

#### MILAGRES COLLEGE KALLIANPUR -576114

Best practice 1. "Programs Under the Mango Tree" and "Vidyarthi Darbar"

- 1. Title of the practice- "Programs Under the Mango Tree" and "Vidyarthi Darbar"
- 2. Objectives of the practice

The main objective of this practice is,

- To build effective speaking skills among students.
- To build self-confidence.
- To encourage critical thinking.
- To provide them with practical experience in communication.
- To express personal views on given topics with clarity and confidence.
- 3. **The context-** The college, as per its vision, always deems it to be its primary responsibility to "transform the youth into responsible citizens and competent professionals." In order to visualize this the college organizes various programs for the benefit of the students. Vidyarthi Darbar programme is one such among many.Vidyarthi Durbar is a unique programme organized for the students of the college. It is completely managed by the students under the guidance of the conveners of the programme.

Under the Mango Tree is a unique programme only at Milagres College Kallianpur and it has become the talk of the town. There is a huge mango tree in the middle of the campus spreading its vast branches around, which is older than the establishment of the college itself. This tree bears fruit every year and gives shade to the students. The pedestal around the tree has been chit-chat and think-tank and mischief spot too to the students. To give a distinct and productive shape to these activities the concept called "Under the Mango Tree" was born.

4. **The practice-** Vidyarthi Darbar means the entire show managed by the students. Here the focus is given to interact with the successful achievers, entrepreneurs, socially challenged, physically challenged, philanthropists, politicians, alumni etc., in order to get the inspiration from them to face and shape their future.

Vidyarthi Darbar team will meet and discuss about the person to be invited to the campus to be interacted. Once the person is chosen, under the guidance of the staff convener the person is contacted and invited for the programme of Vidyarthi Darbar. Vidyarthi Darbar invites not only the successful persons but also the lesser privileged and challenged, in order to give a presentation of both sides of life, i.e., failure and success. By doing so the students get to know how important it is to pursue ones' passions to achieve success and make failures stepping stone to success.

On the day of the programme students will sit along with the invited guest on the stage and will have interaction with the person with a set of prepared questions with the help of staff conveners. The invited persons will speak their life which inspires the students immensely. After the formal interaction the student audience are given opportunity to interact with the person. Students will clear their doubts and ask for their doubts and suggestions. On the whole this entire exercise proves to be a very dynamic and useful to the student community.

Persons invited in the year 2020-21 is:

### MsSabitaMonis, Physically Disabled, SWC officer, Alva's College, Moodubidri

#### Under the Mango Tree

The Programs Under the Mango Tree help the students to showcase their hidden talents and help to nurture their leadership qualities. This practice in our college is mainly studentoriented. The students take the initiative of planning the event. The students are divided into groups and each group is responsible for the responsibility of planning and organising the event on weekly basis.

There are multifarious associations and clubs under different departments. And as per the University norms the college offers different credit courses such as literary associations, fine arts, sports and games, NCC, NSS, Rangers and Rovers etc., The programmes are usually conducted during the lunch break. The programmes conducted during this time makes the students to make use of the free time fruitfully. The programmes to be conducted are planned well in advance. Both curricular and co-curricular activities like debate, speeches, mock press, academic competitions, cultural programmes and competitions, dumb charade, singing competitions, food fest etc., are conducted under the mango tree. The students come up with a plan and it is discussed in respective association meetings and the particular association takes the lead to organize the programme. Some of the programmes organized are

- □ Student speakers have spoken on 'Importance of sports in day to day life', 'Impact of Covid-19', 'Online classes versus Offline classes' etc.
- □ Treasure hunt
- □ Quiz competition
- □ Activities related to English Words formation
- □ Group activities
- $\Box$  Fun games.

#### 5. Evidence of success-

Vidyarthi Durbar programme has given a new dimension to the students at their thinking. When the successful people, entrepreneurs, and successful alumni interact with the students their thinking and their focus changes to reach the better heights. The speakers speak the struggles they have faced to reach the success and achieve their goals. The students get inspired and there is appositive spin in them.

For ex., MsSabitaMonis, Physically challenged, who was born without arms, an MSW graduate, shared her life experiences with the students and encouraged the students to achieve the best in life.

Students very willingly and spiritedly take part in the under the mango tree programmes. Since the programmes are usually conducted during the lunch break, they hold back the students from going outside the campus during the lunch break. The programmes conducted strengthen the leadership qualities of the organizers and give ample opportunities to the students to exhibit their talents. That not only make the participants shoulder responsibilities but also make the campus bubble with spirit. Some students have molded themselves to be better organizers and some to be better performers in life.

For ex., Debate Competition on Nationalism: This programme has given the organizers a training to go to the students, interact with them, take the names of the participants and organize the programmes in time and in a planned way. It has given the participants the reading experience and present their views to the audience gathered under the Mango Tree. It has inspired other students to participate in the future programmes.

# 6. Problems encountered and resources required-

In the year 2020-21 students could not organize many Vidyarthi Darbar programmes due to Covid-19.

Further, under the mango tree programmes are held outdoors. Since the weather is unpredictable, at times organising event becomes difficult. The availability of proper sound system also becomes difficult. Lack of interest among students can also be found challenging

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Best practice 2:Eco friendly campus

#### 1. Title of the practice-Eco friendly campus

#### 2. Objectives of maintaining eco-friendly campus:

Milagres college Kallianpur since its beginning has strived to build a campus that is ecological friendly as a pathway to healthy, renewable, self-sustainable campus. Being a college in a rural area it is naturally surrounded by green wealth. As the college is located in clean and pollution free environment, away from city hazards it puts all its efforts to maintain an environment friendly campus with the objectives:

- Creating a concerted endeavor including workforce and the students in stimulating ecological friendly learning and practices.
- Enriching the flora around the campus, to ensure the landscape with greenery and clean air.
- Preventing environmental pollution through establishing efficient waste and recycling systems.
- Raising social awareness of the topics such as waste prevention and recycling.
- Initiating environmental friendly practices
- Undertaking community outreach programs and awareness camps regarding the need for environmental sustainability
- Encouraging pupils to ensure the viable use of available natural resources, convicted towards energy conservation and exercise waste management profoundly
- Amalgamating eco-friendly campus into policy-making with regard to curriculum and campus functioning.
- Reducing energy consumptions, ensuring pure air, improving energy efficiency in the campus through safe, secure methods involving community with in the campus

### 3. The Context:

The institution committed towards ensuring green campus as a response to environmental problems. As the saying goes "it's not easy being green", Milagres college Kallianpur is not an exception to it. The double-edged responsibility of environmental and economic concern had to be adhered sustainably. The challenges incurred are, constraint

- Area constraint: The unavailability of equitable land area required for greenery, solid and liquid waste segregation
- Economic viability: The challenge to manage economic investment in installing renewable energy conservation units, sewage treatments plants, maintaining pollution free campus
- Waste management mechanism: To analyse the most sustainable waste management mechanism to be practiced which is scientifically, ecologically and economically impeccable
- Encouraging students: Challenge in encouraging both students and the administration

to voluntarily inculcate eco-friendly practices and to maintain existing biodiversity profoundly.

# 4. ThePractice:

- Institution uses reducing, reusing, recycling activities which help in promoting sustainable and ecofriendly practices in the campus.
- College puts all its efforts to maintain beautiful lush green gardens all around the campus.

Waste Management steps including:

Solid waste management:

- College is managing the disposal of solid waste in an environment and health friendly manner.
- Whole academic building, ladies' room and surrounding areas in the campus cleaned every day.
- Separate dustbins are provided for collecting bio-degradable and nonbio-degradable waste.
- Polythene bags and other non-decomposable materials are separated and dumped or burnt into pits before disposing the organic waste.
- Plastic ban awareness programs are conducted.Dustbins are provided in all class rooms for maintaining cleanliness effectively.
- Cleanliness awareness programs, activities are done through NSS and other associations.

Liquid waste management:

- Sewage treatment plant (STP) is installed in the college hostel premises which collects the waste water generated and treats it. The treated water is used to irrigate plants and trees maintained in the college premises.
- Soak pits are provided in all buildings of the college and in ladies hostel which absorbs rain water.
- A well designed and articulated drainage system is in toilets, canteens, ladies rooms etc to avoid stagnation

E-Waste management:

- The college has negligible E-Waste. Computers, printers and other ICT equipment which cannot be used are sold to vendors for recycling or buy back schemes.
- Most eco-friendly and cost effective method for e-waste disposal is reusage.College reuses its monitors,keyboards,mouse,and other electronic instruments appropriately.
- The major e-waste such as printers, old computers, circulars, are sold out to the buyers. Other e-waste such as CDs , batteries, electronic items, are collected from every department and office and delivered for safe disposal. Resistors, capacitors of old fans, inductors, diodes, transistors, thermostats etc are useful parts are removed for reuse in practicals.

Activities of students :

- Students are given knowledge about waste management and cleanliness through activities by NSS,NCC,etc .
- These involve Swachatha andolan programs such as rallies, dramas, etc

Water conservation facilities available in the Institution:

# Rain water harvesting

Open well recharge

Construction of tanks and bunds

Waste water recycling

Maintenance of water bodies and distribution system in the campus

Green campus initiatives include:

- 1. Restricted entry of automobiles
  - 2. Battery-powered vehicles
- 3. Pedestrian-friendly pathways
- 4. Ban on the use of Plastics
- 5. Landscaping with trees and plants

Quality audits such as Green audit, Energy audit, Environment audit on environment energy regularly undertaken by the Institution

• Beyond the campus environmental promotion activities are conducted frequently.

#### 5.Evidence of Success:-

Campus is made ecofriendly by initiating environment friendly activities. And striving to develop on self sustainable bases in the areas of power,water and cleanliness

1)Clean campus initiatives

- Pollution free,dust free campus
- Partially paperless office
- Beautiful,lush green gardens.
- Miyawaki forest.
- Waste management
- Use of LED bulbs. Awareness programs, and camps by NSS.

2)Save energy initiations

- Active power management features on computers
- Alternate source of energy solar panels.,LED bulbs.

#### 6.Problems Encountered and Resources Required:

1. The unavailability of equitable land area required for greenery, solid and liquid waste segregation

2. Problems in getting a good public transport facility in the neighbourhood .

3.Frequent power cuts.

4. The challenge to manage economic investment in installing renewable energy conservation units, sewage treatments plants, maintaining pollution free campus

5.To analyse the most sustainable waste management mechanism to be practiced which is scientifically, ecologically and economically impeccable

6.Challenge in encouraging both students and the administration to voluntarily inculcate eco-friendly practices and to maintain existing biodiversity profoundly.

7.Need more support from the government for taking green initiationssuch as support in getting more solar panels, recycling machines etc.

8. proper parking space



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