

# **Milagres College Kallianpur**

## **Department of Physical Education**

### **Sports Report 2022-23**

Numerous students and sports teams of the college have represented the college in District, University, State, National level under the direction of the Physical Educational Director. The list of sports that Milagres College students and teams have competed is provided below.

#### **Participated in Mangalore University Inter- Collegiate Tournaments:**

- Athletics
- Volleyball (Men & women)
- Cricket
- Football
- Badminton
- Table Tennis
- Power lifting
- Bodybuilding
- Wrestling
- Basketball
- Swimming
- Karate

#### **Students Achievements:**

##### **Represented National and South Zone Inter university Competitions:**

- |                        |           |                           |
|------------------------|-----------|---------------------------|
| 1. Keerthana S         | III B Com | Athletic ( All India)     |
| 2. Nikhil              | III B.COM | Athletics ( National)     |
| 3. Christon Noronha    | III B.COM | table tennis (South zone) |
| 4. Valonia Mascarenhas | II B.COM  | table tennis (South zone) |
| 5. Varsh Mestha        | II B Sc   | Volleyball (National)     |
| 6. Sagar               | I B Sc    | Volleyball (National)     |
| 7. Grace               | II BCA    | Football(National)        |
| 8. Shashwath shenoy    | II BCA    | Badminton (National)      |
| 9. Sumanth             | III B.COM | Powerlifting (National)   |
| 10. Dinesh             | III BA    | Cycling                   |

1. **Ms Keerthana** secured Third place in the 100mts at Mangalore University Inter Collegiate Athletic Meet held at Alva's College Moodbidri,. Gold medalist in 4X100 meters Relay with the record of( 45.68 seconds) at South West Zone University at Chennai. And also she has bagged silver medal in **All India Inter University** in the 4X100 meters relay held at Chennai.
2. **Mr Nikhil** has represented Senior Inter-state Athletic Championship held at Bhubaneswar and secured 2<sup>nd</sup> place in 400 meter and 3<sup>rd</sup> place in 200 meter held at Kanteerava stadium Bangalore
3. **Mr Christon** secured 2<sup>nd</sup> Place in Inter collegiate Table Tennis Tournament and Participated in **South Zone Table Tennis** Tournament , at Christ University, Bangalore.
4. **Ms Valonia** Participated in **South Zone Table Tennis** Tournament , at Jain University, Bangalore.
5. **Ms Varsha** has represented Karnataka Volleyball team in **Youth National Volleyball Tournament** held at Maharashtra.
6. **Ms Grace** has represented in **South Zone Football** Tournament , at Annamalai University, Chennai .
7. **Mr Sagar** has represented Karnataka Volleyball team in **National Volleyball Tournament** held at Jammu kashmir
8. **Mr Shashwath Shenoy** has represented in **South Zone Badminton** Tournament , at JAIN University, Bangalore.
9. **Mr Sumanth** secured Gold Medal in Mangalore University Intercollegiate Powerlifting Championship and secured 2<sup>nd</sup> place in Karnataka State level and selected for National level at Tamilnadu.
10. **Mr Dinesh** successfully Completed a 1500 KM Cycling Expedition all the way from Kallianpur-Kanyakumari. This spectacular journey took 20days.

#### **Winners in various sports and games.**

- **Men's table tennis team** has secured 2<sup>nd</sup> place in Mangalore university inter collegiate tournament held at St. Aloysious College Mangalore
- **Men's volleyball team** has secured 2<sup>rd</sup> place in udupi zone held at KVMS GFGC Kundapura

**Mr shashank** secured 3<sup>rd</sup> place in Mangalore University Intercollegiate Bodybuilding Championship held at Bhandarkars college kundapura.

### **Annual Sports meet at Milagres College, kallianpur, Udupi**

The annual sports meet of Milagres College Kailianpur was held today, Friday, January 20, 2023 in the College grounds with much enthusiasm and festivities. Dr Narayan Prabhu, Assistant Director of Physical Education, MAHE and also an alumnus of the college was the chief guest. Speaking on the occasion Dr Prabhu applauded the efforts of Milagres College to promote sportsmanship among the students righty from its inception and as a result he was able to achieve his goals in the field of sports because of the dedication of then Physical Director Mr Augustine Dais and the college in sports. He also added to say that the college is still keeping up the same tradition and he could see the same quality even today as the Milagres students are doing wonders in the field of sports. Very Rev Fr Valerian Mendonca, the Correspondent of the College was the president of the programme. Speaking on the occasion he said the spirit of sports would make students strong and healthy and wished the meet all success.

Dr Vincent Alva, Principal welcomed the guests and all gathered and introduced the chief guest. Dr Alva said the college has developed a unique culture of inviting the special achievers in various spheres of life among the alumni and Dr Prabhu is one such person who has brought laurels to his Alma Mater in the field of Sports.

The students' teams put a very attractive march past to mark the inauguration and the sport light was lit. The College choir sung their melodies in invocation and the Milagres High School band contributed their rhythm and doubled the festivities.

Mr Nikhil Dsouza, the college Physical Education Director, Mrs Savitha Kumari, Principal, Milagres P U College, Ms keerthana, and Mr Nikhil, student secretaries for sports, teachers and other Physical education teachers from the campus were present.

The much awaited 2<sup>nd</sup> (Milagres Premier League) MPL Volleyball league 2022 organized by Milagres College and Milagres College Alumni Association, Kallianpur was inaugurated at Milagres College grounds on Thursday, December 22, 2022.

### **MPL 2022-23**

The Milagres Premier League (MPL) Volleyball league 2022 begins with a lively and engaging opening ceremony with eight teams MCK Kemmanites, MCK Alumni Fighters, MCK Pune Spikers, MCK Bengre Bulls, MCK 93 Charmers, MCK Mumbai Legends, MCK Nidambally Bridge and MCK Karavali Milan.

Begin with a procession from the college premises to the inaugural ground by the eight teams and guests along with a mass band at 9am in the morning. During the brief inaugural ceremony Very Rev Fr.

Valerian Mendonca, Correspondent of Milagres Educational Institutions, teams franchise representatives, MPL main Sponsor Retd Professor Joseph Fernandes and Annette Fernandes, inaugurator Sathish Shetty, Alumnus, Shekar Gujjarbettu, President of Milagres College Alumni Association, Jayakar Shettym Vasu, Alfred Crasto, Wilson D'Souza, Symprian, Thomas D'Souza, Narasimha Murthy, Balakrishna Nayak, Stephen D'Silva, Dr. Vincent Alva Principal, Savitha Hande PU Principal and others were present on the dais.

The inaugural session was inaugurated by Sathish Shetty. Dr. Vincent Alva welcomed the gathering. In his inaugural brief address, Sathish Shetty appreciated the organizers for the wonderful initiatives by the Alumni Association. Very Rev Fr. Valerian Mendonca graced the events.

After the introduction of the eight teams for the guests, the MPL league was symbolically inaugurated by Fr Valerian Mendonca and Sathish Shetty by tossing the Valley ball on the match court.

The inaugural MPL league was compared by Rev Dr. Anil Prakash Castalino and matches live commentary given by famous composer Prashanth Shetty Havenje. Prior to the league matches beginning, a large number of students, old students and others witnessed a much more entertaining opening ceremony live concert by Oscar Martis, Oliver Martis and Gilbert Martis of Moodubelle presently residing in the United Kingdom.