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Email ID:milagrescollege@gmail.com
Website: http://milagrescollegekallianpur.edu.in

Critirion-3 Research, Innovations and Extension

- 3.4.3-Number of extension and outreach programs conducted by the institution through NSS, NCC, Government and Government recognized bodies during the last five years
- 3.4.3.1-Number of extension and outreach programmes conducted in collaboration with industry, community and Non-government organizations through NSS, NCC, Red Cross, YRC etc. year wise during the last five years.

List of supporting enclosures:

Particulars(2020-21)
Additional information of the programmes of each outreach programme organized by
NSS, NCC, Red Cross, Rowers and Rangers etc.

NATIONAL SERVICE SCHEME -GANDHI JAYANTHI PROGRAMME

Program Name: Gandhi Jayanthi celebration

Organizers: NSS Unit

Date: 02.10.2020Friday, 6:30 am

Venue: Swarna river bank Kaillianpur.

On 02-10-2020 our college NSS unit organized Gandhi Jyanthi celebration at Swarna river bank Kaillianpur. The Chief guest Dr. Devidas Naik, Principal MGM college Udupi, inaugurated this programme through google meet . Dr. Devidas Naik conveyed message to follow the path of harmony and peace as preached by Mahatma Gandhi. He said that people take this day to remember a man who is responsive in a huge way for the lives they are leading today. He reminded the importance of kindness, truth, non -violence, simplicity and peace all the things Mahatma Gandhi stood for.

Dr. Vincent Alva, Principal Milagres College was the president of the program. English lecturer Mr. Caeser Gonsalves welcomed the gathering and NSS programme officer Melson Dsouza presented the vote of thanks. IQAC coordinator Dr. Jayaram Shettigar, NSS Program Officers Mrs. Anupama Jogi, Rotary club president Mr. Subramanhya Pai, Physical director Mr. Nikhil Dsouza were present on the occasion .All the NSS Volunteers actively participated in the program.



NSS PROGRAMME OFFICER IQAC COORDINATOR

Milages Chage Kallianpur-576 114 Uuuoi Dt., Kamataka

MILAGRES COLLEGE KALLIANPUR NATIONAL SERVICE SCHEME 2020-21 PARTICIPANTS LIST PROGRAMME: Gandhi Jayanthi 2/10/2020 DATE: SI.NO NAME CLASS SIGNATURE Nitin. worm. TACA Paperh Raish IT Ben D. Julia Rayhoni B. Shetty. TIBONB. Paber Robin. II Bam B Sanmorthy. Comotti. chaileth. Shreya. TIBamB. Shreyay. Suchas Sughma. II Bom B Abhishek. 10 TI Bon A Aranya, S. prinsitha. II son A' 12 13 Dreksha. It Ben A Dreksha. Karlok KaylyTr. # ManA 15 Hayer! II Per A Kauya, 16 Hous 17 Wanushir 18 manoj. Navpen in shet. TI Bom A Nisharth, S.P. ompresad IT Ben A mostlytesh progad 23 crevillara shety. It DSC Will 0.13SC 35 witherly.

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Magres College Kallianpur St.

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NATIONAL

SERVICE

SCHEME-GANDHIJAYANTHIPROGRAMME

ProgramName:GandhiJayanthicelebration

Organizers: NSSUnit

Date:02.10.2020Friday,6:30am

Venue: Swarnariverbank Kaillianpur.



MILAGRESCOLLEGEKALLIANPURUDUPI

NationalserviceScheme

Programme:COVID-19awareness

Organisedby:NSS,MilagresCollegeKallianpur

Venue: social media

Day by day corona cases were increasing in India. To avoid and break virus

transmissionchain, people need to wear the mask, maintain social distance and also require to

follow theguidelines given by the government. To create awareness about Covid 19, NSS

volunteersof our college did thevideo regarding importance wearingmask, social distance,

uses of sanitizer , washing of fruits and vegetables , drinking of hot water etc

and circulated the videos in the social medias.

NSS programme officers Mrs. AnupammaJogi and Mr. Melson Dsouza guided

volunteers. AlltheNSS volunteers actively participated in this campaign.

Instagramlink:https://www.instagram.com/tv/CPIdacgnvvs/?utm_medium=share_sheet

Youtubelink: https://youtu.be/yNfLAc43 o

MILAGRESCOLLEGEKALLIANPURUDUPI

NationalserviceScheme

Programme: Awarenessabout COVID 19 and black fungus

Organisedby:NSS,MilagrescollegeKallianpur

Venue: Volunteersneighbours

NSS units of Milagres College Kallianpur Udupi commencedspecial awareness programabout COVID 19 and black fungus by visiting neighbours house and explained them aboutsocial distance, importance of wearing mask, and changing of mask etc. volunteers were setgoodexamplebyfollowingCOVIDguidelines, wearingmaskkeepingsocial distance themselves, and informed the neighbours about same to fight against COVID 19 and blackfungus.

NSS programme officers MrsAnupamma Jogi and Mr. MelsonDSouzawere instructed and implemented this programme. All the NSS volunteers actively taken part in this campaign



NATIONAL SERVICE SCHEME AWARENESS ABOUT COVID 19 AND BLACK FUNGUS

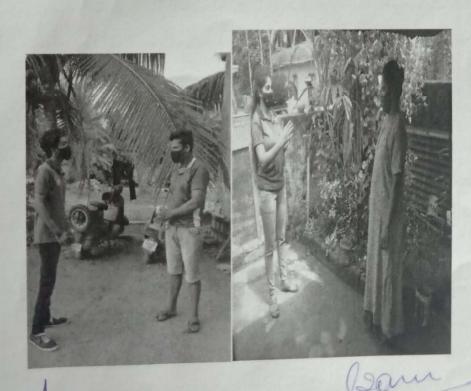
Programme: Awareness about COVID 19 and black fungus

Organised by: NSS, Milagres college Kallianpur

Date: 31/01/2021

Venue: Volunteers neighbours

NSS units of Milagres College Kallianpur Udupi commenced special awareness program about COVID 19 and black fungus by visiting neighbours house and explained them about social distance, importance of wearing mask, and changing of mask etc. volunteers were set good example by following COVID guidelines ,wearing mask keeping social distance themselves , and informed the neighbours about same to fight against COVID 19 and black fungus.NSS programme officers Mrs Anupamma Jogi and Mr.Melson DSouza were instructed and implemented this programme .All the NSS volunteers actively taken part in this campaign.



NSS Progrmme officer

IQAC co-ordinator

Milagres College Kallianpur-576 114

Uuupi Dt., Karnataka

	COLLEGE KALLIANPUR ERVICE SCHEME 2020-21	
PAR'	TICIPANTS LIST	
PATE: 21-01-2021	rness Programme	
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NATIONALSERVICESCHEME

ProgramName:BloodDonationCamp

Organizers: NSS Unit

Date:21.01.2020,Tuesday,9.30am

Venue: AVHall

Participants: NSSV olunteers

District health and Family commission of Udupi and NSS unit of the College, NCC, YouthRead Cross, Lions Club Bramavara, and Blood Bank Kundapurorganised Blood donationCamp on 21.01.2020 Tuesday in College Audio Visual Hall. Dr Sudheer Chandra Suda, UdupiDistrict Health and Family Commission Memberinaugurated the program and said that bydonating blood we gain good health and reduce risk of Cancer and hemochromatosis. It helpsin reducing the risk of damage to liver and pancreas. Principal of the college Dr Vincent Alvawas the president of the program. 102 units of Blood was donated by Students and Staff. NSSprogram Officer Mrs. Anupama Jogi and Mr. MelroyAvilD'Almeida were Present on thisoccasion.



Principal

Principal

Milagres College Kallianpur-576-114

Udupi Dt., Kamataka

NATIONAL SERVICE SCHEME Blood donation

Program Name:Blood donation

Organizers: NSS Unit

Date: 4/2/2021

Venue: library building

Participants: NSS Volunteers

On the occasion of National Youth day our college NSS unit along with KMC Manipalblood donation camp was held in college on 4/2/2021 inauguration ceremony was done at 9:30 am winners of short film were also given cash price. Then the blood donation was held in the library building .Fr. Valerian Mendonca was the president of the program .Principal Dr. Vincentalva along with the other guest were also present .Master of ceremony was done by Mr.Ravinandan Bhatt .Prayer team was led by NSS volunteers .NSS officers Mrs. AnupamaJogi and Mr. Melson Dsouza along with NSS leaders Pavan, Manjunath, Suvag, Varshini, Shreya were present . 121 donors donated the blood .The program was a great success.



NSS programme Officer

IQAC Coordinator

Principal

Magres College Kallianpur-576 114





NATIONALSERVICE SCHEME-OneDayCamp

ProgramName:OneDayCamp

Organizers:NSSUnit

Date: 07.02.2021, Sundayat 10am

Venue:LVPSCHOOL

Participants: NSS Volunteers

NSS Volunteers of the college have been organized one day camp on Sunday 7thFebruary. It was begun with the assembly and singing a NSS Song. The volunteerswere divided into five groups and instructed to clean the school campus.

The

workendedupbygivingrefreshments.Mrs.Anupama,andMelsonDsouzaNSSProgram Officers guided the volunteers in doing their work. Miss Lucy, Headminister, LVPschool, appreciated the work of NSS the leaders and volunteers.

Principal

Principal
Milagres College Kallianpur-576-474
Udopi Dt., Karnataka



Principal
Principal
Milagres College Kallianpur-576-414
Udupi Dt., Karnataka



ಬ್ರಹ್ಮಾವರ: ಕಲ್ಯಾಣಪುರ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜಿನ ಎನ್.ಎಸ್.ಎಸ್. ಘಟಕದ ಸ್ವಯಂಸೇವಕರಿಗೆ ಒಂದು ದಿನದ ಶಿಬಿರದ ಅಂಗವಾಗಿ ಪುತ್ತೂರು ಲಕ್ಷ್ಮ್ನೀ ವೆಂಕಟರಮಣ ಅ.ಹಿ.ಪ್ರಾ. ಶಾಲೆಯಲ್ಲಿ ಶ್ರಮದಾನ ಕಾರ್ಯಕ್ರಮವು ನಡೆಯಿತು. ಮುಖ್ಯೋಪಾಧ್ಯಾಯರಾದ ಲೂಸಿಯಾ, ಎನ್ಎಸ್ಎಸ್ ಘಟಕದ ಅಧಿಕಾರಿಗಳಾದ ಅನುಪಮಾ ಜೋಗಿ, ಮೆಲ್ಸನ್ ಡಿ'ಸೋಜಾ, ಶಾಲೆಯ ದೈ.ಶಿ. ಶಿಕ್ಷಕ ಉಮೇಶ್ ಉಪಸ್ಥಿತರಿದ್ದರು.



Principal

Principal
Milagres College Kallianpur-576-494
Udopi Dt., Karnataka

National Service Scheme: School Adopting Program

Program Name:School Adopting Program

Organizers: NSS Unit

Date: On 24-2-2021, Wednesday

Venue: L.V.P Higher primary school, Puttur and Govt Higher school Nejar,

Participants: NSS Volunteers

Milagres College Kallianpur adopted two schools. On 24-2-2021, Wednesday School adopting program was held in L.V.P Higher primary school, Puttur and Govt Higher school Nejar, at 10 am. Kits were also given to both the schools. Formal program was held starting with the prayer song sung by NSS volunteers. Mr Ravinandan Bhat was the master of ceremony of the program. All the NSS leaders with selected NSS voluntees were present. President of the days program was Fr. Valarian Mendonca. Principal Dr. Vincent Alva was also present. Mrs Anupama Jogi has welcomed the gathering. Mr. Shekar Gujarbettu President of alumina association. Smt. Jyothi Lewis and other guest were also present. Vote of thanks was given by Mr Melson D'souza. The program was a great success.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

PRINCIPAL

Incipal

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MILAGRES COLLEGE KALLIANPUR NATIONAL SERVICE SCHEME 2020-21 PARTICIPANTS LIST					
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Principal

Principal

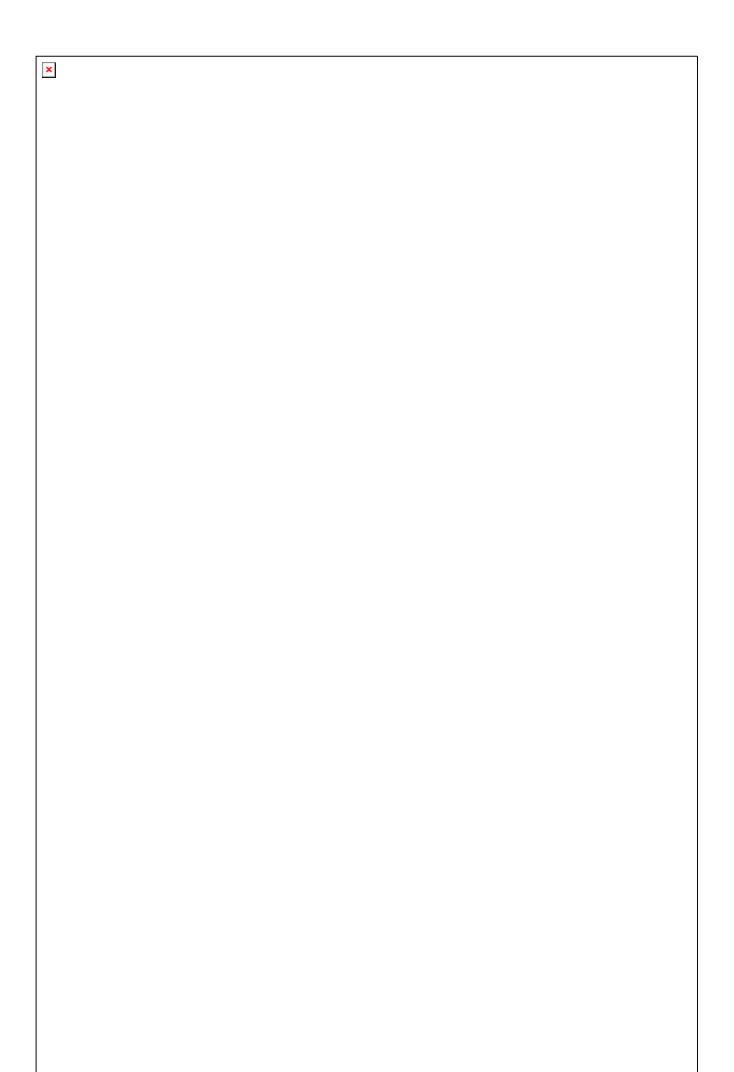
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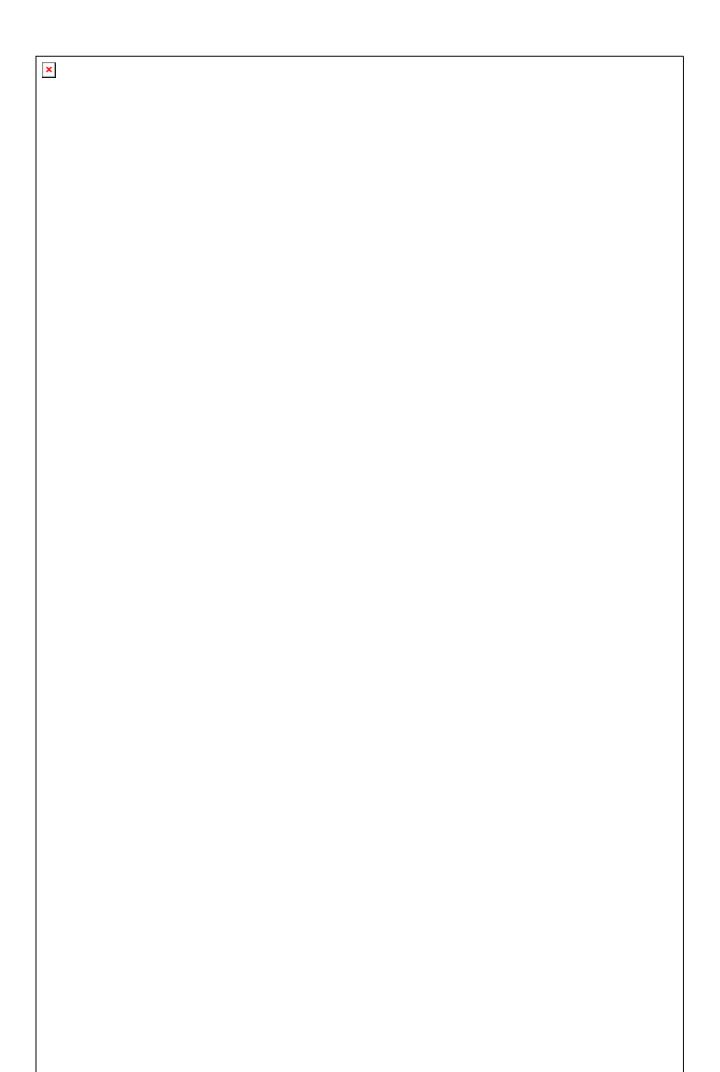
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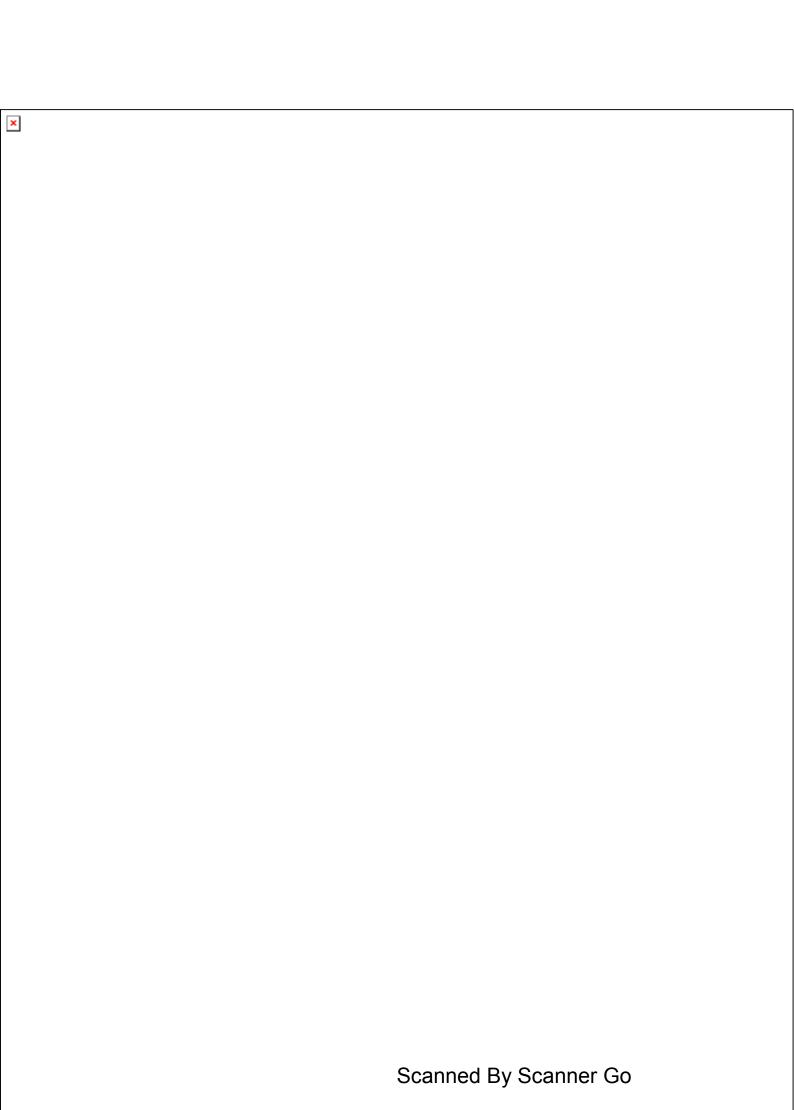
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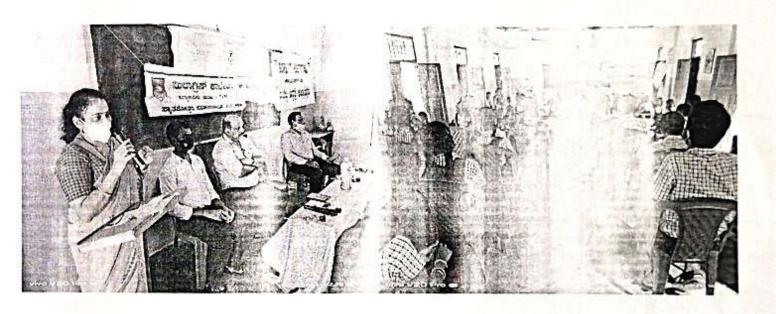
Principal
Principal
Milagres College Kallianpur-576***
Udopi Dt., Karnataka





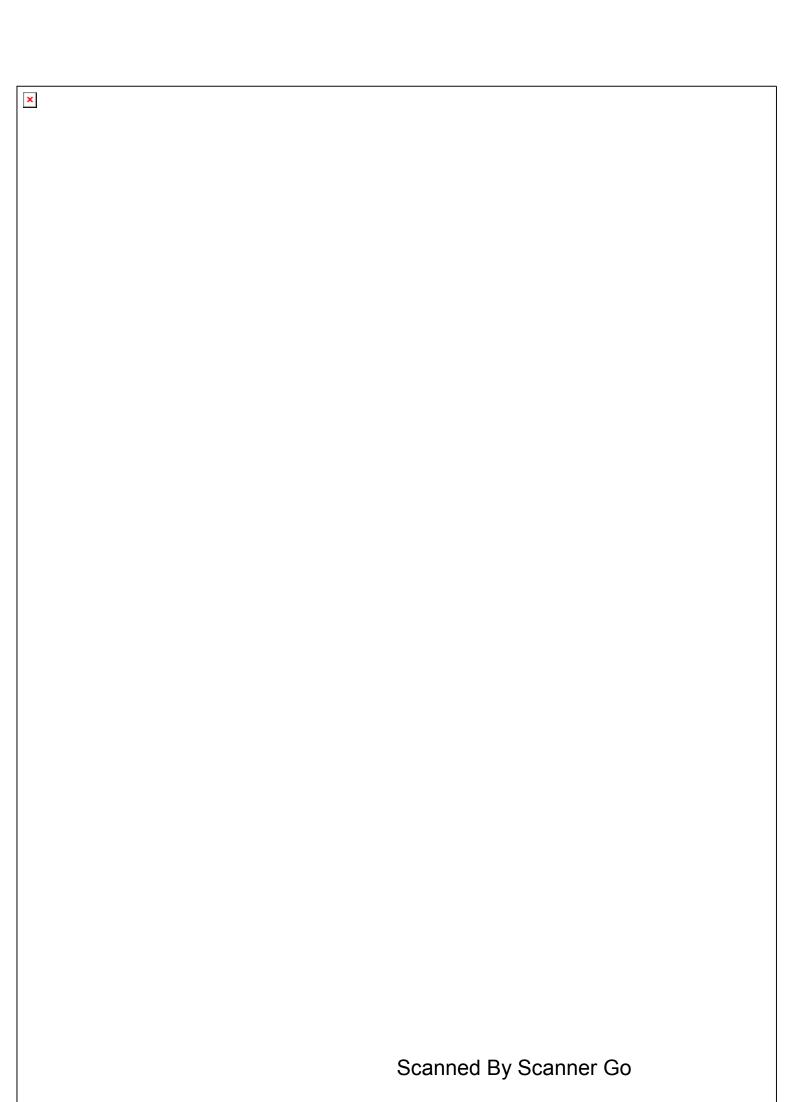


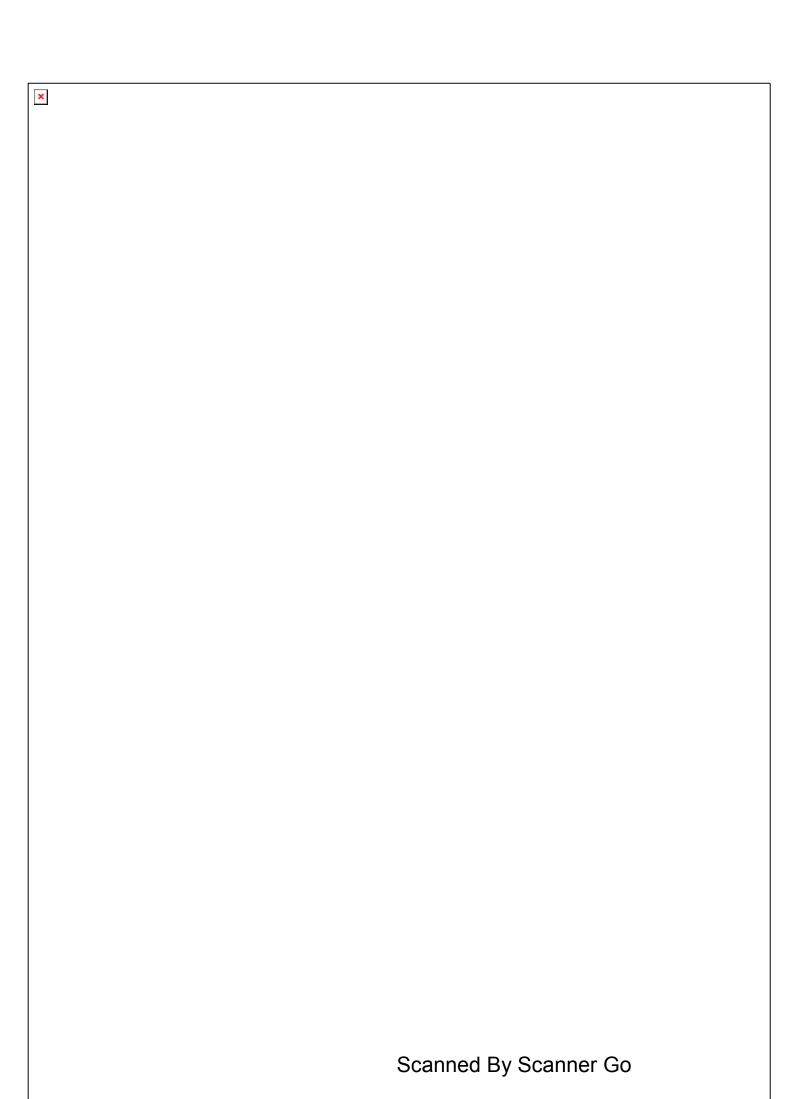
The resource speaker Dr. Rajalaxmi explained about the food habits in a superpendicular and it's effects. The students of Saint Joseph School actively participated in the program and they clarified all the doubts with the resources speaker.

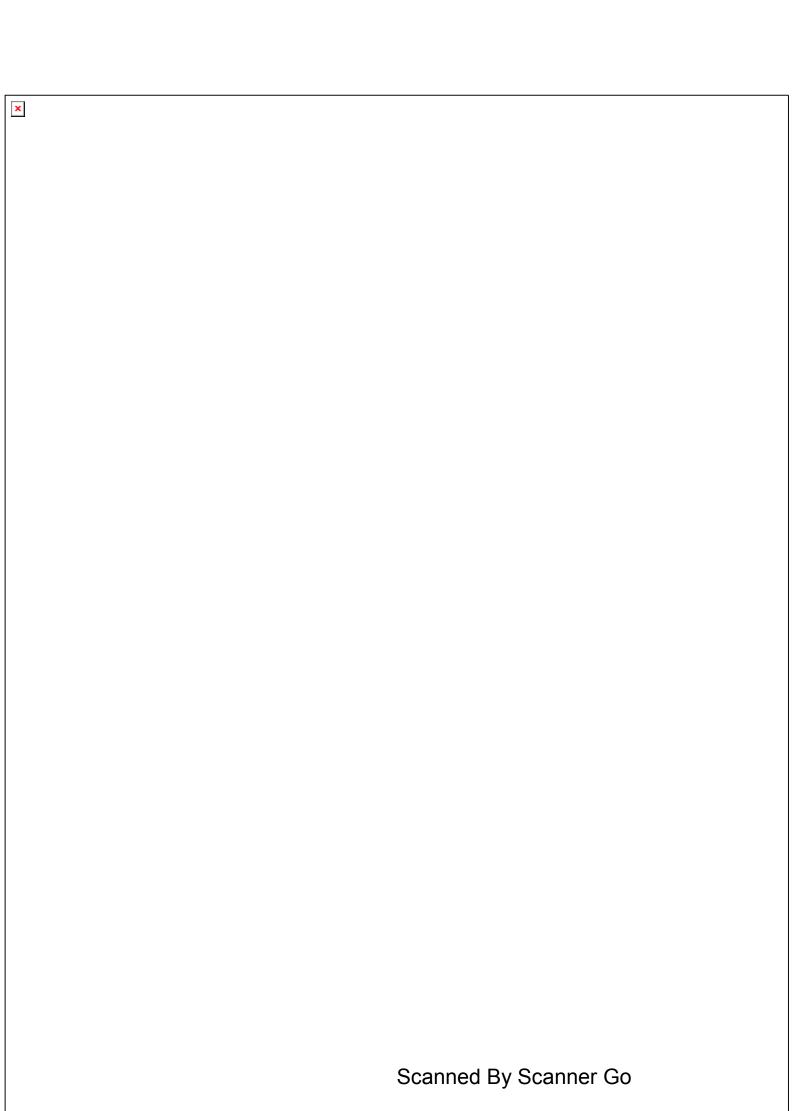




Programme Coordinator Principal Poparament Coordinator
Nikagres College Kallianpur-Deparament Coordinator
Unumi Dt., Karnataka







MILAGRESCOLLEGEKALLIANPUR

NATIONAL CADET CORPS

DetailsoftheProgramme

ProgramName:Covid-

19preventionawarenessCampaignOrganizers:

MinistryOfDefence&21BATTAION

Date: 28.02.2021

Venue: MilagresCollegeKallianpur

Participants: NCCCadets of the College.

OutcomeoftheProgramme:

*CreatingAwarenessaboutCovid-19Disease.

*HowtoPreventCovid-19 Disease.

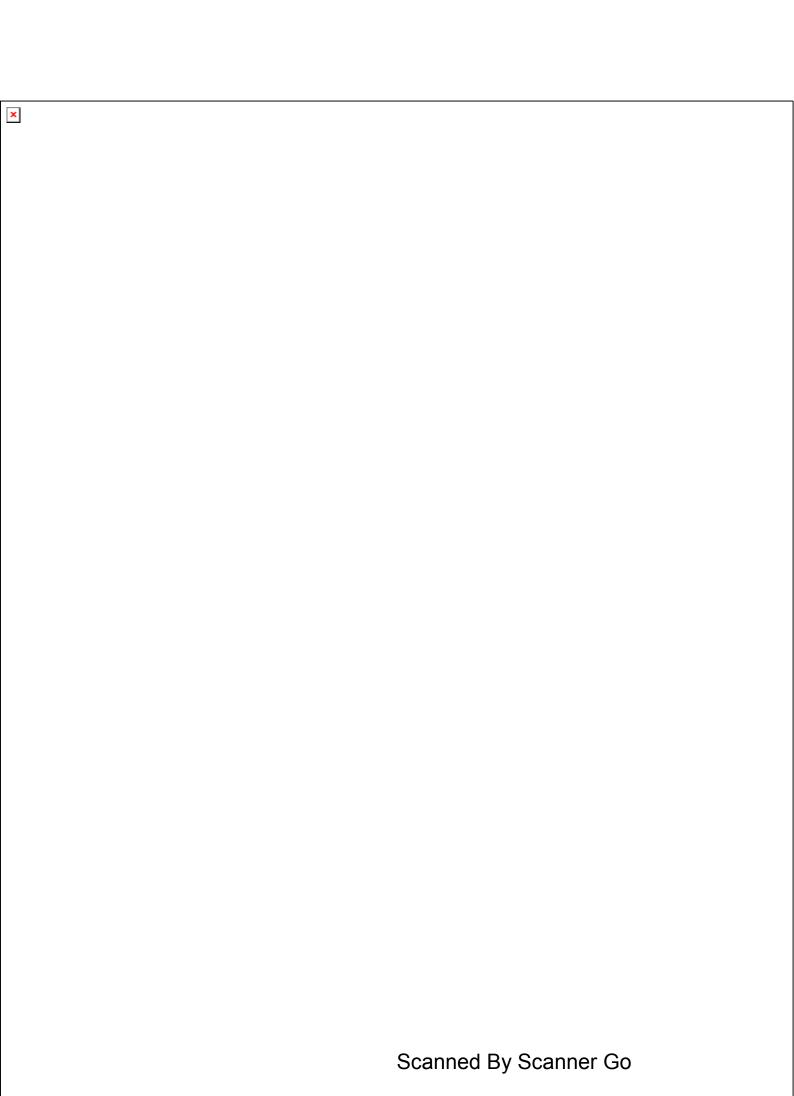
*RiskofCovid-19Disease.

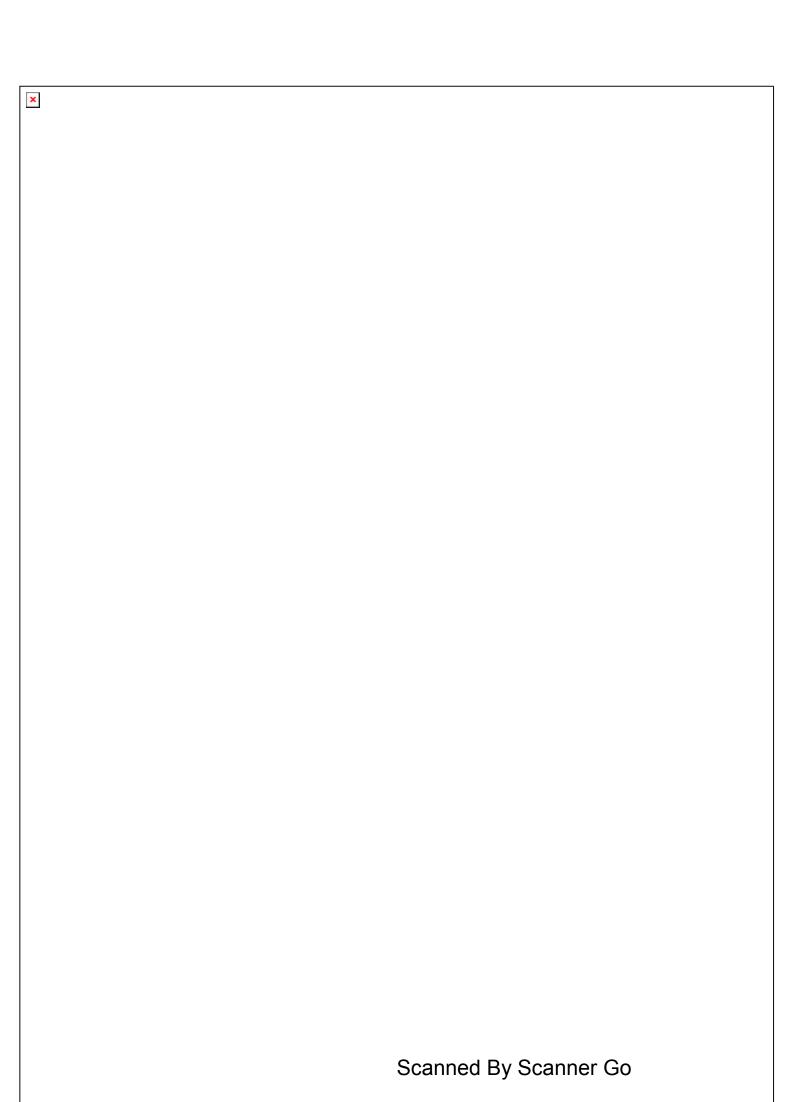
On 28-02-2021 21 Battalion had requested the cadets to carry out covid awareness campingthrough their social media account. Cadets took part actively posted videos images and audiorecording about how to wear mask importance of social distancing using sanitizer and howdangerous the Covid 19 disease is.

30cadetsvoluntaryhadregistered(https://forms.gle/wZ4BAxCpf8DZ5gSU6)themandunderwent training course through Diksha for helping people during lockdown. Activities likeFood Transporting, Call centre work, contact tracing, cooking food, Data management AndICEDevelopmentetc.

Principal

Principal
Milagres College Kallianpur-576***
Udupi Dt., Kamataka





NATIONAL SERVICE SCHEME - One Day Camp

Program Name: One Day Camp

Organizers: NSS Unit

Date: Tuesday 16th March 2021

Venue: Government Higher Primary School Nejar

Participants: NSS Volunteers

NSS Volunteers of the college have been organized one day camp on Tuesday 16thMarch. It was begun with the assembly and singing a NSS Song. The volunteers were divided into five groups and instructed to clean the school campus. The work ended up by giving refreshments. Mr. Melson Dsouza NSS Program Officers guided the volunteers in doing their work. MrsPrema ,Head minister ,Govt Higher primary schoolNejar , appreciated the work of NSS the leaders and volunteers.



NSS PROGRAMME OFFICER

IQAC COORDINATOR

PRINCIPAL Principal Principal Willagres College Kallianput-576 114 Udupi Dt., Karnataka

	MILAGRES COLLEG	E KALLIANPUR	
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Nulagres Cohege Kallianpur-576

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NATIONALSERVICESCHEME-OneDayCamp

ProgramName:OneDayCamp

Organizers: NSSUnit

Date:Tuesday16thMarch2021

Venue: Government Higher Primary School Nejar

Participants: NSSVolunteers

NSS Volunteers of the college have been organized one day camp on Tuesday 16th March. Itwas begun with the assembly and singing a NSS Song. The volunteers were divided into fivegroups and instructed to clean the school campus. The work ended up by giving refreshments.Mr. Melson Dsouza NSS Program Officers guided the volunteers in doing their work. MrsPrema ,Head minister ,Govt Higher primary school Nejar , appreciated the work of NSS theleaders and volunteers.







Principal

Principal

Principal
Milagres College Kallianpur-576***
Udupi Dt., Kamataka

NATIONALSERVICESCHEME-CLEANVILLAGE-GREENVILLAGEPROGRAM

ProgrammeName:CLEANVILLAGE-GREENVILLAGEPROGRAM

Date:17-03-2021

Venue: AVHall

ChiefGuest: Shri. Dinakara Babu, President Jilla Panchayat Udupi, Fr. Valerian Mendonca

Dr.

DevidasNaik, Principal MGM.

Participants: NSS volunteers

On 17th March 2021 Milagres College NSS unit alongwith Nehru YuvaKendra ,Udupijointly village -Green organised cleaning village programme. Shri.DinakaraBabu President Jilla Panchayat Udupi, inaugurated the programme. V. rev. Fr Valerian Mendonca, Corspo ndent of the college gave a presidential remarks. Shreya Nss leader was the master ofceremony, Manjunath had welcomed the gathering and Suvag had given the vote of thanks. For this programme our Principal Dr. Vincent Alva, Nehru Yuva Kendra Youth officerWilfred Dsouza ,Nss officer Mr.MelsonD'souza were present. The programme had

threedifferentsession.

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dofforestresources.

The 2nd session was taken by Dr.DevidasNayaak, Principal, MGM college, Udupi spokeabout the failures in life. All the things should be taken as positive and should not

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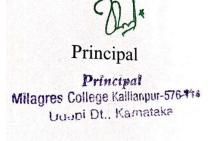
Theprogramwasagreatsuccess.



Principal

Principal
Milagres College Kallianpur-576414
Udopi Dt., Karnataka





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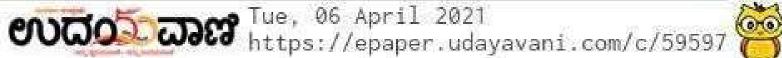


ಬ್ರಹ್ತಾವರ, ಎ. 5: ಕಲ್ಯಾಣಪುರ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದರು. ಮಿಲಾಗಿಸ್ ಕಾಲೇಜಿನ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾ ಘಟಕ, ಉಡುಪಿ ನೆಹರು ಯುವ ಕೇಂದ್ರ ನೇಜಾರು ಗುರು ಯುವಕ ಮಂಡಲ ಹಾಗೂ ಚೇರ್ಕಾಡಿ ಸಮ್ಪದ್ದಿ ಮಹಿಳಾ ಮಂಡಳಿಯ ಸಂಯುಕ ಆಶ್ರಯದಲ್ಲಿ ಸಚ್ಛ ಊರು-ಹಸಿರು ಊರು ತರಬೇತಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜಿನ ಸಭಾಂಗಣದಲ್ಲಿ ಆಯೋಜಿಸಲಾಯಿತು.

ಜಿ.ಪಂ.ನ ಅಧ್ಯಕ್ಷ ದಿನಕರ ಬಾಬು ಉದಾಟಿಸಿದರು. ಕಲ್ಪಾಣಪುರ ಮಿಲಾಗ್ರಿಸ್ ವಿದ್ಯಾ ಸಂಸ್ಥೆಗಳ ಸಂಚಾಲಕ ವಂ। ವೆಲೆರಿಯನ್ ಮೆಂಡೋನ್ಸ್ ಅವರು

ಪ್ರಾಂಶುಪಾಲ ಡಾ। ವಿನೆಂಟ್ ಆಳ್ಯ ಆರಣ್ಣ ಅಧಿಕಾರಿ ಕೇಶವ ಪೂಜಾರಿ ಎಂ., ರಾಷ್ಟ್ರೀಯ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತ ಚೇರ್ಕಾಡಿ ಸಮೃದ್ಧಿ ಮಹಿಳಾ ಮಂಡಳಿಯ ಅಧ್ಯಕ್ಷ ಪ್ರಸನ್ನ ಪಿ. ಭಟ್, ಎಂ.ಜಿ.ಎಂ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲ ಡಾ। ದೇವಿದಾಸ್ ನಾಯ್, ಯೋಜನಾಧಿಕಾರಿಗಳಾದ ಅನುಪಮಾ ಜೋಗಿ, ಮೆಲನ್ ಡಿ'ಸೋಜಾ ಉಪಸಿತರಿದರು.

ಮಂಜುನಾಥ್ ಸಾಗತಿಸಿ, ನೆಹರು ಯುವ ಕೇಂದ್ರದ ವಿಲ್ಲೆಡ್ ಡಿ'ಸೋಜಾ ಪ್ರಸ್ತಾವಿಸಿದರು. ಶ್ರೇಯಾ ಕಾರ್ಯಮ ನಿರೂಪಿಸಿ, ಸುವಾಗ್ ವಂದಿಸಿದರು.





NATIONAL SERVICE SCHEME -Mask Awareness Program

Program Name: Mask Awareness Program

Organizers: NSS Unit

Date: 21.01.2021, Thursday

Venue: Santhekatte, Kallianpur Post office & Milagres Church gate

Participants: NSS Volunteers

Mask awareness program was held on 21-1-2020 Thursday at 8:45 am to 9:15 am .Three groups were made to create mask awareness. Three groups were allocated different places that is Santhekatte, Kallianpur Post office & Milagreschurch gate .Banners were held saying 'WEAR MASK PLEASE' . Program was a great success . Its our responsibility to wear mask and fight against corona .NSS leaders Pavan, Manjunath, Suvag, Varshini, Shreya along with NSS volunteers had taken part in the program. NSS officers Mrs AnupamaJogi and Mr Melson D souza were present.



NSS Programme Officer

IQAC Coordinator

PRINCIPA

Principal Milagres College Kahlanpur-576 114 Udupi Dt., Karnataka

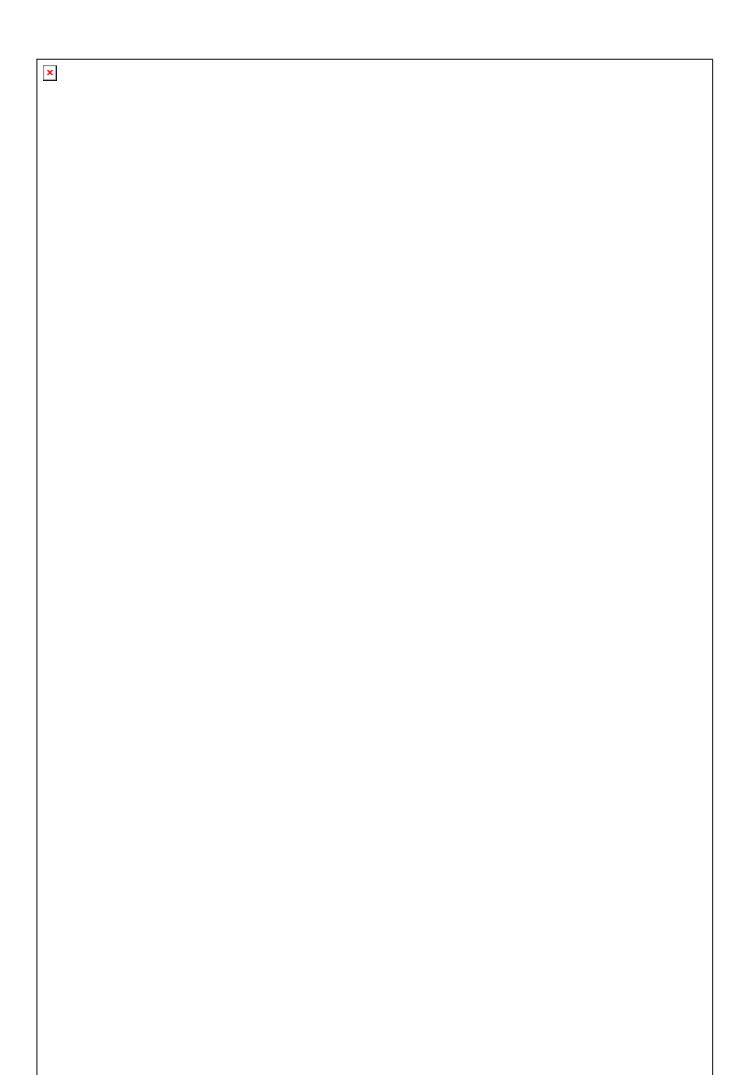
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Principal College Kallis

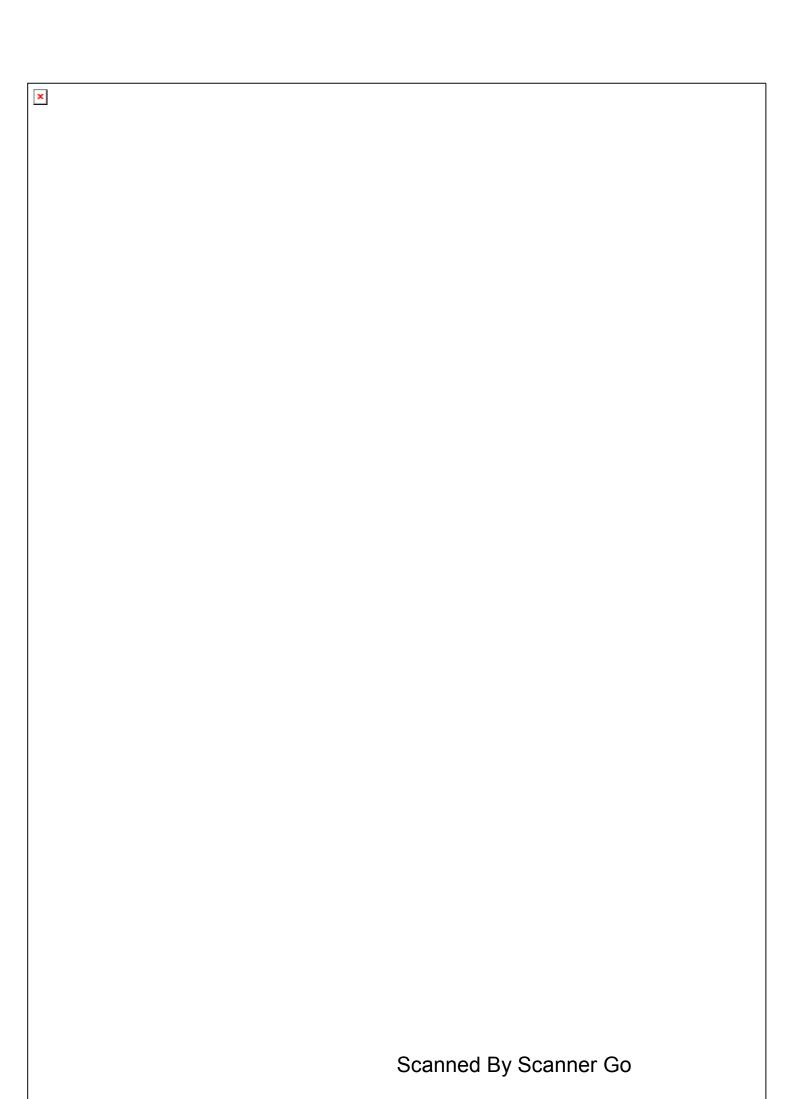
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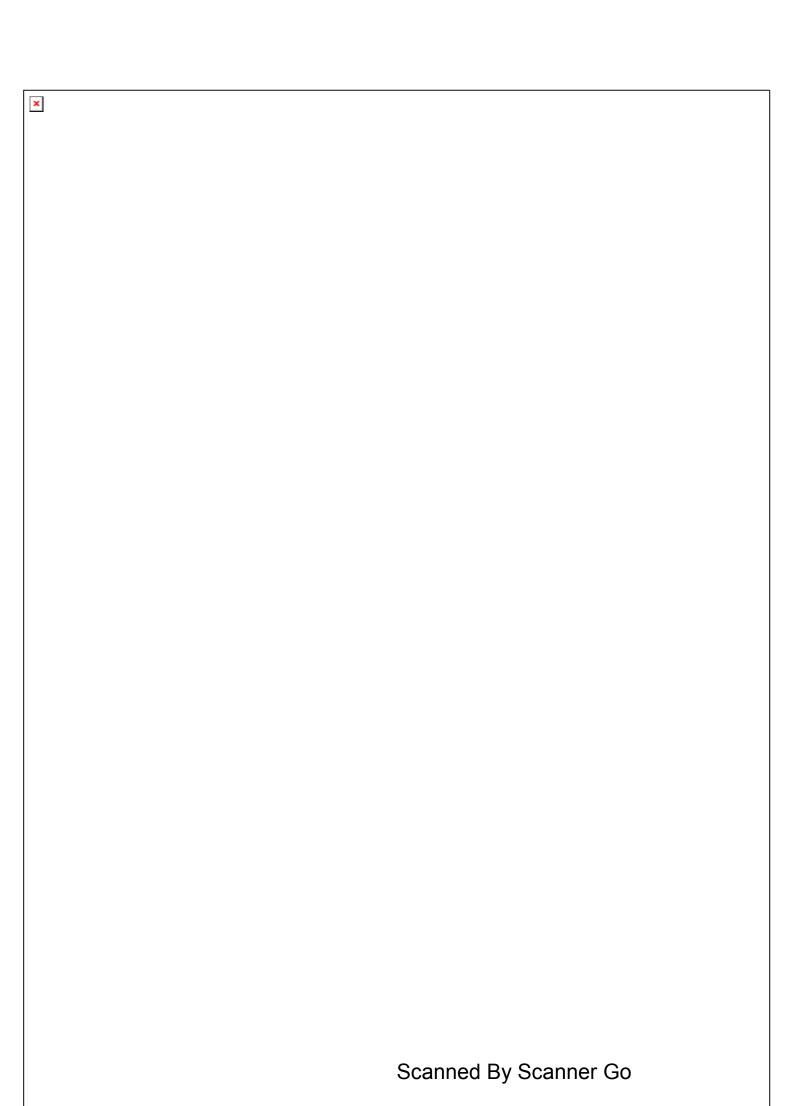


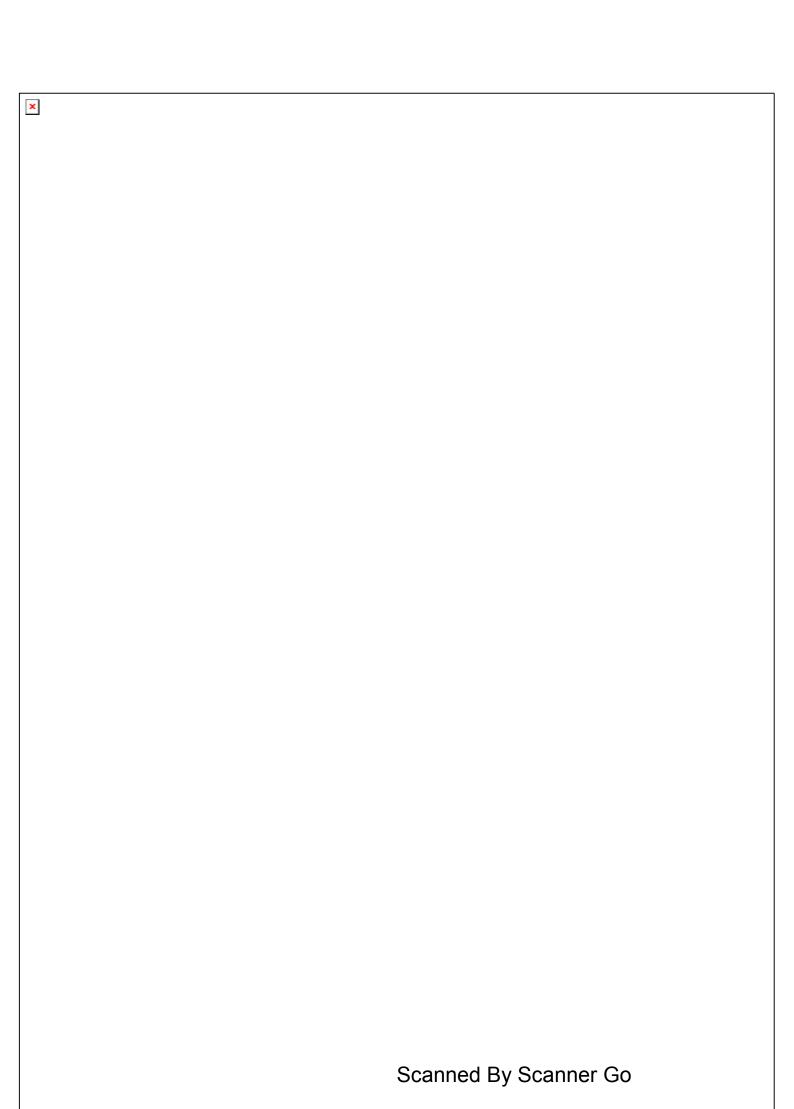
Principal
Principal
Milagres College Kallianpur-576***
Uuupi Dt., Karnataka

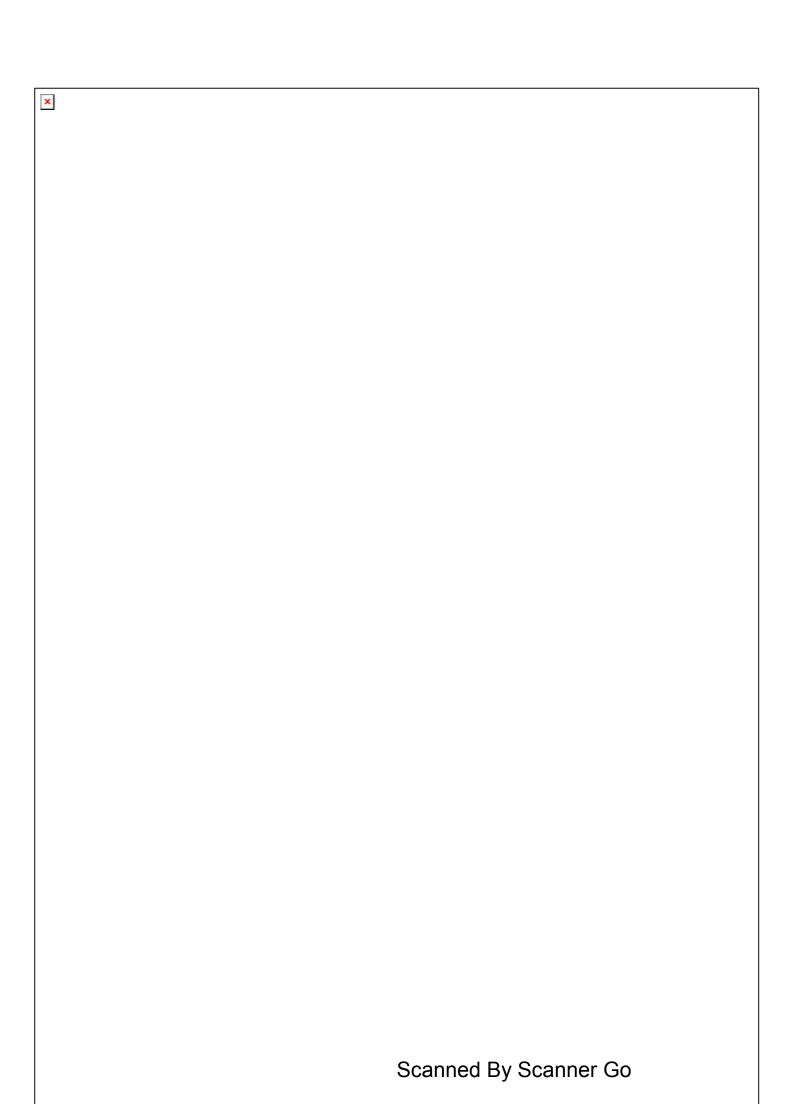


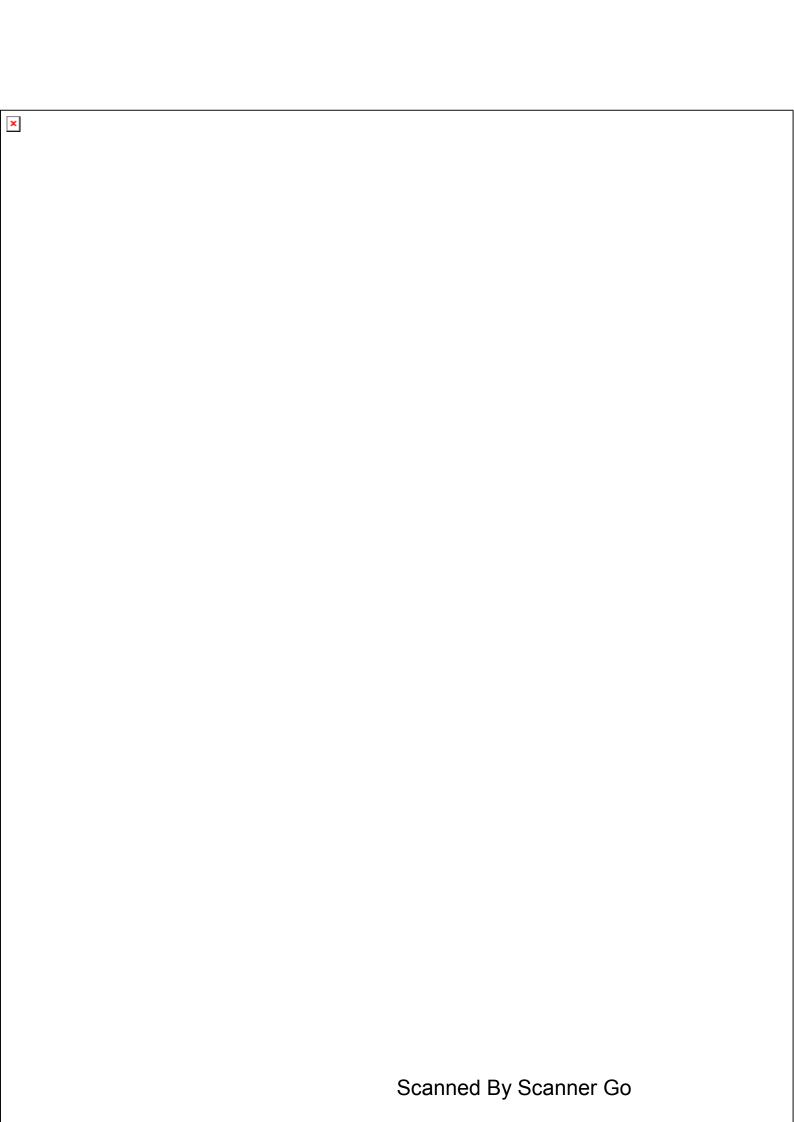












to prevent our self from the attack of Covid- 19. She gave informative speech about the importance of health in one's life.

Mr. Vignesh Thekkar, Co-ordinator, Milagres College. Mr. Sanjeeva Poojary, Okkuta President. Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector & Mrs. Vijaya Pai, Sevaprathinidhi, Kemmanu were the guests of the programme.

Ms. Shreya K. was the Master of Ceremony, Ms. Nishmitha welcomed the gathering & Mr. Prajwal Martis concluded the event by Thanking the guest, 55 SHG members are benefited by this programme.





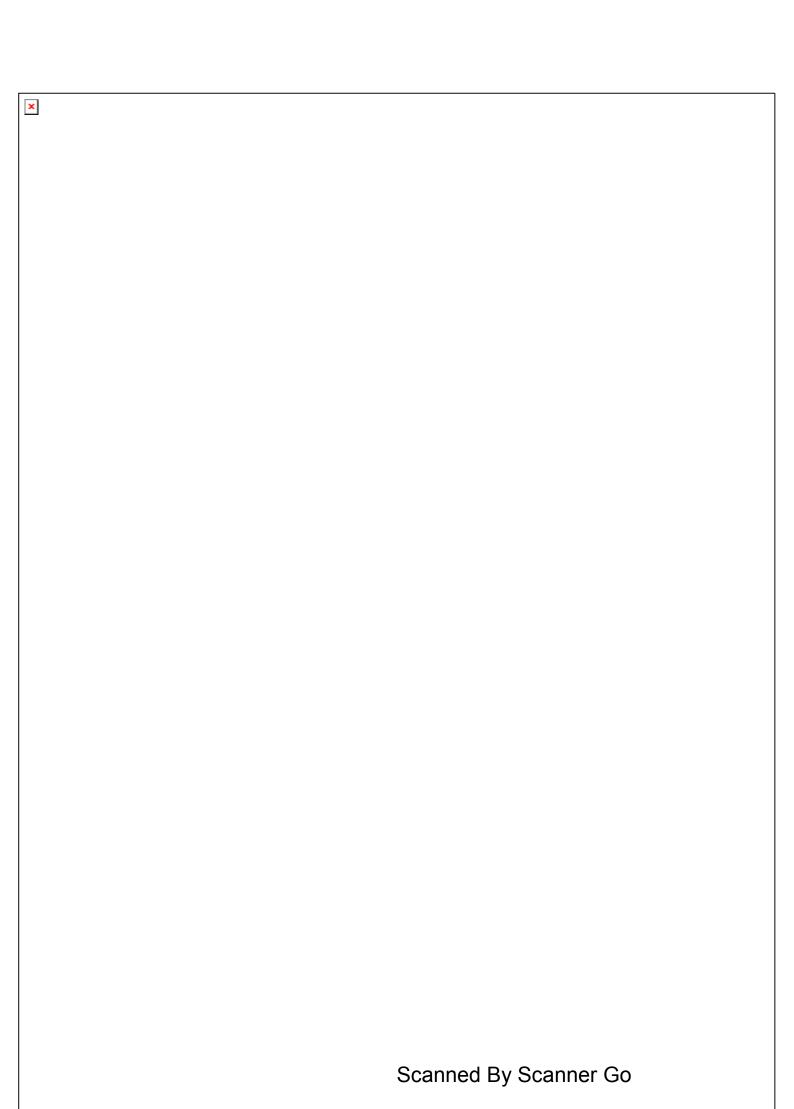
Programme Coordinator

MHagres College Kallianpur-576 114

Unupi Dt., Karnataka

Department Coordinator

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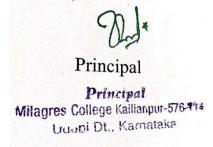


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Covid 19 Mask Bank: Rovers and Rangers of our college have joined hands with TheBharat Scouts and Guides local Association Kalyanpur and District Associations Udupi inpreparing Mask Bank. The mask prepared by the Rovers and Rangers of our college havebeen handed over to The Bharat Scouts and Guides local Association Kalyanpur and District Associations Udupi and also to various schools, Publics, auto rickshaw drivers etc. Maskswere also handed over to the district administration which they distributed to the students of whowere appearing for SSLC examination.







NATIONALSERVICESCHEME- WORLDENVIRONMENT

ProgramName: Worldenvironment

Organizers:NSS

Date:5-06-2021

Participants: NSSvolunteers

Milagres College Kallianpur National Services Scheme unit organized World environmentday on 5th June 2021. NSS Programme Officers MrsAnupamma Jogi and Mr. Melson DSouza instructed the volunteers to plant saplings. Volunteers planted saplings and circulated photos of same in the social media to create awareness about the environment. It is theresponsibility of everyone to protect our environment and also fight against corona virus. Togivepositivemessages to the society NSS leaders and NSS volunteers visited covider covered persons homeand planted saplings along with them.



Principal
Principal
Milagres College Kallianpur-576***
Udupi Dt., Karnataka

MILAGRESCOLLEGE KALLIANPUR

NATIONAL CADET CORPS

DetailsoftheProgramme

Program Nam	e: Interna	tional Yoga
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DayOrganizers:

21BATTAION, NSS, NCCD

ate: 21-06-2021

Venue: MilagresCollegeKallianpur.

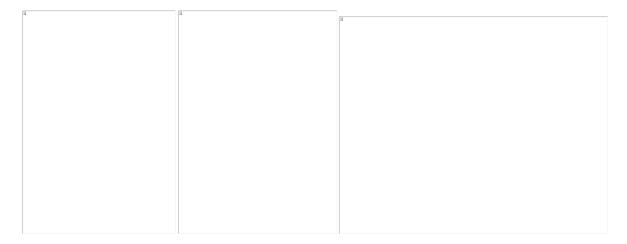
Participants: NCCCadets of the College.

OutcomeoftheProgramme:

- *MentalStability.
- *ImprovingconcentrationPower.
- *HeathBenefits.
- *Techniquesofimprovingoxygenlevelinbody.

Yoga Day was celebrated in our College on 21th June 2021. 40 SD and 30 SW cadets were trained and IssuedCertificates. These cadets had participated in International Yoga Day Program on June 21, 2021 cadets were trainedbySeniorunderofficerEXNCCcadetOliverD'Souza.YogasessionwasheldthroughonlineplatformGooglemeet .yogacommencedfrom7:00Amtill8:00Am.

Yogafromhomecontestwasheldthroughonlineplatformanditwasmadeopentoall agegroup.applicantsofthecontest were asked to upload videos and photos through Google form link provided to them.150 applicantsparticipated in the contest.



Principal

Principal

Milagres College Kallianpur-576-714

Udopi Dt., Kamataka

NATIONALSERVICESCHEME-INTERNATIONALYOGADAY

Date: 21.06.2018, Thursday at 8 amto 9 am

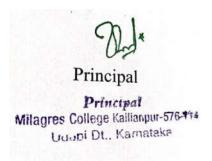
ChiefGuest:Mrs.LeelaSAmin,PatanjaliYogaSamithiUdupi,8970094390

Venue: A.V. Hall

Participants:NSS VolunteersandNCCCadets

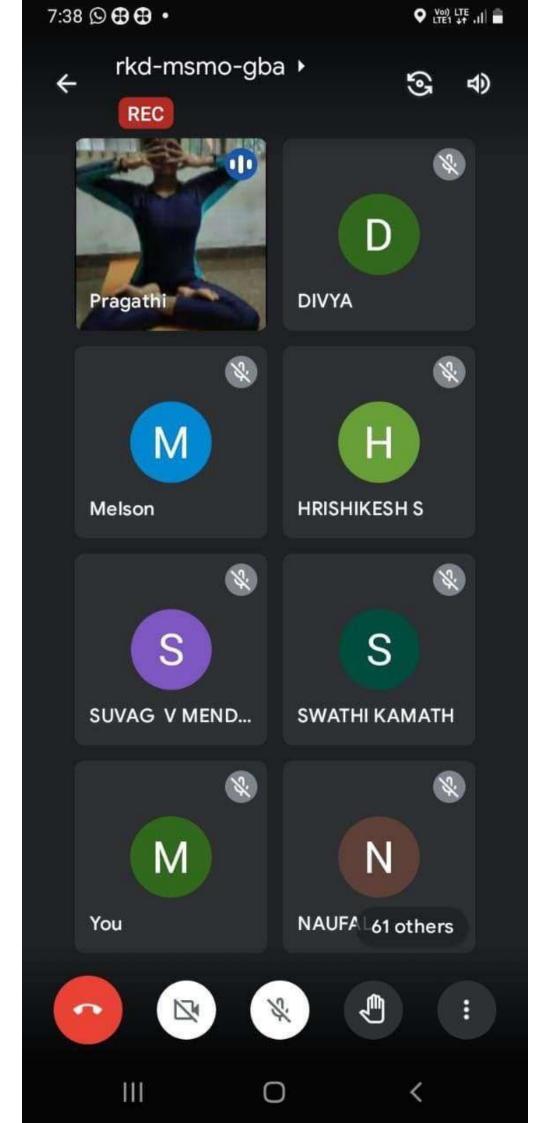
The NSS units of the college organized International Yoga Dayon 21st June 2018 in the college.Mrs. Leela S Amin, President Patanjali Yoga Samithi Women'sUnit Udupi, Mrs. Jyothi, Mrs. Lakshmi Suvarna and Mrs. Sumedha the members of the Patanjali Yoga Samithi Women's Unit Udupi were the guest of honors of theday. Mrs Jyothi performed and instructed the volunteers on various Asana's of Yogawithits importance. Dr. Vincent Alva, Principal Milagrescollegewere presided Mr. program. Ravinandan S T and Mrs. over the Anupama, NSS ProgramOfficerswerepresentontheoccasion.AlltheNSSVolunteers werepresent.









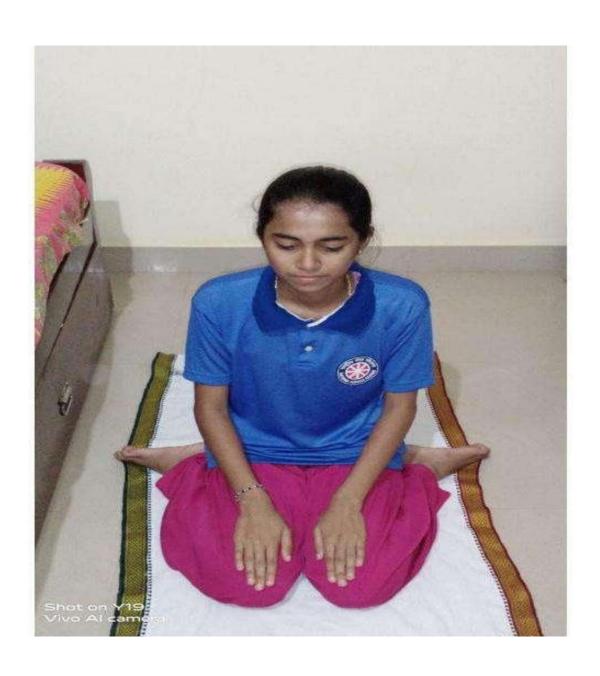


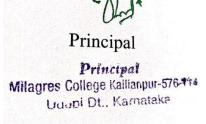


About this call

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NATIONAL SERVICE SCHEME - VANAMAHOTSAVA

Program name: Vanamahotsava

Organizers: NSS Unit

Date: 8.07.2021, Thursday at 2 pm

Venue: L. V. P school

Participants: NSS Volunteers

N.S.S unit of the Milagres College, organized Van-Mahotsavaon ,08-7-2021 at LVP School.NSS leader Ms. Shreya welcomed the Gathering, The Chief Guest of the day was Smt. Shamala provided the importance of planting a plant and nurturing it, she also said hovering the awareness of trees among people and highlighted the need for planting and tending of trees as one of the best ways to prevent global warming and reduce pollution. Our principal Dr Vincent Alva inauguration the programme by planting the saplings

Mrs. Anupama Jogi and Mr.Melson Dsouza, NSS Program officer and NSS Leaders and NSS volunteers were present.



NSS PROGRAM OFFICER

IQAC COORDINATOR

PRINCIPAL
Principal
Amagres College Kallianpur-576
United Amagraka

	MILAGRES COLL NATIONAL SERVI	EGE KALLIANPUR			
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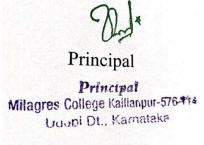
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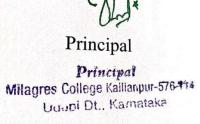
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NATIONAL SERVICE SCHEME :Programme on stimulation of human values

Organiser: NSS

Programme: Stimulation of human values

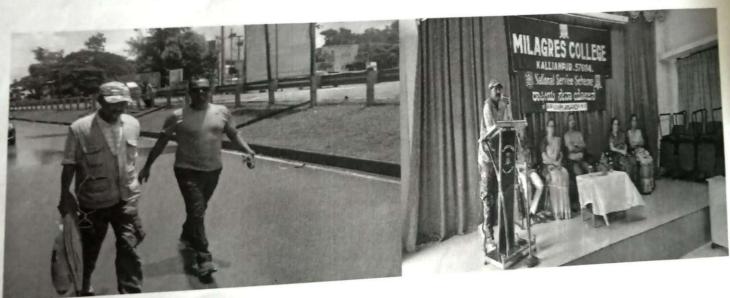
Date: 29/07/2021

Venue: A .V Hall

Chief guest: Mr Vivekananda H K

With an intension to inculcate the human values in students, NSS unit of Milagres College Kallianpur had organised an interactive session on human values on 29-7-2021. Mr. Vivekananda H K an activist, who is on walk round the state to strengthen human values was the chief guest of the programme. Principal Dr. Vincent Alva went to Brahmavar to recieve him and walked along with him to the college. The chief guest addressed the gathering on the need of keeping humanity alive. He advised the students on inculcating the human values in their life and to develop healthy lifestyle.

PUC principal Mrs SavithaHebber, staff secretary Mrs Surekhabhat and NSS programme officer Mrs AnupamaJogi were present on the dias. Dr.Jayaramshettigar, IQAC coordinator hosted the session. All the staff and students actively participated in the programme.



NSS PROGRAMME OFFICERS

IQAC coordinator

Principal Principal Principal Principal Principal Principal Principal Principal Principal Milagres College Kalllanpur-576 114

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5	Varshini	II BSc	(F).
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ಯುವಜನತೆ ಹತ್ತು ಕಿ.ಮೀ ದೂರ ನಡೆಯಲು ಶಕ್ತಿ ಇಲ್ಲದಷ್ಟು ದುರ್ಬಲರಾಗಿದ್ದಾರೆ- ವಿವೇಕಾನಂದ ಎಚ್

ಬ್ರಹ್ಮಾವರ: ದೇಶದ ಇಂದಿನ ಯುವಜನತೆ ಹತ್ತು ಕಿ.ಮೀ ದೂರ ನಡೆಯಲು ಶಕ್ತಿ ಇಲ್ಲದಷ್ಟು ದುರ್ಬಲರಾಗಿದ್ದಾರೆ ಎಂದು ಜ್ಜಾನಭಿಕ್ಷಾ ಪಾದಯಾತ್ರಿ ವಿವೇಕಾನಂದ ಎಚ್. ಹೇಳಿದರು. ಗುರುವಾರ ಕಲ್ಯಾಣಪುರ ಮಿಲಾಗೀಸ್ ಕಾಲೇಜಿನ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ತಿಕ್ಕಕರು ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳೊಂದಿಗೆ ಸಂವಾದದಲ್ಲಿ ಆವರು ಮಾತನಾಡಿದರು. ಅನಾರೋಗ್ರಕಾರಿ ದೃತ್ತ ಮಾಧ್ಯಮಗಳು, ಟಿವಿ ಧಾರಾವಾಹಿಯಲ್ಲಿ ಮಹಿಳೆಯರಿಗೆ ಕ್ರೂರತೆಯನ್ನು ಬಿಂಬಿಸಿ ಚಿತ್ರಿಸಿ ಮಾಡುವ ಕಥೆಗಳು, ಕ್ರಿಕೆಟ್ ಆಟಗಾರರು, ಸಿನಿಮಾ ನಟರು ರಮ್ಮಿ ಆಡಿ , ಪಾನ್ ಪರಾಗ್ ತಿನ್ನಿ, ಪೆಪಿ ಕುಡಿಯರಿ ಎಂದು ಯುವಜನತೆಯನ್ನು ಹಾದಿ ತಪ್ಪಿಸುವ ಜಾಹೀರಾತುಗಳು ಸಮಾಜಕ್ಕೆ ಕೆಟ್ಟ ಸಂದೇಶ ವೀಡುತ್ತಿದೆ.

ಸರಕಾರ, ಅಧಿಕಾರಿಗಳು ಅಥವಾ ಜನನಾಯಕರು ಅಂತಹುದನ್ನು ಕಡಿವಾಣ ಹಾಕವಿರುವುದರಿಂದ ದೇಶದಲ್ಲಿ ಮುಂದಿನ ಯುವಜನತೆ ಶಕ್ತಿಯನ್ನು ಕಳೆದುಕೊಂಡು



ದೇಹ ಮತ್ತು ಮನಸ್ಸನ್ನು ಹಾಳು ಮಾಡಿಕೊಳ್ಳುವಂತಾಗಿದೆ. ವೈದ್ಯತೀಯ, ಶಿಕ್ಷಣ, ವಾತಾವರಣ, ನೀರು ಕಲುಪಿತಗೊಂಡು ಮುಂದಿನ ದಿನದಲ್ಲಿ ಈಗ ಮಾಸ್ಕ್ ಹಾಕಿಕೊಂಡಂತೆ ಗಾಳಿ ನೀರನ್ನು ಬೆನ್ನಿಗೆ ಕಟ್ಟಿಕೊಂಡು ಸಂಚಾರ ಮಾಡಬೇಕಾಗುತ್ತದೆ a otticle

ಕಾಲೇಜಿನ ಪ್ರಿಸ್ಟಿಪಾಲ್ ಡಾ. ವಿಸ್ಟೆಂಟ್ ಆಕ್ಟ್ ಡಾ. ಜಯರಾಮ ಶೆಟ್ಟಿಗಾರ್, ಡಾ. ಸುರೇಖ ಪದವಿ ಪೂರ್ವಕಾಲೇಜಿನ ಪ್ರಿಸ್ಟಿಪಾಲ್ ಸವಿತಾ, ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾಧಿಕಾರಿ ಅನುಪಮ ಜೋಗಿ ಉಪಸ್ಥಿತರಿದ್ದರು.