



MILAGRES COLLEGE KALLIANPUR -576114

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3.4-Extension Activities

3.4.4-Average percentage of students participating in extension activities.

3.4.4.1-Total number of Students participating in extension activities conducted in collaboration with industry, community and Non-Government Organizations such as Swachh Bharat, AIDs awareness, Gender issue etc. year wise during last five years.

List of supporting enclosures:

Sl.No.	Particulars(2019-20)
1.	Reports of the programmes with photos, student attendance, press reports (newspaper cuttings), invitations of each outreach programe organized by NSS, NCC, Red Cross, Rowers and Rangers etc.

NATIONAL SERVICE SCHEME –SHRAMADHANA

Program Name: One Day Camp

Organizers: NSS Unit

Date: 07.09.2019, Saturday at 01:00 Pm


Venue: Children's Park, Santhekatte

Chief Guest: Dr. Vincent Alva, Principal Milagres College Kallianpur.

Participants: NSS Volunteers

NSS unit of Milagres College, Kallianpur organized One Day cleaning Camp at Santhekatte, Children's Public Park on 07/09/2019, Saturday at 01:00 pm. Dr. Vincent Alva, Principal Milagres College Kallianpur Inaugurated the Program and asked the volunteers to take the initiative in cleaning the Park once in Everymonth, So that the Children's In and Around can spend their time in fresh air. Mrs. Manjula Councilor of Municipality Co-operation was also present for this program and wished all the success for the Voluntary work the NSS unit is undertaking. NSS program officers Mrs. Anupama Jogi and Mr. Melroy Avil D'Almeida were also present on this occasion. All the volunteers were served with snacks at the end. More than 30 Volunteers actively participated in this program.




Principal
Principal
Milagres College Kallianpur-576414
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME
CLEAN WATER AND SANITATION RALLY FOR MASS IMPACT

Program Name: Clean Water and Sanitation Rally

Organizers: NSS Unit and JCI Kallianpur

Date: 14.09.2019, Saturday at 12:30 Pm

Venue: College to Santhekatte

Chief Guest: Dr. Vincent Alva, Principal Milagres College Kallianpur.

Participants: NSS Volunteers

NSS Unit in association with JCI Kallianpur organized Clean Water and Sanitation Rally for mass Impact on 14/09/2019, Saturday at 12:30Pm from College Campus to Santhekatte. Principal Dr. Vincent Alva Inaugurated the programe by asking the youths to preserve the water for the future years. JCI President Mrs, Asha Alen guided the program. At the end of the rally Mr. Joseph Rebello, State level trainer on water preservation gave the details of how the water could be saved and what are the easy ways for this. On this occasion NSS Program officers Mrs. Anupama Jogi And Mr. Melroy Avil D'Almeida were Present. More than 200 Volunteers were present.



NSS Program Co-Ordinator


Principal
Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka



ಬ್ರಹ್ಮಾವರ: ಕಲ್ಯಾಣಪುರ ಮಿಲಗ್ರಿಸ್ ಕಾಲೇಜಿನ ಎನ್‌ಸೆಸ್ ಘಟಕ ಮತ್ತು ಕಲ್ಯಾಣಪುರ ಜೇಸಿಐ ವತಿಯಿಂದ ಕಾಲೇಜಿನ ಆವರಣದಿಂದ ಸಂತೆಕಟ್ಟೆಯ ವರೆಗೆ ಜಲ ಸಂರಕ್ಷಣಾ ಜಾಥಾ ಆಯೋಜಿಸಲಾಯಿತು. ಪ್ರಾಂಶುಪಾಲ ಡಾ|| ಎನ್‌ಸಿಂಟ್ ಆಳ್ವ ಚಾಲನೆ ನೀಡಿದರು. ರಾಜ್ಯಮಟ್ಟದ ತರಬೇತಿದಾರ ಜೋಸೆಫ್ ರೆಬೆಲ್ಲೋ ಜಲ ಮರುಪೂರಣ, ಜಲಸಂರಕ್ಷಣೆಯ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು. ಜೇಸಿಐನ ಅಧ್ಯಕ್ಷೆ ಆಶಾ ಅಲೆನ್, ಎನ್‌ಸೆಸ್ ಅಧಿಕಾರಿಗಳಾದ ಅನುಪಮಾ, ಮೆಲ್‌ರಾಯ್, ಜೇಸಿಐ ಪ್ರಮುಖರು ಉಪಸ್ಥಿತರಿದ್ದರು.



NATIONAL SERVICE SCHEME

CLEAN WATER AND SANITATION RALLY FOR MASS IMPACT

Program Name: Clean Water and Sanitation Rally

Organizers: NSS Unit and JCI Kallianpur

Date: 14.09.2020, Saturday at 12:30 Pm

Venue: College to Santhekatte

Chief Guest: Dr. Vincent Alva, Principal Milagres College Kallianpur.

Participants: NSS Volunteers

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MILAGRES COLLEGE, KALLIANPUR, UDUPI

Post Graduate Department of Social Work

ACTIVITY: Suicide prevention

Date: 27/09/2019

Venue: Milagres College, Kallianpur

In Collaboration with : Goretti Hospital, Santhekatte.

Resource Person : Dr. P.V Bhandary, Psychiatrist, Dr. AV Baliga memorial Hospital, Dodangudde

President of the programme : Dr. Vincent Alva

ChiefGuests: Dr. Jayram Shettigar Rover Ranges Scouts unit, Mrs. Anupama jogi NSS officer MCK

Mrs. Akshatha Shetty, lecture, PG. Dpt. Social work milagres college Kallianpur

Mr. Rakesh Supervisor of the agency

Members attended: Students

Number of beneficiaries: 120

Procedure:

Post graduation department of Social work milagres college kallianpur Goretti hospital kallianpur jointly organised "Suicide Prevention" on 27-9-2019 milagres college kallianpur. Social work trainee and co-trainees organised suicide prevention in milagres college silver jubly hall kallianpur.

The president of the programme was Mr. Da. Vincent aalva principal of milagres college kallianpur Doc. P.V. Bandari medical director of Da.A..V. Baliga hospital udupi. was the resource person of the programme. He explained about suicide causes and prevention, effects.

Mr. Da. Jayram Shettygar rover and rengers unit milagres college kallianpur. Mr. Barnad sheldon D'souza co-ordinator and NSS unit milagres college kallianpur.

Mrs. Anupama jogi NCC Officer milagres college kallianpur. Mr. Rakesh co-ordinator of goretti hospital santhekatte Mrs. Akshatha shetty Assistant proffesor of PG Department of Sovial Work Milagres college kallianpur. Were the chief guests of the programme.

This programme was jointly organised by Ms. Rakshitha. Ms. Sunitha First MSW Milagres College kallianpur.

100 Students are benifited by this programme



Ashetty

Organization Supervisor

[Signature]

Programme Coordinator

PG Department of Social Work

[Signature]

Principal

Milagres College Kallianpur-576 112
Udupi Dt., Karnataka

Milagres College Kallianpura

National Service Scheme: Blood Donation Camp

Program Name:Blood Donation Camp

Organizers: NSS Unit

Date: 01.10.2019,Tuesday, 9.30am

Venue:AV Hall


Participants: NSS Volunteers

The NSS Unit of the college organized Blood Donation Camp with the support from various institutions and other associations of the college on 01 .10.2019Tuesday in the college premise. Along with the NSS unit, NCC, Rangers & Rovers, Rotary Club of the college were involved in the camp. Lions Club Kallianpur, HDFC Bank, Rotary Kallianpur, JCI Kallianpur, Blood Bank Kundapur were also involved in the camp.

Mr. Jayakar Shetty, Chairman Blood bank Kundapur, inaugurated the camp and conveyed his wishes to the program. All the heads of the various institutions were present during the program. Mr. P A Bhat Chairman Chyavana Institute of Paramedical Udupi guided the students the need of blood donation and how it will helpful to keep the body very healthy.

Prof. Joseph Peter Fernandes, Vice Principal Milagres College was the President of the program. Mrs.Anupama Jogi and Mr. Melroy Almeida, NSS Officer, Mr. Nagaraj Achar NCC Officer, Mr. Karthik Nayak Youth Red Cross Officer, Mr. Nithyanand Shetty Rotary Club Officer were also present. Mr. Ravinandan Bhat PRO welcomed everyone, Mrs. Anupama Jogi, NSS Officer proposed vote of thanks. Kum. Inchara was the master of ceremony. All the NSS volunteers and NCC Cadets were present.




 Principal
 Principal
 Milagres College Kallianpur-576-114
 Udupi Dt., Karnataka



MILAGRES COLLEGE, KALLIANPUR, UDUPI

Post Graduate Department of Social Work

ACTIVITY: Senior Citizen day programme

Date: 19/10/2019

Venue: Ozanam old age home Kallianpur

In Collaboration with : Goretti Hospital, Santhekatte.

President of the programme : Sr. Nimpha, Incharge Ozanam Old age Home Kallianpur

ChiefGuests: Mrs. Akshatha Shetty, lecture, PG, Dpt Social work milagres college kallianpur

Mr. Rakesh Supervisor of the agency

Members attended: Inmates of ozanam

Number of beneficiaries: 30

Procedure:

The post graduate department of Social Work Milagres College Kallianpur, Goretti Hospital Kallianpur Santhekatte and Government College Thenkanidiyur. Jointly organised "Entertainment programme" On 19-10-2019 at ozanama old age home kallianpur.

The president of the programme was C. Nimpha supervisor ozanam old age home kallianpur. Social Work trainee conducted music dance and also conducted the games to old age persons to do entertainment and active participation and to create recreational and change of environment by giving them entertainment through cultural programme. Mr. Rakesh co-ordinator Goretti Hospital Kallianpur were the chief guests of programme.


The programme was organised by miss Rakshitha miss Sunitha First MSW students of Milagres College Kallianpur.

Miss Bagyashree, Miss Pooja Shetty Mr.Shuvkumar First MSW Government First Grade College Thenkanidiyur.




Organization Supervisor


Programme Coordinator
P.G. Department of Social Work
Milagres College Kallianpur


Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka



MILAGRES COLLEGE , KALLIANPUR UDUPI.

Post Graduation Department of Social Work.

Activity: Community extensive Program.

Date: 03 November 2019

Venue: Government Higher Primary School , Belkale , Lakshminagar.

In collaboration with: National Institute For SHG Training, Ambalpady. Pragathi Okkuta Lakshminagar.

Resource person: Mrs.Muktha, ASI, Women Police Station , Udupi.

President of the program: Mrs.Jayalakshmi, Pragathi Okkuta President.

Inaugurator of the program: Mr.Ashok.k , Principal, NIST Ambalpady.

Guests : Mr.Vignesh Thekhar, Co-ordinator, Milagres College Kallianpur, Udupi.
Mr.Vasanth Devadiga, Supervisor, SKDRDP Malpe sector. Mr.Amit ,
Sevaprathinidhi, Lakshminagar.

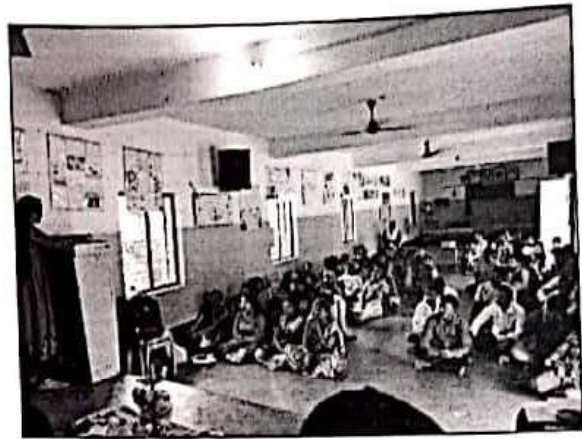
Members Attended: Self-Help Group Members.

Number of Beneficiaries: 50.

Post Graduate Department Of Social Work, Milagres College Kallianpur & National Institute For SHG Training Ambalpady, Shri Kshethra Dharmastala Rural Development Project, Malpe sector Jointly organized Informative program on "Domestic Violence" On 03 November 2019 at Government Higher Primary School, Belkale Lakshminagar. The program began with inaugural ceremony. Mr. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Jayalakshmi, President of the program and Mrs. Muktha, ASI, Women Police Station Udupi, was the resource person. She spoke about "Domestic Violence". She addressed various issues about Domestic violence, its effects and solutions in Legal perspective.

Mr. Vignesh Thekkar, Coordinator, P.G dept. Of Social Work, Milagres college Kallianpur. Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector. Mr. Amith, Sevaprathinidhi were the guests of the program.

Ms. Supriya V. welcomed the Gathering; Ms. Smitha was the MC of the programme. 50 SHG members are benefited by this program.




Program Convener


Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka


Coordinator



MILAGRES COLLEGE, KALLIANPUR, UDUPI

Post Graduation Department of social work.

Activity : Awareness programme on Rajeeva Gandhi Grameena vasathi Yojana

Date : 11/10/2019

Venue : Deepa Jyothi network of positive people, Ajjarakadu, Udupi.

In Collaboration with : Deepa Jyothi network of positive people. Ajjarakadu, Udupi.

Resource person : Mr. Priyadarshan. Noodal panchayath officer. Kunadapura

President of the programme : Mr. Santhosh shetty president Of Deepa Jyothi network of positive people.

Chief Guests : Mr. Mahabalesh. DEPCU

Mrs. Akshatha shetty. Assistant professor in P.G department of social work. MCK. Kallainpura.

Members Attended : Deepa Jyothi network of positive people members.

Number of beneficiaries: 50 Members.

Procedure :

On 11th October 2019 post graduate Department of social work milagres College kallainpur .organised awareness programme on "Rajeeva Gandhi grameena Vasathi Yojana " For positive people at Deepa Jyothi network of positive people Ajjarakadu, Udupi.

The programme began with inaugural ceremony Resource person Mr. Priyadarshan noodal panchayath officer, Kundapur. Mr. Santhosh shetty president of the programme. Mr. Mahabalesh DEPCU. Mrs. Akshatha shetty Assistant professor P. G department of social work MCK. Mrs Shanthi narohna Co-ordinator and were the present on the stage..

Mrs. Shanthi narohna welcomed the Guests and members of Deepa Jyothi network of positive people. After the presidential remark by Mr. Santhosh shetty president of deepa Jyothi network of positive people. Resource person Mr. Priyadarshan gave information talk on "Rajeeva Gandhi Grameena Vasathi Yojana". The Trainees's And group members had discussion on the topic end the programme was well organized and the Resource person addressed various issues about financial, Schemes , House, Panchayath, place, condition of the positive people 40 members are benefitted by the programme Ms. Nayana H. N. rendered vote of thanks. Ms. Supritha mastered the ceremony.



A. Vally
Programme convener

[Signature]
Principal
Milagres College Kallianpur-576 11-
Udupi Dt., Karnataka

[Signature]
Coordinator



MILAGRES COLLEGE KALLIANPUR UDUPI

Post Graduate Department of Social Work

Activity: Chiguru Activities Programme

Date :07/11/2019

Venue: Karunya Special School Ambalpady, Udupi

In Collaboration with: Milagres College Kallianpur Udupi and Karunya Special School Ambalpady Udupi

Inaugurator: Mr. Sachidananda Bhat

Chief Guests: Mr. Vignesh Thekkar (Coordinator, P.G. Department of social work, Milagres College, Kallianpur)

Mrs. Reshma K. Assistant Professor, P.G. Department of Social Work, Milagres College, Kallianpur.

Member Attended: Karunya Special School teachers, students and parents.

Number of Beneficiaries: 32 Members.

On 07th November 2019 Post Graduate Department of Social Work Milagres College Kallianpur, and Karunya Special School, Ambalpady had organized "Chiguru" an Activity Programme" in Karunya Special School for special children. Mrs. Agnes H Kundar, Head Mistress of the school had presided over the program. In her presidential remark she had spoken about the social work trainee's learning and service in the special school. She also brought in the points related to the need in welfare of the special children. Mr. Sachidananda Bhat, Trust member, Karunya Special School had inaugurated the program. He also appreciated the trainees concern and the opportunities for the special children. Mr. Vignesh Thekkar, Coordinator, P.G. Department of Social work Milagres College, Kallianpur and Mrs. Reshma K, Assistant Professor, P.G. Department of Social Work, Milagres College, Kallianpur were the chief guests of the programme. Mr. Vignesh, had thanked the Karunya Special School, for the learning opportunities provided for the social work trainees and then congratulated the students for the activity program.

Mr. Chethan Chouhan was the master of the ceremony. Ms. Supriya Shetty had welcomed the guests and Mrs. Shilpa, Teacher, Karunya Special School had proposed the vote of thanks. Thus the formal program was wound up.

Then the second half of the program was the activity programs. The special children had a sportive participation in the competitions. They had also exhibited their special talents through action songs. The list of activities and the winners are as follows:

- 01) Musical Chair 1st Prize Kumar. Pranad and 2nd Prize Kumar. Arush
 - 02) Passing the Ball 1st Prize Kumari. Ayaisha and 2nd Prize Kumar. Arjun
 - 03) Pyramid game 1st Prize Kumar. Pavan and 2nd Prize Kumar. Saketa
 - 04) Limbu in the spoon 1st Prize Kumar. Ravindra and 2nd Prize Kumar. Anash
- Thus the Chiguru activity program was arranged and executed for the special children of Karunya Special School.

Few glimpses of the program:



Organization Supervisor

PG Department of Social Work

Milagres college Kallianpur

Programmer coordinator


Principal
Milagres College Kallianpur-576 111
Udupi Dt., Karnataka

NSS ANNUAL SPECIAL CAMP

Camp Date: 04th December 2019 to 10th December 2019

Camp Venue: Rajiv Gandhi National Academy of Political Education Kaup, Udupi

Camp Programs:

- Ground Cleaning
- Cleaning the Schools of the village
- Beach and Road Cleaning

The annual Special Camp of the NSS unit was inaugurated on 04/12/2019 at Rajiv Gandhi National Academy of Political Education Kaup, Udupi. Ex MLA of Kaup Constituency, Vinay Kumar Sorake, inaugurated the camp and said that by organising such camps the youth will know the reality of the country and they will get the utmost knowledge for their future life. By the social work and help done by the students to the society they will be loved by the people. As the guest of Honour, we had with us Mr. Ashok Kumar Kodavoor, Co-ordinator of Rajiv Gandhi National Academy of Political Education Kaup, on his remarks he said that there is the need for the changes in the society, and that change could be brought only by the students if they know the real scenario of the country.

Mrs. Aruna Kumari, President Thenka Yermal Grama panchayath, Mr. Rathnakar Kotian Vice President Thenka Yermal Grama panchayath, Mr Kishor Kumar, Member of Yermal Grama panchayath, and Mr. Salvadore Noronha President Alumni Association, Milagres College Kallianpur were the Guest of Honour. Dr Vincent Alva, Principal Milagres College, Kallianpur was the President of the program. NSS Program Officers Mrs Anupama Jogi welcomed the gathering and Mr. Melroy Avil D'Almeida proposed the vote of thanks.

5th December 2019, Thursday, Second day of the camp was begun with morning walk, followed by Flag Hoisting Ceremony, Ms Melvita, receptionist at Milagres college was the Chief Guest of the occasion and conveyed best regards to the camp and realised Shibira Vani, "Save Girl Child" was the theme of the Program. The team Suvarna led by Ms Inchara was given the responsibility of this ceremony. After this program all the volunteers were allotted to different works. During the Shramadhana college surrounding was cleaned. After the afternoon break for lunch, educational program was conducted by Nagaraj Rao, Varkadi, TV 5 reporter press club Udupi, he instructed the volunteers to follow all the rules and

regulations so that they can work towards the betterment of the society. He spoke about media and its presence in the society. Mrs Preethi Suvarna, Kinara English Medium School were also present for the program. As the president we had with us Dr Gerald Pinto, Retired Principal Milagres college Kallianpur. All the volunteers were relived for the various games after the educational program. all the volunteers actively took part in the cultural programme and enjoyed the day. The educational Program was conducted by Sharavathi Teem, Under the guidance of Stephan. The cultural program was guided by Narmadha Team under the guidance of Kajol. Cooking and Cleaning Dept was handled by team Sindhu, which was handled by Shreesha Bhandrry and Karthik Shet. The day was ended by evaluating the volunteers on various aspects of the day.

6th December 2019 Friday, was the third day, begun with morning walk all the volunteers actively participated, it was followed by flag hoisting ceremony. Shri Damodar S Suvarna, President of Mogaveer Sabha, Yermal were the chief guest of the occasion and conveyed best regards to the Campers and realised Shibiravani, “Netra Dana Shersta Dana” i.e eye Donation is the best donation, was the theme of the program. Narmada team was given the responsibility of this. After this program all the volunteers were allotted to different works. During the shramadhana, College surroundings and roads connecting to it were cleaned and bushes were cleared. After the afternoon break for lunch educational program was conducted. Komal Jenifer D’Souza was the guest for the day, the topics were full of activities and how to face people with confidence. Mrs Sunitha Headmistress Govt federal Highschool, Thenka Yermal were also present. The president of this program was Prof Cyril Mathais, Retired Professor, Milagres College Kallianpur. After the educational program the volunteers were relived for the various sports and games It was followed by the Cultural program. All the volunteers took part in the cultural programs and enjoyed the day. The team Sindhu was given responsibility for cultural program. Cleaning department was headed by team Suvarna. The educational program was led by team Sharavathi. The day was ended by evaluating the volunteers on various aspects of the day.

7th December 2019 Saturday was the fourth day of the camp, begun with morning walk with all the volunteers, it was followed by flag hoisting ceremony. Shri Shivaprasad Shetty member of 59th Themka yermal Grama panchayath was the chief guest of the occasion and conveyed best regards to the campers and realised Shibiravani. Time Management was the theme of the Program. Team Sharavathi took the in charge of this program. After this program all the volunteers have been allotted to different works. During the Shramadhana


College ground was cleaned, After the afternoon break for lunch educational program was conducted by Mrs. Girija Baliga PWO Ammunje Grama Panchayath, she addressed the volunteers by giving her own ups and downs in her life, and how to face challenges in life. President of the program was Prof Hilda Rodrigues, retired Professor Milagres college Kallianpur. All the volunteers were relieved for the various games after the educational program. It was followed by the cultural program. All the Volunteers actively took part in the cultural program. It was guided by Narmadha team. Cooking and cleaning was handled by team Sharavathi. The day was ended by evaluating the volunteers on various aspects of the day.

8th December 2019 Sunday, the fifth day of the camp was begun with morning walk, with all the volunteers, it was followed by flag hoisting ceremony. As the chief guest we had with us Dr Vincent Alva Principal Milagres college Kallianpur, he conveyed his regards to all the campers and realised the Shibiravani. Blood donation was the main theme chosen by team Sindhu after this the teams went to their respective works. 2 teams were allotted to work in the college ground, other two teams were allotted to clean the roads connecting to college. After the afternoon break all the volunteers gathered for the educational program. After the educational program volunteers played cricket match. It was followed by cultural program and enjoyed the day. It was guided by Sharavathi team. The Educational program was led by team Suvarna. Cleaning and Kitchen Department was handled by team Narmadha. The day was ended by Evaluating the volunteers on various aspects of the day.

9th December 2019; Monday, the sixth day of the camp was well began with the morning walk, followed by flag hoisting Ceremony, Guest for the day was Mrs Chandrika, Dept of English Milagres college Kallianpur, on her remarks she congratulated the volunteers for taking active participation in the camp, and realised the shibiravani. The theme selected was "Sexual Harassment", After this all the volunteers have been allotted to different works. During the shramadhana college surrounding was cleaned, Beach cleaning was done. After the afternoon break educational program was conducted by Mr Joseph Rebello, District Rajyostava Award winner, he in his talk said about water conservation and what is the role of students in preserving the water. Retired professor Melwin C Rego was the president of the program. After this the cultural program was conducted. After this the day was ended up by organising "Shibirajyothi" program. Mr Ravinandan Bhat was the guest of honour for this program. It is the program in which an Indian map is drawn and all the volunteers should place the Lamp around it and pray for the best in their life with the good message.

10th December 2019, Tuesday; The seventh and the last day of the camp was begun with hoisting the flag. Ms Arenza Sequeira, HOD Physics Department, Milagres college Kallianpur was the chief guest of the ceremony and she realised the shibiravani. The senior volunteers and all the present leaders were given the responsibility for this ceremony, “Save water” was the main theme selected. After the program all the volunteers were allotted to complete the unfinished work.

The Valedictory Ceremony of NSS Annual Special Camp 2019-20 was held on 10th December 2019 at Rajiv Gandhi National Academy of Political EducationKaup, Udupi. Ex MLA Pramod Madwaraj was the chief Guest for the day, he said that through NSS we learn about the life skills and students will also know their importance towards the Society. Udupi Zilla Panchayath Member Mr Shashikanth Padubidri explained the importances of NSS. Taluk Panchayath Member Mr. Keshav Moile, Yermal Karavali Sports Club member Mr. Kishor Kumar, President of Parents Teachers association Milagres college Kallianpur Mrs. Jothi Lewis, Mr. Ashok Kumar Kodavoor, Co-ordinator of Rajiv Gandhi National Academy of Political EducationKaup were the Guest of Honour. Principal Dr Vincent Alva presided over the function. NSS Volunteers shared their 7 days experience to the gathering.



Principal
Principal
Milagres College Kallianpur-576-444
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME-CYCLATHON

Program Name: Fit India Cycle Rally

Organizers: National Service Scheme

Date: 17-01-2020, Friday at 9.30am

Venue: Milagres Church to Santhekatte

Participants: NSS Volunteers

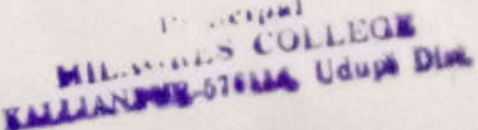
N.S.S Unit of the Milagres College Kallianpur participated in the Cyclathon an awareness rally from Milagres Church to Santhekatte on 17th January 2020 Friday at 09:30 Am, organized by National Service Scheme, Mangalore University. This rally was organised to keep India fit. As Cycling is an aerobic activity, which means that our heart, blood vessels and lungs all get a good workout. When we do cycling, we breathe deeper, perspire and experience increased body temperature, which will improve our overall fitness level, keeping this as the main motive this cyclathon was organised to promote awareness among the people, Many NSS Volunteers actively participated in this event. Mrs Anupama Jogi and Mr. Melroy D'Almeida, NSS Program Officers were present on this occasion.



NSS PROGRAM OFFICER

IQAC COORDINATOR


PRINCIPAL


MILAGRES COLLEGE
KALLIANPUR-576122 Udupi Dist.

NATIONAL SERVICE SCHEME – CLEANING OF PARYAYA

Program Name: Cleaning of Paryaya

Organizers: NSS Unit

Date: 18/01/2020, 09:30 Am


Venue: Near Krishna Matta Udupi

Participants: NSS Volunteers

Participants: NSS Volunteers

NSS Volunteers of the college have been initiated in cleaning Udupi city after the day of Paryaya on 18/01/2020 Saturday at 09:30 Am onwards. It was initiated as a part of swacha bharath abhiyan program. It was begun with the assembly and singing of NSS Song. The volunteers were divided into Four groups and instructed to work in different places near Krishna Matta. The work ended up by giving refreshments. Mrs. Anupama Jogi and Mr. Melroy Almeida NSS Program Officers, guided the volunteers in doing their work. The NSS Leaders also instructed the volunteers.




Principal
Principal
Milagres College Kallianpur-576414
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME

Program Name: Tereda Mane Programme

Organizers: NSS Unit

Date: 15.02.2020, Saturday at 02:00 Pm

Venue: Udupi Police Station

Chief Guests: Mr. Gopalakrishna, ASI Udupi Town Police Station

Participants: NSS Volunteers

The NSS Unit for the year 2019-20 organized Tereda Mane Program for all NSS Volunteers on 15th February 2020 at Udupi Town Police Station. Mr. Gopalakrishna Jogi, Assistant Sub Inspector guided the volunteers. He explained the various procedures in the police department and requested to work towards the development of good relationship between police and the people. He demonstrated the use of weapons and guns. Also he guided the volunteers on various aspects of law and order. He motivated the volunteers to become a good Police officer. Mrs. Anupama Jogi and Mr Melroy D'Almeida, NSS Program Officers were present. All the NSS Volunteers along with the NSS leaders were present.



NSS PROGRAM OFFICER

IQAC COORDINATOR

PRINCIPAL
Principal

Mkagres College Kallianpur-576 114
Udupi Dt., Karnataka


DISASTER MANAGEMENT COURSE

The IQAC of Milagres College Kallianpur and Nehru Yuva Kendra Udupi jointly organized a training camp for the students. 22 students of the college have participated in the 10 days Disaster Management Course, a Training Camp organized at 10th BN National Disaster Response Force, Guntur Andrapradesh in association with Nehru Yuva Kendra Sangatan, Government of India from 22.02.2020 to 02.03.2020. They were trained on various disaster response forces. The training was concentrated on

1. Fire Rescue
2. Early warning system
3. Swimming Training
4. Patient Assessment
5. Search and Rescue
6. Snake and Animal Bite
7. CPR Training
8. Disaster Management

Students were given training on all these aspects and instructed them to give immediate response and care should be taken whenever such situation arises.




Principal
Principal
Milagres College Kallianpur-576-114
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME

Program Name: Awareness program for Youth

Organizers: Neheru Yuva Kendra, Udupi

Date: 08.03.2020, Sunday at 09:30 Am

Venue: Audio Visual Hall

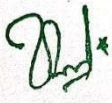
Chief Guests: Mrs. Preethi Gehelot, IAS Udupi Zilla Panchayath

Participants: NSS Volunteers

A Theme based Education and Awareness program for Youth was organised by Neheru Yuva Kendra, Udupi, in association with the NSS unit of Milagres College Kallianpur on 8th March 2020 Sunday at 09:30 Am in the Audio Visual Hall. Mrs. Preethi Gehelot, IAS Udupi Zilla Panchayath was the Inaugurator of this program. Mr. Wilfred D'Souza, Co ordinator of Neheru Yuva Kendra was present on this occasion. As the Chief Guest of this program we had with us Mr. Joseph Rebello, Zilla Rajyotsava Award winner and state level Resource Person.


In total there were four Seminars conducted. Smt. Muktha Bhai(ASZ) conducted the first Seminar and spoke about how Police can provide active help and relief on emergencies and also gave light about laws and acts of India. Smt Kaveri, Public prosecutor conducted the second section, and guided the students about the law and order of the constitution of India. Dr. Subramanya Bhat Senior teacher conducted the Third seminar and spoke how youth can cause a change in the world. Shri Karunakar Jain Senior teacher conducted the fourth Seminar, with full of activities and spoke about confidence and how to face all the public with self confidence are the different sections under this program.

NSS program Officers Mrs Anupama Jogi and Mr Melroy Avil D'Almeida were present in this program. Mr Wilfred D'Souza welcomed the gathering and thanked all for the participation. 90 Volunteers participated in this Program. Student leader Inchara compeered the program.



Principal
Principal
Milagres College Kallianpur-576-114
Udupi Dt., Karnataka




Principal
Principal
Milagres College Kallianpur-576444
Udupi Dt., Karnataka

ಯುವ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮ



ಬ್ರಹ್ಮಾವರ,

ಮಾ. 12:

ಉಡುಪಿಯ ನೆಹರು ಯುವ ಕೇಂದ್ರ, ಜಿಲ್ಲಾ ಯುವ ಫಾರಂ, ನೇಜಾರು ಗುರು ಯುವಕ ಮಂಡಲ ಹಾಗೂ ಮಿಲಾಗ್ರಿಸ್ ಕಾಲೇಜಿನ ಎನ್. ಎಸ್.ಎಸ್. ಘಟಕದ ವತಿಯಿಂದ ಯುವಜನರಿಗೆ ವಿಷಯಾಧಾರಿತ ಶಿಕ್ಷಣ ಮತ್ತು ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮ ಆಯೋಜಿಸಲಾಯಿತು.

ಜಿ.ಪಂ. ಕಾರ್ಯನಿರ್ವಹಣಾಧಿಕಾರಿ ಪ್ರೀತಿ ಗೆಹ್ಲೋಟ್ ಅವರು ಅತಿಥಿಯಾಗಿದ್ದರು. ಜಯರಾಮ್ ಶೆಟ್ಟಿಗಾರ್ ಅಧ್ಯಕ್ಷತೆ ವಹಿಸಿದ್ದರು.

ನೆಹರೂ ಯುವ ಕೇಂದ್ರದ ಸಮನ್ವಯಾಧಿಕಾರಿ ವಿಲ್‌ಫ್ರೆಡ್ ಡಿಸೋಜಾ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಯಾಗಿ ಎ.ಎಸ್. ಐ. ಮುಕ್ತಾ ಭಾಯಿ ಅವರು ಭ್ರಷ್ಟಾಚಾರ ಮುಕ್ತ ಭಾರತ ಹಾಗೂ ಇಂದಿನ ಯುವಜನತೆ ಕುರಿತು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮಾಹಿತಿ ನೀಡಿದರು.

ಸಾರ್ವಜನಿಕ ಅಭಿಯೋಜಕಿ ಕಾವೇರಿ ಅವರು ದೈನಂದಿನ ಜೀವನದಲ್ಲಿ ಸಾಮಾನ್ಯ ಕಾನೂನಿನ ಅರಿವು ಹಾಗೂ ಜಾಗೃತಿಯ ಬಗ್ಗೆ ಮಾಹಿತಿ ನೀಡಿದರು.

ಹಿರಿಯ ಪ್ರಾಧ್ಯಾಪಕ ಡಾ. ಸುಬ್ರಹ್ಮಣ್ಯ ಭಟ್ ಅವರು ಇಂದಿನ ಯುವಜನತೆಗೆ ರಾಷ್ಟ್ರಭಕ್ತಿ ಹಾಗೂ ರಾಷ್ಟ್ರೀಯ ಭಾವೈಕ್ಯತೆಯ ಬಗ್ಗೆ ಸಂದೇಶ ನೀಡಿದರು. ಹಿರಿಯ ಪ್ರಾಧ್ಯಾಪಕ ಕರುಣಾಕರ ಜೈನ್ ಅವರು ಸಕಾರಾತ್ಮಕ ಚಿಂತನೆ ಹಾಗೂ ಗುರಿ ನಿಗದಿಪಡಿಸುವಿಕೆಯ ಬಗ್ಗೆ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅರಿವು ಮೂಡಿಸಿದರು.

ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾ ಘಟಕದ ಅಧಿಕಾರಿ ಅನುಪಮಾ ಜೋಗಿ ಮತ್ತು ಮೆಲ್‌ರೋಯ್ ಅವಿಲ್ ಡಿ ಅಲೈಡಾ ಉಪಸ್ಥಿತರಿದ್ದರು.

ವಿದ್ಯಾರ್ಥಿ ನಾಯಕಿ ಇಂಚರ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿದರು.

NATIONAL SERVICE SCHEME - VANAMAHOTSAVA

Program Name: Vanamahotsava


Organizers: NSS Unit

Date: 06.06.2020

Participants: NSS Volunteers

N.S.S unit of the Milagres College, organized Van-Mahotsava on Saturday, 06th June, 2020. As this was the program conducted during Lockdown the program could not be done by gathering in one campus, instead volunteers planted at least one sapling in their respective places and took the pictures and shared. Dr Vincent Alva Principal sent a note to students through NSS Program Officers saying the importance of planting a plant and nurturing it, He also said hovering the awareness of trees among people and highlighted the need for planting and tending of trees as one of the best ways to prevent Global warming and reduce pollution. Mrs. Anupama Jogi and Mr Melroy Avil D'Almeida , NSS Programme Officer and NSS Leaders Initiated the Program.




Principal
Principal
Milagres College Kallianpur-576*
Udupi Dt., Karnataka