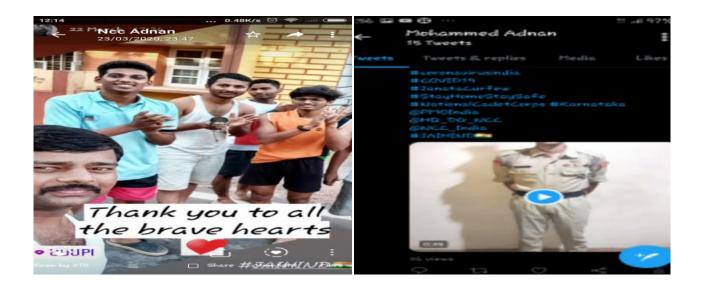
2020-21

1. Covid-19 prevention awareness Campaign

On 28-02-2021 21 Battalion had requested the cadets to carry out covid awareness camping through their social media account. Cadets took part actively posted videos images and audio recording about how to wear mask importance of social distancing using sanitizer and how dangerous the Covid 19 disease is.

30 cadets voluntary had registered(https://forms.gle/wZ4BAxCpf8DZ5gSU6) them and underwent training course through Diksha for helping people during lockdown. Activities like Food Transporting ,Call centre work, contact tracing, cooking food, Data management And ICE Development ect.



2. FIT INDIA FREEDOM RUN

On the occasion of 75th Independence Day celebration, NCC wing, NSS unit and Rovers and Rangers, Milagres College Kallianpur in association with the Gram Panchayat Kallianpur had organised a "Fit India Rally". After hoisting the national flag and celebrating Independence Day, Fit

India Rally began with the principal Dr. Vincent Alva addressing the gathering on the importance of physical and mental fitness in youth. Later Principal, IQAC coordinator Dr.Jayaram Shettigar along with other staffs and students took part in the Fit India bicycle rally and Fit India run. Prof.Melwyn Rego and Prof Peter D'Souza, retired staffs of Milagres College Kallianpur, Gram Panchayat, President and members, witnessed the programme. Lt Bernard Sheldon dsouza, associate NCC officer and other teaching and non teaching staffs were present in the programme.



3. EK BHARAT SHRESHTH BHARAT SAPTAH-IX

Karnataka&Goa DTE Belagavi group hosted 6 days EBSB Camp through online platform Gmeet and EXPA CADET APP dated 23-08-2021 to 28-08-2021. 250 cadets actively took part in the camp. Various activities were conducted like presentation, culturaldance, poster making on the topics Quit India and Constitution of India.

18 cadets comprising of 08 Senior Division, 10 Senior Wing and 1 ANO from Mangalore Group took part in the event. Mangalore group was assigned with 2activities, poster making on the topic Quit India and constitution of India it was taken up by CDT Neeraj D Nair of 4 KAR EC Manipal & JUO Poornima S of 20 KAR BN NCC Shivamoga. Presentations on the topic "Learning about cuisines and food habits of Karnataka" and "Duties of citizen in constitution of India" which was presented by CDT Shriraksha Kallurya 18 KAR BN NCC, CDT Adithi S 21 BN NCC Udupi.

CDT Aaniya Ruth from 21 BN NCC Udupi secured First place in folk dance and CDT Shriraksha Kallurya 18 KAR BN NCC Mangalore secured second place in presentation.



4. GANDHI JAYANTHI CELEBRATION SWACHA BHARATH ABHIYAN



2 October, NCC unit of Milagres College Kallianpur has organized Gandhi Jayanthi celebration on the bank of Suwarna River on 02 October 2020. Dr Devidas Naik, Principal MGM College Udupi was the chief guest of the celebration; he spoke on the role of Gandhi's philosophy on modern world. Vincent Alva principal of the college, retied staff members, IQASC co-ordinator Dr jayaram Shettigar, staff member and NCC Cadets were present.



Soon After the celebration the cleaning activities were under taken by NCC Cadets of the college under the guidance of Mr Caesar Gonsalves. Cadets had cleaned the surrounding of Kallianpur, college ground, church Quadrangle and campus of the college. 10 cadets actively participated in SWACHA BHARATH ABHIYAN.

The whole drive was quite inspiring and motivating for the cadets. The cadets realized that any work is best done when it is carried out by a person himself. It also made the cadets aware of the dignity of labour.

The Swachh Bharat Cleanliness Campaign was indeed enlightening for all the stakeholders namely NCC Cadets, students, and the staff. The campaign reaffirmed and reinstated the importance of cleanliness and healthy surroundings and motivated all to work for making "India" a "Clean India"

5. Heartfulness Experience Life's Potential

Heartfulness Educational Trust, hosted webinar on **Heartfulness Experience Life's Potential** - A 20 session certificate course for NCC cadets on life skills and holistic well-being through Heartfulness practices for self development and inner excellence on 9 November - 4 December 2020, 10 - 11 AM.



The HELP program provides the right combination of skills, tools and practices that are seamlessly integrated into its course content, enabling students to have a positive and balanced approach to life. SUO Mohamed Adnan, represented from Milagres College Kallianpur.

6. International Yoga Day

Yoga Day was celebrated in our College on 21th June 2021. 40 SD and 30 SW cadets were trained and Issued Certificates. These cadets had participated in International Yoga Day Program on June 21, 2021 cadets were trained by Senior under officer EX NCC cadet Oliver D'Souza. Yoga session was held through online platform Google meet .yoga commenced from 7:00 Am till 8:00Am.

Yoga from home contest was held through online platform and it was made open to all age group. applicants of the contest were asked to upload videos and photos through Google form link provided to them.150 applicants participated in the contest.



7. INDEPENDENCE DAY

75th Independence day celebration was organized by the NCC wing, NSS unit and Rovers and Rangers of Milagres College Kallianpur in the college premises. The flag hoisting was done by the chief guest Mr.Prabhakar, Attender Milagres College Kallianpur. NCC cadets, NSS volunteers and all the teaching and non teaching staffs of the college saluted the flag and then sang the National Anthem. President of the programme Dr. Vincent Alva, Principal Milagres College, Kallianpur addressed the gathering on the importance of youth in the development of nation. He advised youngsters to come together to build the nation strong. Mrs.Savitha Kumari, Principal Milagres PU College Kallianpur, Dr.JayaramShettigar, IQAC Coordinator and Lt Bernard Sheldon dsouza, associate NCC officer and other teaching and non teaching staffs were present in the programme.



8. WEBINAR ON NEW EDUCATIONAL POLICY

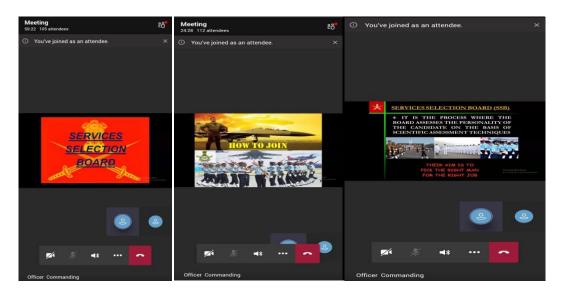


One day online workshop was organised by Ministry of education, under Shikshak Parv, on new educational policy- 2020. Thirty of our college cadets took part. Defence minister Rajnath Singh suggests many revolutionary changes in school and higher education and it will lead to the holistic development of the students.



NCC Unit of Milagres College Kallianpur conducted one week webinar for NCC cadets and college students from 16 September to 21 September 2020 in college level. 125 students took part in the webinar. Mr Pradeep Moras and Mr Karthik Nayak were the resource persons. They gave the detail information on the new education policy to the NCC cadets and to the students.

9. SSB TRAINING



GOA –BANGALURU NCC wing organised four days SSB online training camp for NCC cadets. Services Selection Board (SSB) is an organization that assesses the candidates for becoming officers into the Indian Armed Forces. The board evaluates the suitability of the candidate for becoming an officer using a standardized protocol of evaluation system which constitutes personality, intelligence tests, and interviews. The tests are of both types i.e. written and practical task-based. Seven of our cadets Suo Oliver Dsouza, SUO Mohamed Adnan, CPL Adithya Pai, CPL Nidhitha, CPL Raghavendra.b.k, CQMS Abhishek M Rebello, CPL Shashank s, CPL Hemanth kumar k, took part and completed four bays training.

10. SWACHHTA PAKHWADA



12 December 2020, on the occasion of SWACHHTA PAKHWADA, the NCC unit of our college has organised cleaning of Suwarna River bank under the guidance of Mr Caesar Gonsalves. SUO Mohamed Adnan, CQMS Abhishek M Rebello, CPL Netravathi, CPL Shashank, CPL Varun Poojary, CPL Adithya Pai, CPL Nidhitha, Cadets of Milagres College Kallianpur voluntarily took part

11.vanmohatasava Day

On the Occasion of Vanmohatasava day 50 NCC cadets took part in Spreading the message of Need of Trees and growing Sapling. Also Planted Saplings.



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