



MILAGRES COLLEGE KALLIANPUR -576114

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3.4-Extension Activities

3.4.3-Number of extension and outreach programs conducted by the institution through NSS, NCC, Government and Government recognized bodied during the last five years

3.4.3.1-Number of extension and outreach programmes conducted in collaboration with industry, community and Non-government organisations through NSS, NCC, Red Cross, YRC etc. year wise during the last five years.

**List of supporting
enclosures:**

Sl.No.	Particulars (2020-2021)
1.	Reports of the programmes of each outreach programme organized by NSS, NCC, Red Cross, Rovers and Rangers etc.



MILAGRES COLLEGE, KALLIANPUR, UDUPI

Post Graduate Department of Social Work

ACTIVITY: Adjustment between senior citizens and youth.

Date: 5/10/2019

Venue: Government PU College, Kemannu

In Collaboration with : Goretti Hospital, Santhekatte.

Resource Person : Mr. Ganesh, Co- Ordinator Senior Citizens Help Line Center Udupi.

President of the programme : Mr. Krishnamoorthy Principal Govt. PU clg Kemannu

Chief Guests: Mr. Lingraju Head Master, Govt. high school Kemannu

Mr. Rakesh Supervisor of the agency

Members attended: Students

Number of beneficiaries: 100

Procedure:

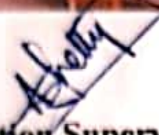
The Post Graduate Department of Social Work Milagres College Kallianpur, Goretti Hospital kallianpur Santhekatte. And Government PU College Kemmannu jointly organised "Adjustment between Senior Citizens and Youth" Information programme on 5-10-2019 at government PU college Kemmannu..

The president of the programme was Mr.krishnamoorthy principal Government PU college Kemmannu. Mr.Ganesh Co-ordinator Senior Citizen help line Udupi was the resource person of the programme. He stressed upon the adjustment between Senior and Youth in now a days in the society.


Mr. Lingraju H.M. Government High School Kemmannu. Mr.Rakesh Co-ordinator Goretti hospital kallianpur were the chief guests of programme.

This programme was jointly organised by Ms. Rakshitha.k, Ms. Sunitha.p, First MSW Milagres College Kallianpur and Ms. Bagyashree, Ms. Pooja shetty, Ms. Shivkumar First MSW Government First grade college tenkanidiyur.





Organization Supervisor




Programme Coordinator
P.G. Department of Social Work
Milagres College Kallianpur




Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME –GANDHI JAYANTHI PROGRAMME

Program Name: Gandhi Jayanthi celebration

Organizers: NSS Unit


Date: 02.10.2020 Friday, 6:30 am

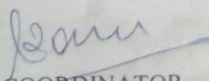
Venue: Swarna river bank Kaillianpur.

On 02-10-2020 our college NSS unit organized Gandhi Jyanthi celebration at Swarna river bank Kaillianpur. The Chief guest Dr. Devidas Naik , Principal MGM college Udupi , inaugurated this programme through google meet . Dr. Devidas Naik conveyed message to follow the path of harmony and peace as preached by Mahatma Gandhi. He said that people take this day to remember a man who is responsive in a huge way for the lives they are leading today .He reminded the importance of kindness,truth, non –violence, simplicity and peace all the things Mahatma Gandhi stood for.

Dr. Vincent Alva, Principal Milagres College was the president of the program. English lecturer Mr. Caesar Gonsalves welcomed the gathering and NSS programme officer Melson Dsouza presented the vote of thanks. IQAC coordinator Dr. Jayaram Shettigar , NSS Program Officers Mrs. Anupama Jogi , Rotary club president Mr. Subramanhya Pai , Physical director Mr. Nikhil Dsouza were present on the occasion .All the NSS Volunteers actively participated in the program.




NSS PROGRAMME OFFICER


IQAC COORDINATOR


Principal
PRINCIPAL
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Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME

Program Name: Blood Donation Camp

Organizers: NSS Unit


Date: 21.01.2020, Tuesday, 9.30am

Venue: AV Hall

Participants: NSS Volunteers

District health and Family commission of Udupi and NSS unit of the College, NCC, Youth Read Cross, Lions Club Bramavara, and Blood Bank Kundapur organised Blood donation Camp on 21.01.2020 Tuesday in College Audio Visual Hall. Dr Sudheer Chandra Suda, Udupi District Health and Family Commission Member inaugurated the program and said that by donating blood we gain good health and reduce risk of Cancer and hemochromatosis. It helps in reducing the risk of damage to liver and pancreas. Principal of the college Dr Vincent Alva was the president of the program. 102 units of Blood was donated by Students and Staff. NSS program Officer Mrs. Anupama Jogi and Mr. Melroy Avil D'Almeida were Present on this occasion.




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Udupi Dt., Karnataka

MILAGRES COLLEGE KALLIANPUR

NATIONAL CADET CORPS

Details of the Programme

Program Name: Atmanirbhar Bharat

Organizers: 21 BATTALION

Date: 22.11.2020

Venue: Milagres College Kallianpur.

Participants: NCC Cadets of the College.

Outcome of the Programme:


***Promoting Indian Products.**

*** Providing financial support to the most vulnerable classes of society such as daily-wage earners and secondly, at reviving cottage industries, MSMEs and local industries among others by laying emphasis on land, labour, liquidity and laws..**

*** Encouraging cadets to be vocal for local products**

Following the Galwan Valley skirmish on 15 June 2020 in which around 40 Chinese soldiers and 20 Indian soldiers died Government Launched the moment “Be vocal for local” in which 30 Cadets took part. DG NCC had encouraged cadets to Take oath through the online portal <https://pledge.mygov.in/aatmanirbharbharat/> and also create awareness about being self-reliant through their social media account. Cadets actively participated by posting videos and recording through their social media account.




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MILAGRES COLLEGE KALLIANPUR UDUPI

National service Scheme

Programme: COVID- 19 awareness

Organised by : NSS , Milagres College Kallianpur

Venue : social media

Day by day corona cases were increasing in India. To avoid and break virus transmission chain, people need to wear the mask, maintain social distance and also require to follow the guidelines given by the government. To create awareness about Covid 19 , NSS volunteers of our college did the video regarding importance wearing mask, social distance , uses of sanitizer ,washing of fruits and vegetables , drinking of hot water etc and circulated the videos in the social medias.

NSS programme officers Mrs. Anupamma Jogi and Mr. Melson Dsouza guided volunteers. All the NSS volunteers actively participated in this campaign.

Instagram link: https://www.instagram.com/tv/CPIIdacgnvvs/?utm_medium=share_sheet

Youtube link: https://youtu.be/yNfLAc43_o

MILAGRES COLLEGE KALLIANPUR UDUPI

National service Scheme

Programme: Awareness about COVID 19 and black fungus


Organised by : NSS , Milagres college Kallianpur

Venue : Volunteers neighbours

NSS units of Milagres College Kallianpur Udipi commenced special awareness program about COVID 19 and black fungus by visiting neighbours house and explained them about social distance , importance of wearing mask , and changing of mask etc. volunteers were set good example by following COVID guidelines ,wearing mask keeping social distance themselves , and informed the neighbours about same to fight against COVID 19 and black fungus.

NSS programme officers Mrs Anupamma Jogi and Mr. Melson DSouza were instructed and implemented this programme .All the NSS volunteers actively taken part in this campaign




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NATIONAL SERVICE SCHEME- Blood donation

Program Name: Blood donation

Organizers: NSS Unit

Date: 4/2/2021

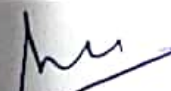
Venue: library building

Participants: NSS Volunteers

On the occasion of National Youth day our college NSS unit along with KMC Manipal blood donation camp was held in college on 4/2/2021 inauguration ceremony was done at 9:30 am .winners of short film were also given cash price .Then the blood donation was held in the library building .Fr. Valerian Mendonca was the president of the program .Principal Dr. Vincentalva along with the other guest were also present .Master of ceremony was done by Mr. Ravinandan Bhatt .Prayer team was led by NSS volunteers .NSS officers Mrs. Anupama Jogi and Mr. Melson Dsouza along with NSS leaders Pavan, Manjunath, Suvag, Varshini, Shreya were present . 121 donors donated the blood .The program was a great success.




NSS programme Officer


IQAC Coordinator


Principal
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NATIONAL SERVICE SCHEME – One Day Camp

Program Name: One Day Camp

Organizers: NSS Unit

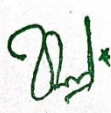
Date: 07.02.2021, Sunday at 10am

Venue: LVP SCHOOL

Participants: NSS Volunteers

NSS Volunteers of the college have been organized one day camp on Sunday 7th February. It was begun with the assembly and singing a NSS Song. The volunteers were divided into five groups and instructed to clean the school campus. The work ended up by giving refreshments. Mrs. Anupama, and Melson Dsouza NSS Program Officers guided the volunteers in doing their work. Miss Lucy ,Head minister ,LVP school , appreciated the work of NSS the leaders and volunteers.




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National Service Scheme: School Adopting Program

Program Name: School Adopting Program

Organizers: NSS Unit


Date: On 24-2-2021, Wednesday

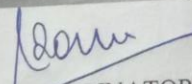
Venue : L.V.P Higher primary school, Puttur and Govt Higher school Nejar,

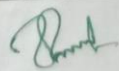
Participants: NSS Volunteers

Milagres College Kallianpur adopted two schools. On 24-2-2021, Wednesday School adopting program was held in L.V.P Higher primary school, Puttur and Govt Higher school Nejar, at 10 am. Kits were also given to both the schools. Formal program was held starting with the prayer song sung by NSS volunteers. Mr Ravinandan Bhat was the master of ceremony of the program. All the NSS leaders with selected NSS volunteers were present. President of the day's program was Fr. Valarian Mendonca. Principal Dr. Vincent Alva was also present. Mrs Anupama Jogi has welcomed the gathering. Mr. Shekar Gujarbettu President of alumina association. Smt. Jyothi Lewis and other guest were also present. Vote of thanks was given by Mr Melson D'souza. The program was a great success.




NSS PROGRAMME OFFICER


IQAC COORDINATOR


PRINCIPAL
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka



MILLAGRES COLLEGE KALLIANPURA, UDUPI
POST GRADUATE DEPARTMENT OF SOCIAL WORK

Activity: Community Extensive Programme

Date. : 26th February 2021

Venue. : St. Joseph's higher primary school Kallianpura.

In collaboration with : Goretti hospital Santhekatte and Manipal obstetrics & Gynecological society.

Resource speaker: Dr. Rajalaxmi, Gynecologist, Goretti Hospital santhekatte.

President of the program : Mr. Herald D' Silva, Head Master of St. Joseph higher primary school Kallianpura.

Chief guests : Mr. Menesh Thekkar, coordinator, PG dept. of Social Work, Millagres College Kallianpura.

Mr. Rakesh, coordinator of Goretti Hospital, Santhekatte.

Members attended : students of St. Joseph School Kallianpura.

Number of beneficiaries : 50 students

Post Graduate Department of Social work Millagres college Kallianpura, Goretti hospital Kallianpura and Manipal obstetrics and Gynecological society jointly organised informative program on 'Health Food' on 26th February 2021 at St. Joseph higher primary school Kallianpura.




The program was begun with prayer. Mr. Herald D' Silva, head master of the school was the president of the program. Mr. Rajalaxmi, Gynecologist, Goretti hospital Kallianpura was the resource speaker. Mr. Menesh Dhanthy, Lecturer, PG department of social work, Millagres college Kallianpura. Mr. Thekkar, Coordinator of Millagres college Kallianpura was Chief guests for the program.

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The resource speaker Dr. Rajadas explained about the food habits and its effects. The students of Saint Joseph School actively participated in the program and they clarified all the doubts with the resources speaker.



 Program Coordinator
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 Department Coordinator

MILAGRES COLLEGE KALLIANPUR

NATIONAL CADET CORPS

Details of the Programme

Program Name: Covid-19 prevention awareness Campaign

Organizers: Ministry Of Defence & 21 BATTALION

Date: 28.02.2021

Venue: Milagres College Kallianpur

Participants: NCC Cadets of the College.

Outcome of the Programme:

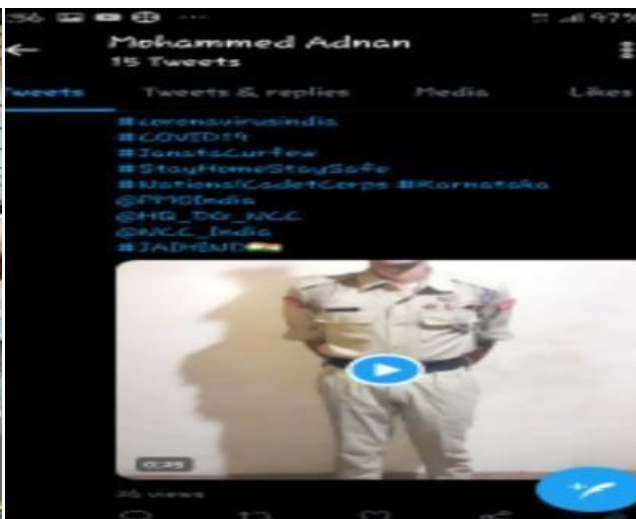
***Creating Awareness about Covid -19 Disease.**


***How to Prevent Covid -19 Disease.**

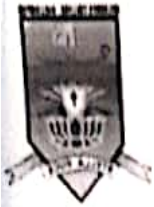
***Risk of Covid -19 Disease.**

On 28-02-2021 21 Battalion had requested the cadets to carry out covid awareness camping through their social media account. Cadets took part actively posted videos images and audio recording about how to wear mask importance of social distancing using sanitizer and how dangerous the Covid 19 disease is.

30 cadets voluntary had registered (<https://forms.gle/wZ4BAxCpf8DZ5gSU6>) them and underwent training course through Diksha for helping people during lockdown. Activities like Food Transporting, Call centre work, contact tracing, cooking food, Data management And ICE Development etc.




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MILAGRES COLLEGE KALLIANPUR UDUPI

Post Graduate Department of Social Work

Activity: Community Extensive Programme

Date: 9/03/2021

Venue: Government High School Uppur

President: Mrs. Nagarathana Headmistress of Government High School. Uppur

Resource Person: Mr. Anil Dhanty, Assistant Proffer MSW Department Milagres College Kallianpur

Chief Guests: Mr. Rajesh shetty, Teacher, Government High School, Uppur
Mrs. Shandya.P. Bhat, Teacher, Government High School Uppur

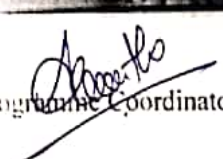
Number of Beneficiaries: 25

On 9th Nov 2021 PG Department of Social Work Milagres College Kallianpur organized a Career Guidance programme for the students of 8th std, government High School Uppur. Mr. Prajwal Martis welcomed the gathering.

Mr. Anil Danthy, Asst Professor, MSW Milagres collage Kallianpur, the resource person for the programme, began the session. Professor encouraged the students to have a goal in life and opt the subjects later on, on the basis of their interest and not the marks. He also encouraged selecting the career which you passionate about.

Mrs. Nagarathana Headmistress of Government High School. Uppur, was the president of the programme and she congratulated the MSW students for organizing career guidance programme to the students. Mr. Jithu Joseph, Student of Socail Work , Milagres College Kallianpur, conducted the master of ceremony. 25 High School students benefited by this Programme.




Programme Coordinator




Department Coordinator



NATIONAL SERVICE SCHEME – One Day Camp

Program Name: One Day Camp

Organizers: NSS Unit


Date: Tuesday 16th March 2021

Venue: Government Higher Primary School Nejar

Participants: NSS Volunteers

NSS Volunteers of the college have been organized one day camp on Tuesday 16th March. It was begun with the assembly and singing a NSS Song. The volunteers were divided into five groups and instructed to clean the school campus. The work ended up by giving refreshments. Mr. Melson Dsouza NSS Program Officers guided the volunteers in doing their work. Mrs Prema ,Head minister ,Govt Higher primary school Nejar , appreciated the work of NSS the leaders and volunteers.




Principal
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Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME – CLEAN VILLAGE –GREEN VILLAGE PROGRAM

Programme Name: CLEAN VILLAGE –GREEN VILLAGE PROGRAM

Date: 17-03-2021

Venue: AV Hall

Chief Guest : Shri.Dinakara Babu , President Jilla Panchayat Udupi, Fr. Valerian Mendonca ,Dr.

Devidas Naik , Principal MGM.

Participants : NSS volunteers


On 17th March 2021 Milagres College NSS unit along with Nehru Yuva Kendra ,Udupi jointly organised cleaning village –Green village programme. Shri.Dinakara Babu , President Jilla Panchayat Udupi, inaugurated the programme . V .rev.Fr Valerian Mendonca, Corsondent of the college gave a presidential remarks . Shreya Nss leader was the master of ceremony, Manjunath had welcomed the gathering and Suvag had given the vote of thanks. For this programme our Principal Dr. Vincent Alva, Nehru Yuva Kendra Youth officer Wilfred Dsouza , Nss officer Mr.Melson D'souza were present. The programme had three different session .

The 1st session was taken by Keshav Poojary the forest guard and had given talk on cultivation and safe guard of forest resources.

The 2nd session was taken by Dr.Devidas Nayaak, Principal, MGM college , Udupi spoke about the failures in life. All the things should be taken as positive and should not worry or take things seriously.

3rd session was taken by Smt.Prasanna Bhat who gave talk about agriculture. For this programme all the volunteers were present. The program was a great success.




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Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME –Mask Awareness Program

Program Name: Mask Awareness Program

Organizers: NSS Unit

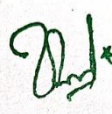
Date: 21.01.2021,Thursday

Venue: Santhekatte, Kallianpur Post office & Milagres Church gate

Participants: NSS Volunteers

Mask awareness program was held on 21-1-2020 Thursday at 8:45 am to 9:15 am .Three groups were made to create mask awareness. Three groups were allocated different places that is Santhekatte, Kallianpur Post office & Milagres church gate .Banners were held saying ‘WEAR MASK PLEASE ‘ .Program was a great success .Its our responsibility to wear mask and fight against corona .NSS leaders Pavan, Manjunath, Suvag, Varshini, Shreya along with NSS volunteers had taken part in the program. NSS officers Mrs Anupama Jogi and Mr Melson D souza were present.




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MILAGRES COLLEGE, KALLIANPUR UDUPI.

Post Graduation Department of Social Work

Activity: Community extensive Program

Date: 26 March 2021

Venue: LVT Higher Primary School, Puttur

In collaboration with: Goretti Hospital, Santhekatte

Resource person: Dr. Rajalaxmi, Gynecologist, Goretti Hospital santhekatte.

President of the Programme : Mrs. Lucy, Head Mistress, LVT Higher Primary School, Puttur

Guests:

- Mr. Anil Danthy, Assistant Professor, MSW Department, Milagres College, Kallianpur.
- Ms. Amritha C, Assistant Professor, MSW Department, Milagres College, Kallianpur.
- Mr. Rakesh, Social Worker, Goretti Hospital, Santhekatte.

Members Attended: Primary Student

Number of Beneficiaries: 60

Post Graduate Department Of Social Work, Milagres College Kallianpur & Goretti Hospital, Santhekatte jointly organized Informative programme on PUBERTY on 26 March 2021 at LVT Higher Primary School, Puttur. Dr. Rajalaxmi, Gynecologist, Goretti Hospital santhekatte. was the resource person. She gave information about "PUBERTY" and related issues to the girl students.



Mrs. Lucy, Head Mistress, LVT Higher Primary School, Puttur was the president of the programme. Anil Danthy, Assistant Professor, MSW Department, Milagres

College, Kallianpur, Ms. Amritha C, Assistant Professor, MSW Department, Milagres College, Kallianpur and Mr. Rakesh, Social Worker, Goretti Hospital,

Santhekatte were present in the programme as guests. 60 Girl Students benefited by this programme.



 Programme Coordinator  Principal
Milagres College Kallianpur-576 114 Department Coordinator
Udupi Dt., Karnataka



MILAGRES COLLEGE KALLIANPUR UDUPI

Post Graduate Department of Social Work

Activity: Community Extensive Programme

Date: 27/03/2021

Venue: Milagres High School, Kallianpur

President: Mr. Paul Lobo, Head Master, Milagres High School, Kallianpur

Resource Person: Ms. Chandrika, Assistant Professor, English Department
Milagres College Kallianpur

Inaugurator: Mrs. Marcelina SHERA, Teacher, Milagres High School Kallianpur

Chief Guests: Mr. Anil Danthy, Assistant Professor, Milagres College
Kallianpur

Number of Beneficiaries: 48 High School Students

On 27th Nov 2021 PG Department of Social Work Milagres College Kallianpur organized a Career Guidance programme for the students of 8th standard, Milagres College Kallianpur. Mr. Roydon D'Silva welcomed the gathering and the students of 10th std, Milagres High School sang a Prayer Song. Mrs. Marcelina SHERA, Assistant Teacher at Milagres High School Kallianpur inaugurated this programme by lighting the lamp and gave the inaugural speech. Mr. Anil Danthy, Assistant Professor PG Department Milagres College Kallianpur addressed the gathering.

Ms. Chandrika, the resource person for the programme, took the session. She encouraged the students to have a goal in life and opt the subjects later on, on the basis of their interest and not the marks. She also asked the students to be alive, alert, awake and enthusiastic.

Mr. Victor Carla gave the vote of thanks and concluded the programme.






 Programme Coordinator **Principal** Department Coordinator
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 Gadgi Dt., Karnataka



MILAGRES COLLEGE, KALLIANPUR UDUPI.

Post Graduation Department of Social Work

Activity: Community extensive Program

Date: 28 March 2021

Venue: Hindu Higher Primary School, Kemmannu.

In collaboration with: National Institute for SHG Training, Ambalpady. Shree Kshetra Dharmasthala Rural Development Project B.C Trust ®, Malpe Sector, Nejar.

Resource person: Dr. Prima, Doctor at Health care, Hoode.

President of the Programme : Mr. Sanjeeva Poojary, Okkuta President

Inaugurator of the Programme : Mr. Sanjeeva Poojary & Mr. Vignesh Thekhar, Co-ordinator, Milagres College Kallianpur, Udupi.

Guests:

- Mr. Vignesh Thekhar, Co-ordinator, Milagres College Kallianpur, Udupi.
- Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector.
- Mrs. Vijaya Pai, Sevaprathinidhi, Kemmannu.

Members Attended : Self - Help Group Members

Number of Beneficiaries : 55

Post Graduate Department Of Social Work, Milagres College Kallianpur & National Institute For SHG Training Ambalpady, Shri Kshetra Dharmasthala Rural Development Project, Malpe sector jointly organized Informative programme on "HEALTH INFORMATION" On 28 March 2021 at Hindu Higher Primary School, Kemmannu. The programme began with inaugural ceremony. Mr. Vignesh Thekhar, Co-ordinator, Milagres College & Mr. Sanjeeva Poojary, Okkuta President was the inaugurator. Dr. Prima, Doctor at Primary Health Center, Hoode was the resource person. She gave information about various "Health Aspects" related issues. She also spoke about Covid-19 and gave information regarding how

to prevent our self from the attack of Covid- 19. She gave informative speech about the importance of health in one's life.

Mr. Vignesh Thekhar, Co-ordinator, Milagres College. Mr. Sanjeeva Poojary, Okkuta President. . Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector & Mrs. Vijaya Pai, Sevaprathinidhi, Kemmanu were the guests of the programme.

Ms. Shreya K. was the Master of Ceremony, Ms. Nishmitha welcomed the gathering & Mr. Prajwal Martis concluded the event by Thanking the guest. 55 SHG members are benefited by this programme.





Programme Coordinator


Principal
Milagres College Kallianpur-576 114
Udupi Dt., Karnataka


Department Coordinator

Covid 19 Mask Bank: Rovers and Rangers of our college have joined hands with The Bharat Scouts and Guides local Association Kalyanpur and District Associations Udupi in preparing Mask Bank. The mask prepared by the Rovers and Rangers of our college have been handed over to The Bharat Scouts and Guides local Association Kalyanpur and District Associations Udupi and also to various schools, Publics, auto rickshaw drivers etc. Masks were also handed over to the district administration which they distributed to the students of who were appearing for SSLC examination.




Principal
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Milagres College Kallianpur-576414
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME – WORLD ENVIRONMENT

Program Name: World environment


Organizers: NSS

Date: 5-06-2021

Participants: NSS volunteers

Milagres College Kallianpur National Services Scheme unit organized World environment day on 5th June 2021 . NSS Programme Officers Mrs Anupamma Jogi and Mr. Melson D Souza instructed the volunteers to plant saplings. Volunteers planted saplings and circulated photos of same in the social media to create awareness about the environment. It is the responsibility of everyone to protect our environment and also fight against corona virus. To give positive messages to the society NSS leaders and NSS volunteers visited covid recovered persons home and planted saplings along with them.




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Udupi Dt., Karnataka

MILAGRES COLLEGE KALLIANPUR

NATIONAL CADET CORPS

Details of the Programme

Program Name: International

Yoga Day Organizers: 21

BATTALION, NSS, NCC Date:

21-06-2021

Venue: Milagres College Kallianpur.

Participants: NCC Cadets of the College.

Outcome of the Programme:

***Mental Stability.**

***Improving concentration Power.**

***Health Benefits.**

*** Techniques of improving oxygen level in body.**

Yoga Day was celebrated in our College on 21st June 2021. 40 SD and 30 SW cadets were trained and Issued Certificates. These cadets had participated in International Yoga Day Program on June 21, 2021 cadets were trained by Senior under officer EX NCC cadet Oliver D'Souza. Yoga session was held through online platform Google meet .yoga commenced from 7:00 Am till 8:00Am.

Yoga from home contest was held through online platform and it was made open to all age group. applicants of the contest were asked to upload videos and photos through Google form link provided to them. 150 applicants participated in the contest.



NATIONAL SERVICE SCHEME – INTERNATIONAL YOGA DAY

Date: 21.06.2018, Thursday at 8am to 9am


Chief Guest: Mrs. Leela S Amin, Patanjali Yoga Samithi Udupi, 8970094390

Venue: A.V. Hall

Participants: NSS Volunteers and NCC Cadets

The NSS units of the college organized International Yoga Day on 21st June 2018 in the college. Mrs. Leela S Amin, President Patanjali Yoga Samithi Women`s Unit Udupi, Mrs. Jyothi, Mrs. Lakshmi Suvarna and Mrs. Sumedha the members of the Patanjali Yoga Samithi Women`s Unit Udupi were the guest of honors of the day. Mrs Jyothi performed and instructed the volunteers on various Asana`s of Yoga with its importance. Dr. Vincent Alva, Principal Milagres college were presided over the program. Mr. Ravinandan S T and Mrs. Anupama, NSS Program Officers were present on the occasion. All the NSS Volunteers were present.




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Milagres College Kallianpur-576414
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME - VANAMAHOTSAVA

Program Name: Vanamahotsava

Organizers: NSS Unit

Date: 8.07.2021, Thursday at 2 pm

Venue: L. V. P school

Participants: NSS Volunteers

N.S.S unit of the Milagres College, organized Van-Mahotsava on, 08-7-2021 at LVP School. NSS leader Ms. Shreya welcomed the Gathering, The Chief Guest of the day was Smt. Shamala provided the importance of planting a plant and nurturing it, she also said hovering the awareness of trees among people and highlighted the need for planting and tending of trees as one of the best ways to prevent Global warming and reduce pollution. Our principal Dr Vincent Alva inauguration the programme by planting the saplings

Mrs. Anupama Jogi and Mr.Melson Dsouza, NSS Program Officer and NSS Leaders and NSS volunteers were present.



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Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME – PADDY CULTIVATION AND WEEDING PADDY FIELD

Programme Name: Paddy cultivation

Organiser : NSS


Date : 15/7/2021

Place: Koddankuru and Kaddekaru Udupi

Participates: NSS volunteers

Agriculture plays an essential role in sustaining and driving the economy. To create awareness about the agriculture work, Milagres College Kallianpur NSS unit organized paddy cultivation programme at Koddankuru and weeding the paddy field at Kaddekar Udupi. The Chief guest Mr. Ragavendra Keni, President, Udupi Nagaraabhiwardhi Pradhikara , inaugurated the programme by handovering the paddy's to the principal Dr Vincent Alva and to the volunteers . Mr Murali Kadekar, General secretary, Kedaronthana Trust Udupi, guided the volunteers and also said youngsters need show interest about agriculture . IQAC Coordinator Dr Jayaram Shettigar , PRO Ravinandhan Bhat, NSS Programme Officers Mrs Anupamma Jogi and Mr Melson Dsouza were present. NSS volunteers took active part in this programme




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NATIONAL SERVICE SCHEME – PADDY CLUTIVATION

Programme Name: Paddy cultivation

Organiser : NSS


Date : 22/7/2021

Place: Nayyampali


Participates: NSS volunteers

Agriculture is the back bone of Indian economy. In present era youngsters shows lack of interest towards agriculture. To create awareness about agriculture work. NSS unit of Milagres College Kallianpur organized paddy cultivation programme 22/07/2021 at Nayampalli Udupi .Mr Murali Kadekar, inaugurated the programme by cultivating paddy. IQAC coordinator Dr Jayaram Shettigarguided the students regarding cultivation. PRO Officer Mr Ravinandhan Bhat, NSS Programme Officer Mrs Anupamma Jogi, Mr Melson Dsouza , Commerce lecturer Mr Karthik Nayak were present.




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Milagres College Kallianpur-576444
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Milagres College Kallianpur-576***
Udupi Dt., Karnataka

NATIONAL SERVICE SCHEME :Programme on stimulation of human values

Organiser : NSS

Programme: Stimulation of human values

Date: 29/07/2021

Venue: A.V Hall

Chief guest: Mr Vivekananda H K

With an intension to inculcate the human values in students, NSS unit of Milagres College Kallianpur had organised an interactive session on human values on 29-7-2021. Mr. Vivekananda H K an activist, who is on walk round the state to strengthen human values was the chief guest of the programme. Principal Dr. Vincent Alva went to Brahmavar to recieve him and walked along with him to the college. The chief guest addressed the gathering on the need of keeping humanity alive. He advised the students on inculcating the human values in their life and to develop healthy lifestyle .

PUC principal Mrs SavithaHebber, staff secretary Mrs Surekhabhat and NSS programme officer Mrs AnupamaJogi were present on the dias. Dr.Jayaramshettigar, IQAC coordinator hosted the session. All the staff and students actively participated in the programme.





NSS PROGRAMME OFFICERS



IQAC coordinator



Principal

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