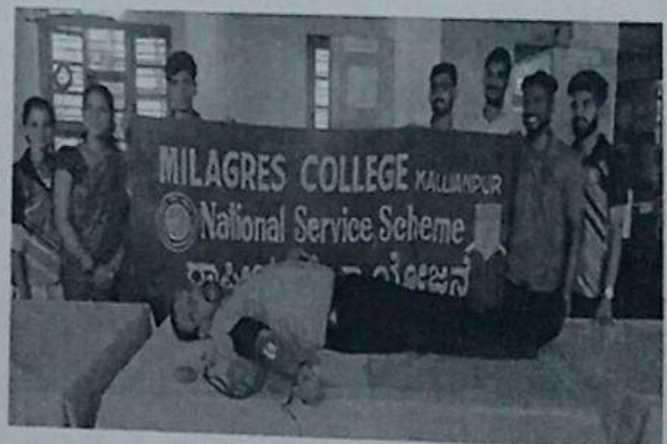
Participants: NSS Volunteers

No. of Participants: 65

Milagres College Kallianpur, under the banner of its NSS units, NCC, Youth Red Cross and Rangers and Rovers successfully organized a blood donation camp on May 28, 2024. Dr. Vincent Alva, Principal of Milagres College Kallianpur, presided over the program, which was attended by Ln Jagadish Acharya, President of Lions Club, Udupi, Chethana, Mr. Salian, Abhaya Hastha Helpline, and Mrs. Clara Menezes, Convener, Youth Red Cross, as guests of honor. The programme was inaugurated by Dr. Deep, Chief of the Blood Centre at Kasturba Hospital, Manipal, who appreciated the institution for conducting its second blood donation drive of the year.

A total of 65 units of blood were collected during the camp, which will be used to benefit patients in need at Kasturba Hospital, Manipal. The college management and NSS units expressed their gratitude to the donors, guests, and volunteers who made the camp a success.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

Principal
MILAGRES COLLEGE
KALLIANPUR - 575114, Udupi Dist.

ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ

ರಕ್ತ ದಾನ ಶಿಬಿರ

ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ, ಎನ್ ಎಸ್ ಎಸ್ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ, ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್, ಎನ್ ಸಿಸಿ, ರೋವರ್ಸ್ ಮತ್ತು ರೇಂಜರ್ಸ್, ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ, ಅಭಯಹಸ್ತ, ಚಾರಿಟೇಬಲ್ ಟ್ರಸ್ಟ್ ರಿ. ಉಡುಪಿ, ಲಯನ್ಸ್ ಕ್ಲಬ್ ಉಡುಪಿ ಚೇತನಾ, ರಕ್ತ ಕೇಂದ್ರ ಕೆಎಂಸಿ ಮಣಿಪಾಲ ಇವರ ಸಹಕಾರದಲ್ಲಿ ದಿನಾಂಕ 28/05/2024 ಮಂಗಳವಾರ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ ಇಲ್ಲಿ ನಡೆದ ಸ್ವಯಂಪ್ರೇರಿತ ರಕ್ತದಾನ ಶಿಬಿರವನ್ನು ಡಾ. ವಿನ್ಸೆಂಟ್ ಆಳ್ವ, ಪ್ರಾಂಶುಪಾಲರು, ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ ಇವರು ಉದ್ಘಾಟಿಸಿದರು.

ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿದ ಡಾ. ವಿನ್ಸೆಂಟ್ ಆಳ್ವ ಕಳೆದ ಹಲವು ವರ್ಷಗಳಿಂದ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ ವರ್ಷಕ್ಕೆ ಎರಡು ಬಾರಿ ಸ್ವಯಂಪ್ರೇರಿತ ರಕ್ತದಾನ ಶಿಬಿರವನ್ನು ಆಯೋಜಿಸುತ್ತಿದ್ದು, ವಿದ್ಯಾರ್ಥಿಗಳು ಸ್ವಯಂಪ್ರೇರಿತರಾಗಿ ರಕ್ತದಾನ ಮಾಡಿ ರೋಗಿಗಳ ಜೀವ ಉಳಿಸುವ ಪುಣ್ಯ ಕಾರ್ಯದಲ್ಲಿ ಭಾಗಿಯಾಗಬೇಕು ಎಂದರು. ನಾನು ಒಬ್ಬ ರಕ್ತದಾನಿಯಾಗಿ ಕಳೆದ ಹಲವು ವರ್ಷಗಳಿಂದ ರಕ್ತದಾನ ಮಾಡುತ್ತಿದ್ದು, ರಕ್ತದಾನದಿಂದ ಸಿಗುವ ಸಂತ್ಯಾಪಿ ಬೇರೆ ಕಾರ್ಯದಿಂದ ಸಿಗಲು ಸಾಧ್ಯವಿಲ್ಲ ಎಂದರು.

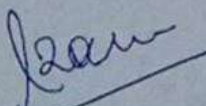
ಈ ಸಂದರ್ಭದಲ್ಲಿ ಡಾ.ದೀಪ್, ವೈದ್ಯರು, ರಕ್ತಕೇಂದ್ರ ಕೆಎಂಸಿ ಮಣಿಪಾಲ, ರಕ್ತದ ಆಪತ್ಕಾಂಡವ ಶ್ರೀ ಸತೀಶ್ ಸಾಲಾನ್ ಮಣಿಪಾಲ, ಅಧ್ಯಕ್ಷರು, ಅಭಯಹಸ್ತ, ಚಾರಿಟೇಬಲ್ ಟ್ರಸ್ಟ್ ರಿ. ಉಡುಪಿ, ಶ್ರೀಮತಿ ಅನುಪಮಾ ಜೋಗಿ ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ, ಎನ್ ಎಸ್ ಎಸ್ ಮಿಲಾಗ್ರಿಸ್ ಕಲ್ಯಾಣಪುರ, ಪೋ. ಕರಾ ಮೇನೇಜರ್ ಸಂಚಾಲಕರು ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜು ಕಲ್ಯಾಣಪುರ, ಜಗದೀಶ್ ಆಚಾರ್ಯ, ಅಧ್ಯಕ್ಷರು, ಲಯನ್ಸ್ ಕ್ಲಬ್ ಉಡುಪಿ ಚೇತನಾ ಹಾಗೂ ಇತರರು ಉಪಸ್ಥಿತರಿದ್ದರು.

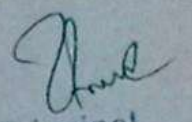
ಶ್ರಾವ್ಯ ಅತಿಥಿಗಳನ್ನು ಸ್ವಾಗತಿಸಿದರು, ಗಣೇಶ್ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿದರು, ಶ್ರೇಯ ಧನ್ಯವಾದ ಅರ್ಪಿಸಿದರು.

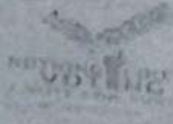
ಈ ಯಶಸ್ವಿ ರಕ್ತದಾನ ಶಿಬಿರದಲ್ಲಿ 65 ವಿದ್ಯಾರ್ಥಿಗಳು ರಕ್ತದಾನ ಮಾಡಿದರು.




NSS PROGRAMME OFFICER


IQAC COORDINATOR


Principal
MILAGRES COLLEGE
ALLIANCE PRINCIPALS 114, Udipi Dist



ಮಂಗಳೂರು



ವಿಶ್ವವಿದ್ಯಾನಿಲಯ

ಸಂ: ಮಂವಿಸಾವಿ/ಇತರ ವಿಷಯಗಳು/2023-24/26

ಕುಲಸಚಿವರ ಕಛೇರಿ

ಮಂಗಳಗಂಗೋತ್ರಿ - 574 199

ದಿನಾಂಕ: 19.04.2024

ರಿಗೆ,

ಸಂಯೋಜಕರು,

ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ, ಹಾಗೂ ಯೂತ್ ರೆಡ್‌ಕ್ರಾಸ್

ಎಲ್ಲಾ ಸಂಯೋಜಿತ / ಸ್ವಾಯತ್ತ ಕಾಲೇಜುಗಳು,

ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ.

ಮಾನ್ಯರೇ,

ವಿಷಯ: ಎನ್‌ಎಸ್‌ಎಸ್ ಘಟಕ / ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್ ಮೂಲಕ ರಕ್ತದಾನ ಶಿಬಿರವನ್ನು ಏರ್ಪಡಿಸುವ ಬಗ್ಗೆ.

ಉಲ್ಲೇಖ: ಜಿಲ್ಲಾ ಶಸ್ತ್ರಚಿಕಿತ್ಸಕರು ಮತ್ತು ಅಧೀಕ್ಷಕರ ಕಛೇರಿ, ವೆನ್‌ಲಾಕ್ ಜಿಲ್ಲಾ ಆಸ್ಪತ್ರೆ,

ಹಂಪನಕಟ್ಟಾ ಮಂಗಳೂರು ಇವರ ಪತ್ರ ಸಂಖ್ಯೆ: ಜಿಎನ್ ಎಲ್/21/2024-25

ದಿನಾಂಕ: 18.04.2024

ಮೇಲಿನ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖದ ಪತ್ರದ ಬಗ್ಗೆ ಗಮನ ಸೆಳೆಯುತ್ತ ಬದ ಜನರ ಆರೋಗ್ಯಕ್ಕೆ ಉಪಯೋಗವಾಗುವ ಮಾನವೀಯ ಕಳಕಳಿಯಿಂದ, ತಾವು ಸ್ಥಳೀಯ ಆಸ್ಪತ್ರೆ ಅಥವಾ ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರದ ವೈದ್ಯಾಧಿಕಾರಿಗಳ ಸಹಯೋಗದಲ್ಲಿ ತಮ್ಮ ಕಾಲೇಜಿನಲ್ಲಿ ರಕ್ತದಾನ ಶಿಬಿರವನ್ನು ಏರ್ಪಡಿಸಿ, ಸದರಿ ಶಿಬಿರದಲ್ಲಿ ಸಂಗ್ರಹವಾದ ರಕ್ತದ ಯೂನಿಟ್‌ಗಳನ್ನು ವೆನ್‌ಲಾಕ್ ಜಿಲ್ಲಾ ಆಸ್ಪತ್ರೆ, ಹಂಪನಕಟ್ಟಾ, ಮಂಗಳೂರು ಇಲ್ಲಿಗೆ ಹಸ್ತಾಂತರಿಸುವಂತೆ ಕೋರಲಾಗಿದೆ.

NSS / Red Cross
For action

19/4/24

ತಮ್ಮ ವಿಶ್ವಾಸಿ,

ಕುಲಸಚಿವರು

ಪ್ರತಿ: 1) ಜಿಲ್ಲಾ ಶಸ್ತ್ರಚಿಕಿತ್ಸಕರು ಮತ್ತು ಅಧೀಕ್ಷಕರ ಕಛೇರಿ, ವೆನ್‌ಲಾಕ್ ಜಿಲ್ಲಾ ಆಸ್ಪತ್ರೆ, ಹಂಪನಕಟ್ಟಾ
ಮಂಗಳೂರು - ಇವರಿಗೆ ಮಾಹಿತಿಗಾಗಿ ಮತ್ತು ಸೂಕ್ತ ನಿರ್ದೇಶನಕ್ಕಾಗಿ

2) ಮಾನ್ಯ ಕುಲಪತಿಯವರ ಮತ್ತು ಕುಲಸಚಿವರ ಅಪ್ಪಣಕಾಯಕರು, ಮಂಗಳೂರು ವಿಶ್ವವಿದ್ಯಾನಿಲಯ.



KASTURBA HOSPITAL

MANIPAL

(Teaching hospital of KMC Manipal, a unit of MAHE)

31/05/2024

Letter of Appreciation

On behalf of the Department of Immunohematology & Blood Transfusion (Kasturba Hospital Blood Centre, Manipal), I would like to take this opportunity to express my gratitude towards organizing Voluntary Blood Donation Camp at **Milagres College, Kallianpura** on **28th May, 2024**. This Camp is organized by **Milagres College, Kallianpura and Lions Club, Udupi-Chethana**.

The Blood Donation Camp was highly successful and helped us to collect **66 units** of blood, which is very precious and helps us to save lives. The Blood Centre is grateful for the outstanding support and valuable time and efforts in undertaking the organization of the blood donation camp. You can all take pride in the thought that every time a life is saved. You, through your kindness and dedication to the society were a part of it.

Thank you again for demonstrating such a genuine commitment to the community and helping our blood centre assure a safe and adequate blood supply.

With best wishes and hoping to work together again in the near future.

Thanking you,

Shamee Shastri

Dr. Shamee Shastri

Professor & Head,

Dept. of Immunohematology & Blood Transfusion

Kasturba Hospital, Manipal.

To: **The Principal,
Milagres College, Kallianpura.**

Post Box No. 7, Manipal-576104, Karnataka, India. Phone : +91 - 820 - 2571201 - 2571210 (10 lines)
Fax : +91 - 820 - 2571934. Email : office.kh@manipal.edu



ಕಲ್ಯಾಣಪುರ ಕಾಲೇಜು: ರಕ್ತದಾನ ಶಿಬಿರ



ಮಲೆ ಮೇ 29: ಕಲ್ಯಾಣಪುರ ಎನ್‌ಎಸ್‌ಎಸ್ ಮಿಲಿಟ್ರಿ ಕಾಲೇಜು, ಕಲ್ಯಾಣಪುರ ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್, ಉಡುಪಿ, ಮಿಲಿಟ್ರಿ ಕಾಲೇಜು, ಅಭಯಹಸ್ತ ಚಾರಿಟೆಬಲ್ ಟ್ರಸ್ಟ್‌ನ ಲಯನ್ಸ್ ಕ್ಲಬ್ ಉಡುಪಿ ಚೇತನಾ, ಮಣಿಪಾಲ ಕೆಎಂಸಿ ರಕ್ತ ಕೇಂದ್ರದ ಸಹಯೋಗದಲ್ಲಿ ಮೇ 28ರಂದು ಸ್ವಯಂಪ್ರೇರಿತ ರಕ್ತದಾನ ಶಿಬಿರವು ಕಲ್ಯಾಣಪುರ ಮಿಲಿಟ್ರಿ ಕಾಲೇಜಿನಲ್ಲಿ ಜರಗಿತು.

ಕಲ್ಯಾಣಪುರ ಮಿಲಿಟ್ರಿ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲ ಡಾ| ವಿನ್ಸೆಂಟ್ ಆಳ್ವ ಶಿಬಿರ ಉದ್ಘಾಟಿಸಿದರು. ಮಣಿಪಾಲ ಕೆಎಂಸಿ ರಕ್ತಕೇಂದ್ರದ ವೈದ್ಯ ಡಾ| ದೀಪಾ, ಉಡುಪಿ

ಅಭಯಹಸ್ತ ಚಾರಿಟೆಬಲ್ ಟ್ರಸ್ಟ್‌ನ ಅಧ್ಯಕ್ಷ, ರಕ್ತದ ಅಪತ್ಯಾಂಧವ ಸತೀಶ್ ಸಾಲ್ಯಾನ್ ಮಣಿಪಾಲ, ಕಲ್ಯಾಣಪುರ ಮಿಲಿಟ್ರಿ ಎನ್‌ಎಸ್‌ಎಸ್ ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ ಅನುಪಮಾ ಜೋಗಿ, ಕಲ್ಯಾಣಪುರ ಮಿಲಿಟ್ರಿ ಕಾಲೇಜಿನ ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್‌ನ ಸಂಚಾಲಕ ಪ್ರೊ| ಕ್ಲಾರಾ ಮಿನೇಜಸ್, ಲಯನ್ಸ್ ಕ್ಲಬ್ ಉಡುಪಿ ಚೇತನಾದ ಅಧ್ಯಕ್ಷ ಜಗದೀಶ್ ಆಚಾರ್ಯ ಹಾಗೂ ಇತರರು ಉಪಸ್ಥಿತರಿದ್ದರು.

ಶ್ರಾವ್ಯಾ ಸ್ವಾಗತಿಸಿದರು. ಗಣೇಶ್ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿ, ಶ್ರೇಯಾ ವಂದಿಸಿದರು. ರಕ್ತದಾನ ಶಿಬಿರದಲ್ಲಿ 65 ವಿದ್ಯಾರ್ಥಿಗಳು ರಕ್ತದಾನ ಮಾಡಿದರು.

NATIONAL SERVICE SCHEME CAMPUS CLEANING PROGRAMME

Programme name: Cleaning programme

Organizer: NSS

Date: 4/11/2023

Place: college campus

Participates: NSS Volunteers

NO. of participants: 105

On 4th November 2023, a campus cleaning took place in Milagres College Kallianpur. All the NSS volunteers were divided into different departments to clean. The first team was assigned to clean the NSS room, the second team was assigned to clean the library, the third team was assigned to clean the NSS equipment room, the fourth team was assigned to clean the Hindi department and the remaining team were at different place within the campus. The cleaning work began at 9:30 in the morning and ended at around 12:30 in the afternoon. At the end, the campus looked more neat and clean than before. NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present and more sure that all volunteers completed the assigned works.



NSS PROGRAMME OFFICER

IQAC-CORDINATOR

Principal
MILAGRES COLLEGE
KALLIANPUR - 576114, Udipi

NATIONAL SERVICE SCHEME
CHILDRENS DAY CELEBRATION AT MAMATHEYA THOTTILU

Programme Name: Mamatheya Thottilu

Organizer: NSS Unit

Date: 16/11/2023

Place: Lakshminagara

Participants: NSS Volunteers

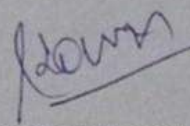
Number of Students: 25

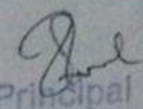
On 16th of November 2023, the NSS unit of Milagres College Kallianpur organized a children's day celebration at "Mamatheya Thottilu" ashrama, Lakshminagara. 25 volunteers visited the ashrama and interacted with the children there and also made them play some fun games. Visiting an orphanage was a new experience for most of the volunteers which made them understand about the lives of the children were happy when interacted with them and actively participated in all the games which we conducted. As a part of children's day, we also distributed the handmade books made by the NSS Volunteers to all the children. Few other story books, stationaries and magazines were also distributed. At the end prizes were given to the winners of the games which made them very happy.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.




NSS PROGRAMME OFFICERS


IQAC-COORDINATOR


Principal
MILAGRES COLLEGE
2 - 576114, Udupi



National Service Scheme

Activity: Constitution Awareness Programme

Date: February 24, and February 25, 2024

Venue: Audio Visual Hall

Number of Beneficiaries: 100 students + 10 Faculty

The National Service Scheme, Milagres College, Kallianpur Udupi today organised 'Constitution Awareness Rally' in the college under the theme 'Constitution and Indian integrity' on February 24, 2024 in the college.

Dr Vincent Alva, the same was the chief guest. Speaking on the occasion he stressed the relevance of freedom each one of us are experiencing in life and we need to safeguard it by contributing to the development of the nation. Abiding by various drives such as literacy, Swach Bharath, environmental concerns and avoiding the use of plastic the students can become the initiators of creating awareness and contribute for the development of self and nation he stressed.

Mrs Anupama Jogi and Mr Ganesh Nayak, the NSS officers took the lead for the jatha and organised a cleanliness drive in the vicinity to mark the day.

Speaking to the NSS volunteers Mrs Anupama Jogi said by involving deeply in NSS activities every student contributes to national integrity. Students took a road jatha to create public awareness.

Dr Jayaram Shettigar the IQAC coordinator of the college, Dr Surekha Bhat, Mrs Annamma, Mrs Shylet Mathias and Ms Pratima, the NCC officer were present.





NSS Programme officers

IQAC Coordinator

Principal

Principal

MILAGRES COLLEGE

KALLIANPUR - 576114, Udupi Dis



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NSS Programme officers

IQAC Coordinator

Principal

Principal

MILAGRES COLLEGE

KALLIANPUR - 576114, Udupi Dis

NATIONAL SERVICE SCHEME
Details of the programme

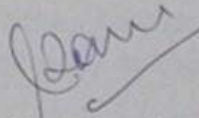
Programme Name: Cricket Match For Visually Impaired People
Organizer: NSS Unit
Date: 30/11/2023
Venue: Manipal
Participants: NSS Volunteers

Outcome of the programme -

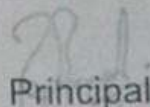
NSS Volunteers will understand the NSS Structure
new NSS Volunteers motivated towards the social service and awareness
Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal

MILAGRES COLLEGE
MANIPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME CRICKET MATCH

Programme Name: Cricket Match

Organizer: NSS Unit

Date: 30/11/2023

Place: Manipal

Participants: NSS Volunteers

Number of Students:5

On 30th November 2023, the NSS Volunteers and the NSS leaders from the National Service Scheme unit of Milagres College Kallianpur went to a sports event held at End-point ground Manipal. It was a cricket match organized for the visually impaired people. One of the organizers was Ms. Shikha Shetty an alumna of Milagres College Kallianpur. The volunteers helped the event organizers by looking after the participants by providing them water, glucose and other essentials. Then at afternoon the volunteers helped in serving lunch to all. It was a very special sports event and the volunteers and leaders were happy to be a part of it.

NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC-COORDINATOR

Principal
MILAGRES COLLEGE
PRINCIPAL - 576114, Udupi

NATIONAL SERVICE SCHEME

Details of the programme

Programme Name: Campus Cleaning programme

Organizer: NSS Unit

Date: 02/10/2023

Venue: College Campus

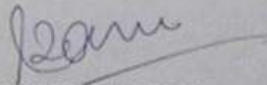
Participants: NSS Volunteers

Outcome of the programme

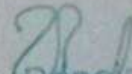
- NSS Volunteers will understand the NSS Structure
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- Understand the importance of the social programme



NSS PROGRAMME OFFICER



IQAC-COORDINATOR



PRINCIPAL

MILAGRES COLLEGE

KALLIANPUR - 576114, Udupi

NATIONAL SERVICE SCHEME
GANDHI JAYANTHI AND
COLLEGE CAMPUS CLEANING PROGRAMME

Programme name: Gandhi Jayanthi College Campus Cleaning Programme

Organized: NSS

Place: College Campus


Date:02/10/2023

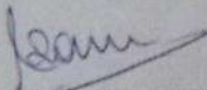
Participates: NSS Volunteers

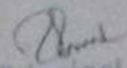
No. of students: 60

On 02nd of October 2023, the first cleaning programme for the newly joined NSS volunteers of this academic year was conducted. Around 60 volunteers of the NSS unit along with NSS officer Mrs. Anupama Jogi and Mr. Ravinandan Bhat PRO, were present. The main objective of the cleanliness drive was to make sure that the campus were clean and tidy. The programme also helped to provide the students with a clean environment throughout the campus. All the volunteers, completed the assigned tasks with great dedication, refreshments and taking their leave.




NSS PROGRAMME OFFICER


IQAC-COORDINATOR



Principal
MILAGRES COLLEGE
PRINCIPAL
576114, Udipi

NATIONAL SERVICE SCHEME
Details of the programme

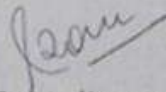
Programme Name: HB test
Organizer: NSS Unit
Date: 07/03/2024
Venue: AV hall
Participants: NSS Volunteers

Outcome of the programme -

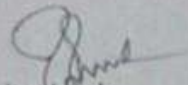
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- Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal

Principal

MILAGRES COLLEGE

KANPUR - 576114, Udipi Dist

NATIONAL SERVICE SCHEME HAEMOGLOBIN TEST

Programme Name: Haemoglobin Test

Date: 07/03/2024

Place: Milagres College Kallianpur

Number of Participants: 100

On 7th March 2024, a haemoglobin test was conducted to all the girls of the college. Mrs Joyce from KMC was the one who conducted the test. It was not only about checking the haemoglobin level but she also prescribed the types of food to eat when the haemoglobin level drops below 12 points. She also recommended the girls to use an app called HaemSuraksha which had the complete diet details to increase the haemoglobin level.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar and NSS officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

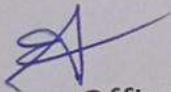
Principal
MILAGRES COLLEGE
KALLIANPUR - 570110, COOGE

NATIONAL SERVICE SCHEME
Details of the programme

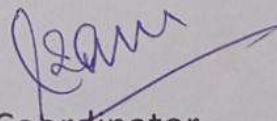
Programme Name: HB test
Organizer: NSS Unit
Date: 20/11/2023
Venue: AV hall
Participants: NSS Volunteers

Outcome of the programme -

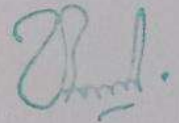
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service and awareness
- Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal

MILAGRES COLLEGE

576114, Udupi Dis

NATIONAL SERVICE SCHEME HB TEST

Programme Name: HB Test

Organizer: NSS Unit

Date: 02/11/2023

Place: AV Hall

Participants: NSS Volunteers

Number of students: 25

Milagres College Kallianpur in association with IQAC organized a haemoglobin test for girls on 02/11/2023. Mrs. Joyce Sangeetha Soans, asst. professor and research scholar, Manipal College of Nursing, was the resource person. The programme focused on health awareness and implemented the use of the 'HB Test' application. As a part of the orientation program, the 'HB Test' application was introduced and installed by students. The application facilitated the monitoring of haemoglobin level using a non-invasive method, allowing students to check their haemoglobin level independently. Training sessions were conducted to familiarize students with the 'HB Test' application's usage, its significance in monitoring haemoglobin level, and its role in proactive health management. The 'HB Test' application was appreciated for its user-friendly interface and the convenience.



NSS PROGRAMME OFFICER

IQAC COORDINATOR


PRINCIPAL

MILAGRES COLLEGE
KALLIANPUR - 576114, Udupi Di

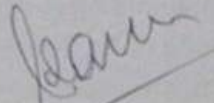
NATIONAL SERVICE SCHEME
Details of the programme

Programme Name: Hiv And Aids Awareness Day
Organizer: NSS Unit
Date: 01/12/2023
Venue: Silver Jubilee Hall
Participants: college students

Outcome of the programme -
NSS Volunteers will understand the NSS Structure
new NSS Volunteers motivated towards the social service and awareness
Understand the importance of the social programme



NSS Programme Officer



IQAC Coordinator



Principal

MIRLAGRES COLLEGE

ALLIANPUR - 576114, Udupi Dist

NATIONAL SERVICE SCHEME HIV COLLAGE MAKING

Programme Name: HIV day collage making competition

Organizer: NSS Unit

Date: 01/12/2023

Place: Silver jubilee hall

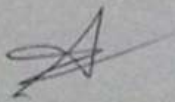
Participants: Milagres Students

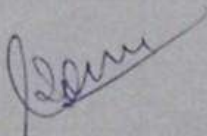
Number of students: 25

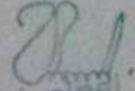
On 1 December 2023, a collage making competition was organized by the NSS Unit for the students of the entire college. The main theme of the competition was to spread awareness on HIV day. All the participants portrayed their ideas in different ways. 1 hour was given for all the participants to complete their collage. When the collage was completed the participants gave a presentation of their collage regarding what it was about and its main purpose. Mrs. Annamma, professor in department of economics and Mrs. Amrita Lewis, office in-charge were the judges of the competition and they expressed their opinions during the program.

The NSS officers Mrs. Anupama Jogi and Mr. Ganesh Nayak, the convenor of eco club Mrs. Rekha U and PRO Mr. Ravinandan Bhat were present.




NSS PROGRAMME OFFICERS


IQAC-COORDONTOR


Principal
MILAGRES COLLEGE
PRINCIPAL
MILAGRES COLLEGE
ANPUR - 576114, Udipi D

NATIONAL SERVICE SCHEME

Details of the programme

Programme Name: Interaction with spandhana students

Organizer: NSS Unit

Date: 20/09/2023

Venue: Spandhana asrama

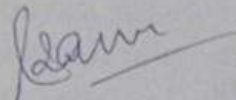
Participants: NSS Volunteers

Outcome of the programme

- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service
- Understand the importance of the social programme



NSS PROGRAMME OFFICER



IQAC-COORDINATOR

PRINCIPAL
Principal
MILAGRES CO
LIANPUR - 57611

NATIONAL SERVICE SCHEME INTERACTION WITH SPANDHANA STUDENTS

Programme name: interaction with Spandhana students

Organizer: NSS

Date: 10/09/2023

Place: Nejar

Participates: NSS Volunteers

No. of participants: 60

On September 10, 2023, NSS volunteers from our college, along with NSS Programme Officers Mrs. Anupama M Jogi and Mr. Ganesh Nayak, interacted with the students of Spandhana. The volunteers put up an entertaining program that included dance, singing, and other performances. The students enjoyed the program and even came forward to dance with the volunteers. All the members of Spandhana were very happy and thanked the volunteers and officers for making their day a wonderful one.



A
NSS PROGRAMME OFFICER

Ganesh
IQAC COORDINATOR

Anand
PRINCIPAL
Sri Sri College of Education - 57
L. No. 11, Arunachal



MILAGRES COLLEGE, KALLIANPUR, UDUPI – 576 114

National Service Scheme

Program Name: International Yoga Day

Organizers: Commerce Association

Date: June 20, 2024

Venue: Audio Visual Hall

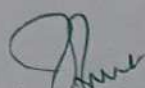
Participants: 56 students and 6 faculty

Outcome of the program:

- Understanding of Yoga: NSS volunteers will gain a deeper understanding of the philosophy and principles of yoga, its history, and its benefits for physical and mental well-being.
- Practical skills: Volunteers will learn various yoga postures (asanas), breathing techniques (pranayama), and meditation practices, enabling them to practice yoga independently.
- Health and wellness: Participants will understand the importance of yoga for overall health, stress management, and relaxation, and experience its benefits firsthand


Covener

IQAC Coordinator


Principal
Principal
MILAGRES COLLEGE
KALLIANPUR-576114, Udupi Dist.



MILAGRES COLLEGE, KALLIANPUR, UDUPI – 576114

National Service Scheme

Activity: International Yoga Day

Date: June 20, 2024

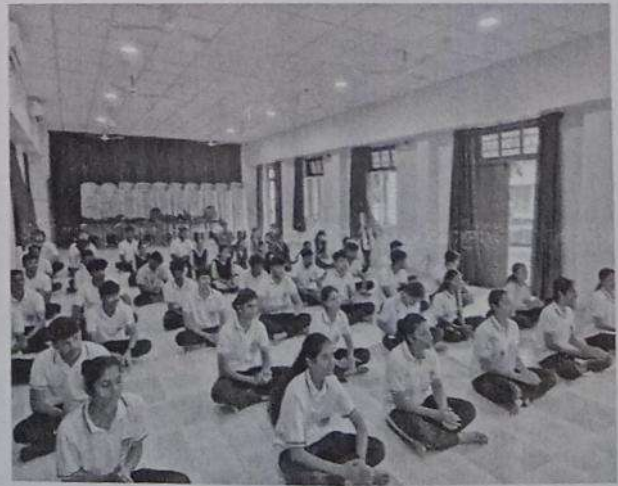
Venue: Audio Visual Hall

Number of Beneficiaries: 56 students + 6 Faculty

Being healthy is the need of the hour and Yoga is one such thing said Dr Vincent Alva, Principal on international Yoga day celebration in the college, a programme jointly organised by the NSS and NCC units in association with IQAC. Physical activities of human beings have been reduced drastically, hence the human health is on the verge of decreasing he stressed with utmost concern on various health issues. Being healthy is each one's responsibility and not of the medical personnel that's why Yoga has gained an international prominence he commented.

Mr Prakash Nayak from the Aayush Institute Udupi was the chief guest. He explained the concept of human physiology and respiratory system, and its maintenance. He conducted certain breathing exercises for the participants. Mr Pradyumna J, a PhD scholar from MAHE also joined the program by assisting in performing yoga through certain important Asanas.

Mrs Anupama Jogi and Mr Ganesh Nayak, the NSS officers, Mrs Rekha U, the college librarian, and Mr Ravinandan Bhat were present.



NATIONAL SERVICE SCHEME JEEVANA SANKALPA

Programme Name: Jeevana Sankalpa

Organizer: NSS Unit

Date: 19/04/2024

Place: Audio Visual Hall

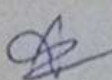
Participants: NSS Volunteers

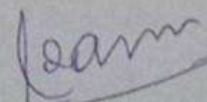
Number of Students: 80

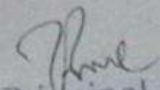
On 19th April 2024, the NSS unit of Milagres College Kallianpur organized a very meaningful programme on life resolution for the all-round development of students. Mrs. Ramitha Shailendra Rao arrived as the resource person and addressed the volunteers about the resolutions one has to take in life in order to come out as a good citizen of the country. The main purpose of this programme was to create awareness among the students about time consciousness and the efforts required to achieve it. This programme was successful in guiding the volunteers with the right values in the right path.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.




NSS PROGRAMME OFFICER


IQAC COORDINATOR


Principal
M. PRINCIPAL COLLEGE
KALLIANPUR - 576114, Udupi Dist

NATIONAL SERVICE SCHEME
Details of the programme

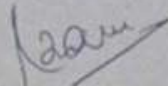
Programme Name: Katthala Hadu
Organizer: NSS Unit
Date: 08/03/2024
Venue: Under The Mango Tree
Participants: NSS Volunteers

Outcome of the programme -

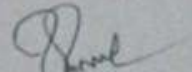
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service and awareness
- Understand the importance of the social programme
- Understand the importance of Leadership qualities



NSS Programme Officer



IQAC Coordinator



Principal

MILAGRES COLLEGE
ST. LIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME KATTHALA HAADU

Programme Name: Katthala Haadu

Date: 08/03/2023

Place: Milagres College Kallianpur

Number of Students: 100

8th March 2023, on the occasion of International Women's Day Milagres College Kallianpur organized a special programme named "Katthala Haadu". The entire college was lit with diyas which brightened the programme even more. The Ektara singer Naada Maninalkuru was invited to enlighten the students with his meaningful songs. Each of his songs had a different meaning and message to be delivered to the youth. This was one of the rarest programmes to be conducted by any college and all the students were lucky to be a part of it.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



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NSS PROGRAMME OFFICERS

Jayaram

IQAC-COORDINATOR

Dr. Vincent Alva

Principal
MILAGRES COLLEGE
PRINCIPAL

KALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME
Details of the programme

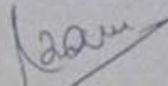
Programme Name: Katthala Hadu
Organizer: NSS Unit
Date: 08/03/2024
Venue: Under The Mango Tree
Participants: NSS Volunteers

Outcome of the programme -

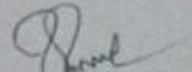
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NSS Programme Officer



IQAC Coordinator



Principal

MILAGRES COLLEGE

ST. LIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME KATTHALA HAADU

Programme Name: Katthala Haadu

Date: 08/03/2023

Place: Milagres College Kallianpur

Number of Students: 100

8th March 2023, on the occasion of International Women's Day Milagres College Kallianpur organized a special programme named "Katthala Haadu". The entire college was lit with diyas which brightened the programme even more. The Ektara singer Naada Maninalkuru was invited to enlighten the students with his meaningful songs. Each of his songs had a different meaning and message to be delivered to the youth. This was one of the rarest programmes to be conducted by any college and all the students were lucky to be a part of it.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



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NSS PROGRAMME OFFICERS

Jayaram

IQAC-COORDINATOR

Dr. Vincent Alva

Principal
MILAGRES COLLEGE
PRINCIPAL

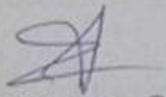
KALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME
Details of the programme

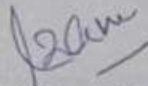
Programme Name: Mime On Drug Awareness Programme
Organizer: NSS Unit
Date: 27/03/2024
Venue: Under The Mango Tree
Participants: NSS Volunteers

Outcome of the programme -

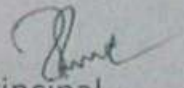
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- Understand the importance of Leadership qualities



NSS Programme Officer



IQAC Coordinator



Principal

Principal

MILAGRES COLLEGE

CALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SCHEME MIME SHOW ON DRUG AWARENESS

Programme Name: Mime Show on Drug Awareness

Organizer: NSS Unit

Date: 27 /03/2024

Place: Under the mango tree

Participants: NSS Volunteers

Number of Students: 100

On NSS unit of Milagres College Kallianpur organized a mime show on drug awareness to spread awareness among the students about how harmful drugs can be. Since nowadays students are highly addicted to such addictions like drugs, drinks and smoke, there is a necessity for such awareness programmes to be conducted. The NSS volunteers conveyed a very meaningful message to the students through their mime show.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

Principal
MILAGRES COLLEGE
KALLIANPUR
PRINCIPAL

ಮತದಾನ, ಡ್ರಗ್ಸ್ ಜಾಗೃತಿ ನಾಟಕ



ಬ್ರಹ್ಮಾವಲ, ಕೂ.ಎ.ಐ. ಕಲ್ಯಾಣಪುರ ಮಿಲಗ್ರಿಸ್ ಕಾಲೇಜಿನ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ಹಾಗೂ ಐಕ್ಯೋಎಸಿ ಆಶ್ರಯದಲ್ಲಿ ಡ್ರಗ್ಸ್ ಜಾಗೃತಿ ಕುರಿತು ಮೈಮ್ ಮತ್ತು ಮತದಾರರ ಜಾಗೃತಿ ಕುರಿತು ಕಿರು ನಾಟಕವನ್ನು ಆಯೋಜಿಸಲಾಯಿತು.

ಮೈಮ್ ಶೋ ಮುಖ್ಯವಾಗಿ ಮಾದಕ ದ್ರವ್ಯ ಸೇವನೆಯಿಂದ ವ್ಯಕ್ತಿಯ ಪ್ರಾಣ ತೆಗೆಯುವ ದುಷ್ಪರಿಣಾಮಗಳನ್ನು ತಿಳಿಹೇಳಿತು.

ಮತದಾನದ ಮಹತ್ವವನ್ನು ಸಾರಿದ ಕಿರುನಾಟಕವು, ಮತದಾನವು ಪ್ರತಿಯೊಬ್ಬ ನಾಗರಿಕನ ಜವಾಬ್ದಾರಿಯಾಗಿದೆ ಮತ್ತು ಮತದಾನ ಮಾಡುವುದರ ಮೂಲಕ ಅರ್ಹ ಅಭ್ಯರ್ಥಿಯನ್ನು ಆಯ್ಕೆ ಮಾಡುವುದು ನಮ್ಮ ಮೂಲಭೂತ ಹಕ್ಕು

ಎನ್ನುವುದನ್ನು ತೋರಿಸಿಕೊಟ್ಟಿತು.

ಪ್ರಾಂಶುಪಾಲ ಡಾ| ವಿನ್ಸೆಂಟ್ ಅಳ್ಳ ಚುನಾವಣೆ ಸಂದರ್ಭದಲ್ಲಿ ನಡೆಯುವ ಅವ್ಯವಹಾರಗಳಿಗೆ ಮರುಳಾಗದೆ ದೇಶ, ರಾಜ್ಯ, ಸಮಾಜ ಹಾಗೂ ವಿಶೇಷವಾಗಿ ವಿದ್ಯಾರ್ಥಿಗಳ ಹಿತಕ್ಕಾಗಿ ದುಡಿಯುವ ಅರ್ಹ ಅಭ್ಯರ್ಥಿಗಳಿಗೆ ಮತ ಹಾಕಬೇಕು ಎಂಬ ಸಂದೇಶ ನೀಡಿದರು.

ಎನ್.ಎಸ್.ಎಸ್. ಅಧಿಕಾರಿಗಳಾದ ಅನುಪಮಾ ಜೋಗಿ ಮತ್ತು ಗಣೇಶ್ ನಾಯಕ್, ಐಕ್ಯೋಎಸಿ ಸಂಚಾಲಕ ಡಾ| ಜಯರಾಮ ಶೆಟ್ಟಿಗಾರ್, ಸಾರ್ವಜನಿಕ ಸಂಪರ್ಕ ಅಧಿಕಾರಿ ರವಿನಂದನ್ ಭಟ್, ಅಧ್ಯಾಪಕರು, ಎನ್.ಎಸ್.ಎಸ್. ಸ್ವಯಂಸೇವಕರು, ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಸ್ಥಿತರಿದ್ದರು.

NATIONAL SERVICE SCHEME

Details of the programme

Programme Name: Miyawki Cleaning

Organizer: NSS Unit

Date: 01/10/2023

Venue: Miyawaki forest

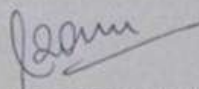
Participants: NSS Volunteers

Outcome of the programme

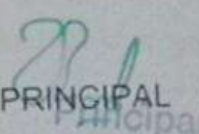
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service
- Understand the importance of the social programme



NSS PROGRAMME OFFICER



IQAC-COORDINATOR



PRINCIPAL

MILAGRES COLLEGE

KALLIANPUR - 576114, Udupi Dist.

NATIONAL SERVICE SEHEME CAMPUS CLEANING

Programme name: *Miyawki Cleaning*

Organizer: NSS

Date: 1/10/2023

Place: College ground

Participates: NSS Volunteers

No. of students: 20

On 1st October 2023 NSS Volunteers from Milagres College Kallianpur, gathered today to clean up the Miyawaki forest area, a unique urban forest that is home to a variety of native plants. Armed with commitment to making their community cleaner, the volunteers worked tirelessly to remove litter and debris from the forest floor. Their efforts were rewarded with a cleaner and more inviting Miyawaki forest, which will now be able to thrive and provide a valuable habitat for wildlife. The volunteers commitment to the Swachh Bharath initiative is an inspiration to us all, and their work is a reminder that even small acts of kindness can make a big difference.



NSS PROGRAMME OFFICER

IQAC - COORDINATOR

Principal
MILAGRES COLLEGE
KALLIANPUR - 576114, Udupi

PADDY CULTIVATION: ONE DAY CAMP

Programme Name: Paddy Cultivation Programme

Organizer: NSS Unit

Date: 10/12/2023

Place: Balamakki House, Chanthar

Participants: NSS Volunteers

Number of Participants: 70

On 10/12/2023 the NSS unit of Milagres College Kallianpur in association with IQAC and Eco club, organized a significant paddy cultivation project in Balamakki House Chanthar, Brahmavar. The project aimed to promote environmental awareness and community engagement. The owners of the fields taught the students about the procedure to plant the saplings. All the students actively participated in the agricultural work with great enthusiasm. The volunteers were divided into different teams to work in different fields led by the NSS leaders. In between breakfast was provided to everyone and at the end when all work came to an end, lunch was provided. It was a great experience to spend time in the nature and learn new things.

NSS officers Mrs. Anupama Jogi and Mr. Ganesh Nayak and Eco club convenor Mrs. Rekha U were present.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

Principal
MILAGRES COLLEGE
PRINCIPAL

NATIONAL SERVICE SCHEME
Details of the programme

Programme Name: Skit On Voter's Awareness

Organizer: NSS Unit

Date: 26/03/2024

Venue: Under The Mango Tree

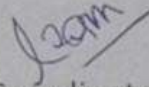
Participants: NSS Volunteers

Outcome of the programme -

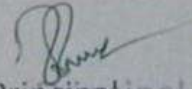
- NSS Volunteers will understand the NSS Structure
- new NSS Volunteers motivated towards the social service and awareness
- Understand the importance of the social programme
- Understand the importance of Leadership qualities



NSS Programme Officer



IQAC Coordinator



Principal
MILAGRES COLLEGE
KALLIANPUR - 576114, Udupi

NATIONAL SERVICE SCHEME SKIT ON VOTER'S AWARENESS

Programme Name: Skit on Voter's Awareness

Organizer: NSS Unit

Date: 26 /03/2024

Place: Under the mango tree

Participants: NSS Volunteers

Number of Students: 100

On the NSS unit of Milagres College Kallianpur organized a skit on voter's awareness to spread awareness among the students about the importance of voting. Voting is one of the most important rights of an individual which should not be wasted. Since students are the future of a country, they should cast their vote to the right candidate without any partiality based on caste or religion. The NSS volunteers performed an impactful act to make the students realise about the importance of their individual vote.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER IQAC COORDINATOR

Principal
MILAGRES COLLEGE
PRINCIPAL

NATIONAL SERVICE SCHEME STATE LEVEL SEMINAR

Programme Name: State level seminar

Organized: NSS Unit

Date: 01/12/2023

Place: Under the mango tree

Participants: NSS Volunteers

Number of students: 110

On 1st December 2023 the NSS unit of Milagres College, Kallianpur organized a state level seminar on the concept 'Gandhian and Ambedkar's philosophy on untouchability'. This was a dialogue seminar between the students and the resource persons. Prof. Nithyananda Shetty from Tumkur University and Mr. Amar B, a research scholar from the same University were the resource persons. This seminar was unique in its nature as it happened in an open atmosphere 'under the mango tree'. The entire seminar threw light on the accepted ideologies on untouchability by both social reformers. The lecture method was replaced to a dialogue style. The audience appreciated this style a lot.

The principal Dr. Vincent Alva, IQAC coordinator Dr. Jayaram Shettigar, NSS programme officers Mrs. Anupama Jogi and Mr. Ganesh Nayak were present.



NSS PROGRAMME OFFICER

IQAC-COORDINATOR

Principal
MILAGRES COLLEGE
PRINCIPAL
CR - 576114, Udupi

Nature Camp Report

Objectives

1. To inspire creativity and imagination by immersing students in a natural environment.
2. To enhance students' appreciation of nature and its influence on art and literature.
3. To provide a serene setting for self-reflection, encouraging the creation of poetry and stories.
4. To promote environmental awareness and the importance of preserving natural spaces.

Impact

1. Students developed a deeper emotional and intellectual connection with nature.
2. The serene setting fostered creativity, resulting in original works of poetry and stories.
3. The camp encouraged teamwork and collaboration through group discussions and sharing of creative outputs.
4. Increased awareness about the importance of protecting natural spaces through personal experiences.

Outcome

1. Students produced creative literary works, such as poems and stories, inspired by their time in nature.
2. A collection of these works can be compiled as a resource or publication to highlight the significance of nature in creativity.
3. The experience motivated students to engage in sustainable practices and appreciate the role of nature in their personal growth.
4. Improved skills in observation, expression, and critical thinking as students drew inspiration from the environment around them.

Report:

The English Literary Association organized a one-day nature camp at Hangarkatte on March 22, 2024. 39 students participated in this camp with the main intention of enhancing their writing skills inspired by nature.

The students were divided into teams to engage in various writing activities such as composing poetry and crafting stories. Motivated by the natural surroundings, they spontaneously created ten poems and ten stories.

To further refine their storytelling abilities, students were encouraged to narrate their stories as monologues, fostering individual creativity amidst the beauty of nature. The active participation of the students in these activities led to noticeable improvements in their creative styles.

During the afternoon, a meal was served on banana leaves, adding a unique and environmentally friendly touch to the camp experience. Gathering amidst nature, all members of the association enjoyed a meal together, fostering a sense of unity.

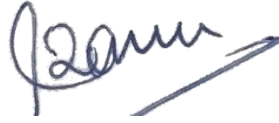
Following the lunch, several engaging games were conducted to foster leadership skills among the participants. Activities such as ecological sound imitations, weaving coconut leaves, passing to win, nest building challenges, Team snapshot contest, scenic wonder, and an orange peel-off contest were organized, with enthusiastic participation from the students.

The initiative for these activities was led by Mrs. Chandrika and Ms. Prathima, who played key roles in organizing and guiding the students throughout the camp. Mrs. Sylvia Cutinho was also present, providing support and encouragement to the students during the various activities. Overall, the nature camp proved to be a memorable and enriching experience for all involved, nurturing both literary talents and a deeper appreciation for the natural world.






Ms Prathima
Convener



Dr Jayaram Shettigar
IQAC Co coordinator



Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka

Dr Vincent Alva
Principal

The Village Exposure Camp

Objective:

- To provide students with an immersive experience in rural life and traditional practices.
- To raise awareness about sustainable living, self-reliance, and the importance of community cooperation.
- To promote hands-on learning through engaging in rural household chores and cooking with traditional methods.

Activities Involved:

- **Industry Visits:** Students toured local industries, learning about rural entrepreneurship and sustainable farming practices.
- **Home stay Experience:** Students stayed with local families, where they participated in household chores like cleaning, cooking, and farming activities. This provided insight into sustainable living and the use of natural resources.
- **Traditional Cooking:** On the second day, students, along with the villagers, cooked food using firewood in the open ground of a local school, embracing traditional cooking methods and promoting the importance of using natural resources responsibly.

Out Come:

- **Sustainability Awareness:** The camp promotes sustainable living practices, such as cooking with firewood and working closely with local industries that may employ eco-friendly methods.
- **Hands-On Engagement:** Involvement in traditional chores helps students appreciate the value of natural resources and sustainable methods of living.

Details of the Programme

Program Name	:	Village Exposure Camp
Organizers	:	English Department
Date	:	27 & 28 April 2024
Venue	:	Balkudru, Brahmavar, Udupi
Participants	:	Students of II BCOM, II BCA & III BA

Outcome of the programme:

- **Community engagement**
- **Environmental awareness**
- **Cultural understanding**
- **Empathy towards rural communities**

Report on Village Exposure Programme

Department of English, in association with IQAC, organized village exposure programme on 27th April and 28th April 2024. 33 students from II BCOM, II BCA, and III BA actively participated in this two-day camp held at Balkidru, Brahmavar.

On the first day, students embarked on an industrial visit to gain practical insights into factory operations. The village of Balkidru housed two factories: a chemical product factory and Cochin Shipyard Limited.

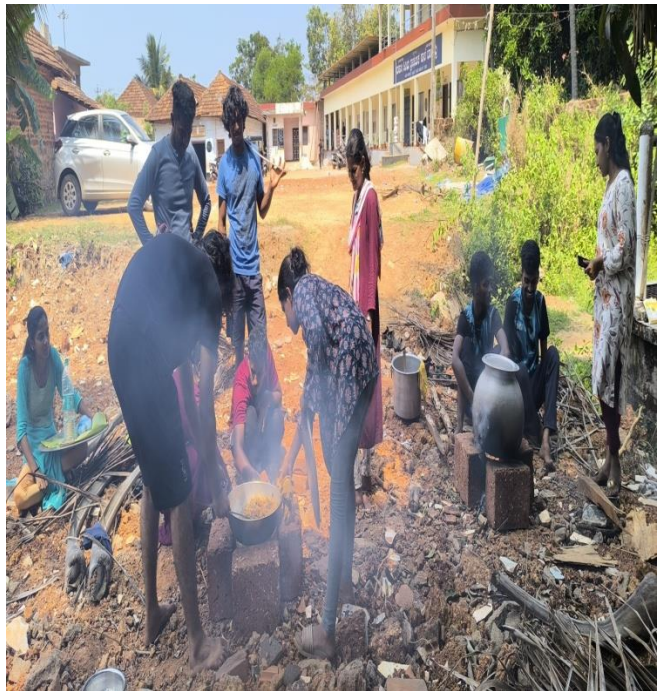
On 27th evening students were divided into teams and sent to selected houses to experience village life first hand. They interacted with villagers, asked questions about their traditions, folklore, and facilities provided by the Gram Panchayat. Additionally, students raised awareness about sustainable practices such as solar energy utilization, rainwater harvesting, and waste management techniques like worm composting. This exchange of knowledge was well received by the villagers, and students gained valuable insights into rural life.

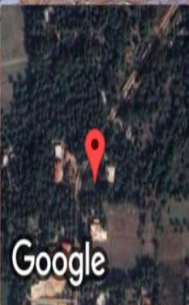
The students were instructed to prepare a detailed report on their experiences, which they shared the following day at a gathering held in the Government School Hangarkatte. Each team shared their findings and experiences, highlighting the positive impact of the programme. Subsequently, students collaborated to prepare and cook meals, fostering a sense of community and fellowship on the next day.

Overall, the village exposure program was a resounding success, providing students with a deeper understanding of rural life and an opportunity to engage meaningfully with the community.









Hangar Katte, Karnataka, India
FP25+RXF, Hungarkatte Rd, Hangar Katte, Karnataka 576218, India
Lat 13.453252°
Long 74.710479°
28/04/24 11:12 AM GMT +05:30

 GPS Map Camera







Chandrika
Convener

Dr Jayaram Shettigar
IQAC coordinator

Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka

Dr Vincent Alva
Principal

Under the Mango Tree Activities

A unique programme by the Department of English is, “Under the Mango Tree”. Between 1.00 pm and 1.25 pm students discuss various issues connected with culture, education, and relevant issues. Competitions and activities based on the significance of the days, poetry recitation, picture description, interpretation of Idioms and phrases, English literature, English spellings, sentences and expressions, are the uniqueness of this programme. Students conduct some games, activities and Quiz for the audience under the mango tree. Our student singers, poets and orators get a beautiful opportunity to exhibit their talents.





Mrs. Chandrika
Dept of English

Dr Jayaram Shettigar
IQAC Coordinator

Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka

Dr Vincent Alva
Principal