Phone: 0820-2580235, Fax: 2583268
Email ID:milagrescollege@gmail.com
Website: http://milagrescollegekallianpur.edu.in



#### MILAGRES COLLEGE, KALLIANPUR, UDUPI

#### Post Graduate Department of Social Work

ACTIVITY: Adjustment between senior citizens and youth.

Date: 5/10/2019

Venue: Government PU College, Kemannu

In Collaboration with: Goretti Hospital, Santhekatte.

Resource Person: Mr. Ganesh, Co-Ordinator Senior Citizens Help Line Center

Udupi.

President of the programme: Mr. Krishnamoorthy Principal Govt. PU clg

Kemannu

Chief Guests: Mr. Lingraju Head Master, Govt. high school Kemannu

Mr. Rakesh Supervisor of the agency

Members attended: Students

Number of beneficiaries: 100

Procedure:

The Post Graduate Department of Social Work Milagres College Kallianpur,

Goretti Hospital kallianpur Santhekatte. And Government PU College Kemmannu jointly organised "Adjustment between Senior Citizens and Youth" Information programme on 5-10-2019 at government PU college Kemmannu..

The president of the programme was Mr.krishnamoorthy principal Government PU college Kemmannu. Mr.Ganesh Co-ordinator Senior Citizen help line Udupi was the resource person of the programme. He stressed upon the adjustment between Senior and Youth in now a days in the society.

Mr. Lingraju H.M. Government High School Kemmannu. Mr.Rakesh Coordinator Goretti hospital kallianpur were the chief guests of programme. This programme was jointly organised by Ms.Rakshitha.k, Ms.Sunitha.p, First MSW Milagres College Kallianpur and Ms.Bagyashree, Ms. Pooja shetty Mr.Shivkumar First MSW Government First grade college tenkanidiyur.



Organization Supervisor



Programme Coordinator
P.G. Department of Social Work
Milagres College Kallianpur

Principal

MHagres College Kallianpur-576 112

Uuupi Dt., Karnataka



#### Post Graduate Department of Social Work

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Principal

MHagres College Kallianpur-576 112

Uuupi Dt., Karnataka

# MILAGRES COLLAGE, KALLIYANPUR-576114

# Post Graduate Department of Social Work

" Ambara 2018" Name of summer camp:

05-04-2018 and 06-04-2018 Date

: Government Model Higher Primary School, Venue

Hangarakatte, Airodi

: PG Department of Social Work, Milagres College Collaboration

Kallianpur.

Mrs. Lakshmi Vice -President, SDMC, Government President

Model Higher Primary School Hangarakatte, Airodi.

: Mrs, sesu Head Mistress Government Model Higher Inauguration

Primary School Hangarakatte, Airodi

: Mr.Prasad salikeri ,Artist, Bhramavara. Resource Person

Mrs. Chaitra Kotiyan, Assistant Professor PG Department of Commerce, Milagres College

Kalliyanpura

Mr.Rohit Baikadi Theator Director,

Bhoomica(Reg) Haradi

Mrs.Pallavi Bhat, Drawing teacher, Milagres

English Medium School Kallianpur

Mr.Lakshman Suvarna Physical Director, Chief Guest

Government Model Higher Primary School

Hangarakatte, Airodi.

Mr. Vignesh, Assisteant Professor PG department of

Social Work, Milagris, college, Kallianpur Mr. Mohammed Naseer, Assistant Professor PG Department of Social Work, Milagres college

Kallianpur.

Students of Government model higher primary Beneficiaries

School, Hangarakatte, Airodi.

Nunber of beneficiaries: 47 students of Government model higher primary

School, Hangarakatte, Airodi.

PG department of social work, Milagres College, Kallianpur had Organised Summer camp "AMBARA-2018". Mrs. Lakhsmi, Vice-president, SDMC, Government model higher primary school, Hangarakatte, Airodi, Mrs. Sesu, head mistress, Government model higher primary school, Hangarakatte, Airodi, Mr. Lakshman Suvarna, Physical director Government model higher primary school, Lakshman Suvarna, Physical director Government model higher primary school, Hangarakatte, Airodi, Mr. Vignesh, Assisteant Professor PG department of Social Work, Milagres, College, Kallianpur. Mr. Mohammed Naseer, Assistant Work, Milagres, College, Kallianpur. Mr. Mohammed Naseer, Assistant Professor PG Department of Social Work, Milagres college Kallianpur, have also shared opinion about the Programme, later sessions of resource person have started.

"Varna":-

From 11:00 am 12:30 pm the session called "Varna" drawing session was taken by Mr. Prasad Salikeri, painter Bhramavara he was given some information about painting for children. This session have become good platform for the children to show their talent for this session Mrs. Sulata Bai, Assistant Teacher, Govt. Model Higher Primary School Hangarakatte, Airodi have taken president ship.

" Bayalu Aata "

From 1.15 pm to 3.00 pm camp co-ordinater have played some games like "Dog and the Bone" and have thought action songs. co ordinaters have also mingled with children while playing in this session children have enjoyed well.

"Nrutyotsava"

From 3.00 pm to 4.00 pm the president ship of "Nrutyosava" session was taken by Mr. Sharath, student, PG department of social work, Milagres college, Kallianpur for this session Mrs. Chaitra Kotiyan, Lectures, PG Department of Commerce, Milagres College, Kallianpur was the resource person. They have thought folk dance training for the campers. This helped the campers to explore their talent.

#### Second day of summer camp

"Manana"

On 6th April 2018, Friday from 9.30 A.M to 10.00 A.M "Manana" evaluation have conducted by co-ordinator. In this session co-ordinater have discussed about experience of 1st day of Summer Camp.

"Natana"

From 10.00am to 12.30 pm the president ship of "Natana" session was taken by Mr. Vignesh, Lecturer, PG Department of Social Work Milagres College, Kallianpur. For this session resource person was Mr. Rohit Baikadi, Theater Director, Bhoomika Haradi, have given acting training for children.

"Kowshala"

From 1:15 pm to 3:00 pm "Kowshalya" session was conducted and its president ship was taken by Mrs. Usha Rani, Assistant teacher Govt. Model, Higher Primary School Hangarkatte, Airodi and the resource person of this session was Mrs. Pallavi Bhat Drawing Teacher Milagres English Medium School Kallianpur. In this session children have learnt how to do craft.

"Samskratika Rasasanje"

To develop intrest in cultural field cultural program was conducted for campers. The talent like songs, dance skit and more things were performed by campers.

"Ambara-2018" Holeyuva Nakshatragala Aagara. 2 days summer camp was conducted with the collaboration of Govt. Model Higher Primary School Hangarkatte, Airodi have become success.

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Uuroi Dt., Karnataka

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#### RES COLLEGE, KALLIANPUR -576114

#### Post Graduate Department of Social Work

Activity: Annual Competitions

Date: 08/03/2017

Venue: Post Graduation class rooms (MSW and M.Com) and Post Graduation Library.

Conveners: Mr. Vignesh and Ms. Chaithra, Faculty Members, Post Graduate Department.

Milagres College, Kallianpur

Participants: MSW and M.Com Students.

Post Graduate Department of Social Work and P. G. Department of Commerce, Milagres College had organized a one day Annual Competition to MSW and M.Com students on 08/03/2017. The winners were honored in Prathibha Puraskar Program scheduled on 09/03/2017. The judges for the events were from the various departments of Milagres College, Kallinapur and for few events like Singing and Paper King and Paper Queen, external professionals were invited. All together there were 10 enthusiastic competitions scheduled from 9.30am to 4.30pm.

The list of competitions and the winners are as follows:

#### 1. Solo Singing

First Place: Ranjith Kumar, II MSW

Second Place: Soundarya, I MSW

#### 2. Best Out of Waste

First Place: Suchetha, II MCom

Second Place: Second Place: Sharol, II MCom and Sunil M. I MSW

#### 3. Collage

First Place: Ashwini I MSW

Second Place: Akshatha I MSW

#### 4. Mono Act

First Place: Deeksha, II M Com

Second Place: Ramya, I MSW

#### 5. Mehandi

First Place: Sushma, II MCom

Second Place: Ashwath, II MSW

#### 6. Pick and Speak

First Place: Sathwik, I MSW

Second Place: Mahesh M. II MSW

#### 7. Pencil Art

First Place: Nishanth, I MSW

Second Place: Sanjay Kumar, I MSW

#### 8. Paper King and Queen

First Place: Ashmitha and Sharol, II Mcom

Second Place: Ranjitha and Nishanth, II MSW

#### 9. Group Singing

First Place: Ashmitha and Team, II MCom

Second Place: Ranjith Kumar and Team, II MSW

#### 10. Group Fancy Dress

First Place: Marvin and Team, II MSW

Second Place: Sanjay and Team, I MSW

Few glimpses of the competitions are as follows:





**Solo Singing** 



**Group Singing** 

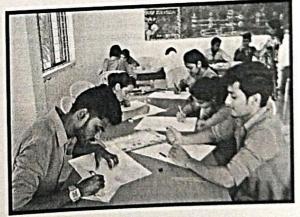


Mehendi Competition



**Fancy Dress Competition** 

Collage Competition



Pencil Art





Paper King and paper Queen

Programme Convener

Coordinator,

Post Graduate Department of Social Work

Milagres College, Kallianpur

Principal

Magres College Kallianpur-576 \*\*\*

Lucol Dt., Karnataka



# MILAGRES COLLEGE, KALLIANPUR UDUPI. Post Graduation Department of Social Work.

Activity: Community extensive Program.

pate: 03 November 2019

Venue: Government Higher Primary School, Belkale, Lakshminagar.

In collaboration with: National Institute For SHG Training, Ambalpady. Pragathi

Resource person: Mrs. Muktha, ASI, Women Police Station, Udupi.

President of the program: Mrs. Jayalakshmi, Pragathi Okkuta President.

Inaugurator of the program: Mr. Ashok.k, Principal, NIST Ambalpady.

Guests: Mr. Vignesh Thekkar, Co-ordinator, Milagres College Kallianpur, Udupi. Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector. Mr. Amit, Sevaprathinidhi, Lakshminagar.

Members Attended: Self-Help Group Members.

Number of Beneficiaries: 50.

Post Graduate Department Of Social Work, Milagres College Kallianpur & National Institute For SHG Training Ambalpady, Shri Kshethra Dharmastala Rural Development Project, Malpe sector Jointly organized Informative program on "Domestic Violence" On 03 November 2019 at Government Higher Primary on "Domestic Violence" On 03 November 2019 at Government Higher Primary School, Belkale Lakshminagar. The program began with inaugural ceremony. Mr. School, Belkale Lakshminagar. The program began with inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. K Principal, National Institute For SHG Training was the inaugurator, Mrs. Ashok. Education of the program and Mrs. Muktha, ASI, Women Police Jayalakshmi, President of the program and Mrs. Muktha, ashout "Domestic Violence". Station Udupi, was the resource person. She spoke about "Domestic Violence". Station Udupi, was the resource person. She spoke about "Domestic Violence".

Vignesh Thekkar, Coordinator, P.G dept. Of Social Work, Milagres college Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector. Mr. Amith. Fallianpur. Welcomed the program.

Supriya V. welcomed the Gathering; Ms. Smitha was the MC of the Ms. programme. 50 SHG members are benefited by this program.





Program Convener

Principal
Principal
Principal
Nikagres College Kallianput-576 11\*
Uuupi Dt., Karnataka



# MILAGRES COLLEGE, KALLIANPUR UDUPI. Post Graduation Department of Social Work.

Activity: Community extensive Program.

pate: 03 November 2019

Venue: Government Higher Primary School, Belkale, Lakshminagar.

In collaboration with: National Institute For SHG Training, Ambalpady. Pragathi

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President of the program: Mrs. Jayalakshmi, Pragathi Okkuta President.

Inaugurator of the program: Mr. Ashok.k, Principal, NIST Ambalpady.

Guests: Mr. Vignesh Thekkar, Co-ordinator, Milagres College Kallianpur, Udupi. Mr. Vasanth Devadiga, Supervisor, SKDRDP Malpe sector. Mr. Amit, Sevaprathinidhi, Lakshminagar.

Members Attended: Self-Help Group Members.

Number of Beneficiaries: 50.

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Program Convener

Principal
Principal
Principal
Nikagres College Kallianput-576 11\*
Uuupi Dt., Karnataka



#### Post Graduation Department of social work.

Activity: Awareness programme on Rajeevaa Gandhi Grameena vasathi Yojana

pate: 11/10/2019

Venue: Deepa Jyothi network of positive people, Ajjarakadu, Udupi.

In Collaboration with: Deepa Jyothi network of positive people. Ajjarakadu,

Udupi.

Resource person: Mr. Priyadarshan. Noodal panchayath officer. Kunadapura President of the programme: Mr. Santhosh shetty president Of Deepa Jyothi network of positive people.

Chief Guests: Mr. Mahabalesh. DEPCU

Mrs. Akshatha shetty. Assistant professor in P.G department of social work. MCK. Kallainpura.

Members Attended: Deepa Jyothi network of positive people members.

Number of beneficiaries: 50 Members.

#### Procedure:

On 11th October 2019 post graduate Department of social work milagres College kallainpur .organised awareness programme on "Rajeeva Gandhi grameena Vasathi Yojana" For positive people at Deepa Jyothi network of positive people Ajjarakadu, Udupi.

The programme began with inaugural ceremony Resource person Mr. Priyadarshan noodal panchayath officer, Kundapur. Mr. Santhosh shetty president of the programme. Mr. Mahabalesh DECPU. Mrs. Akshatha shetty Assistant professor P. G department of social work MCK. Mrs Shanthi narohna Coordinater and were the present on the stage..

Mrs. Shanthi narohna welcomed the Guests and members of Deepa Jyothi network of positive people. After the presidential remark by Mr. Santhosh shetty president of deepa Jyothi network of positive people. Resource person Mr. Priyadarshan gave information talk on "Rajeeva Gandhi Grameena Vasathi Yojana". The Trainees's And group members had discussion on the topic end the programme was well organized and the Resource person addressed various issues about financial, Schemes, House, Panchayath, place, condition of the positive people 40 members are benefitted by the programme Ms. Nayana H. N. rendered vote of thanks. Ms. Supritha mastered the ceremony.









Programme convener

Principal
Principal
Milagres College Kallianpur-576 11Uduni Dt., Karnataka





# MILAGRES COLLEGE KALLIANPUR UDUPI Post GraduateDepartment of Social Work

Activity: Chiguru Activities Programme

Date: 07/11/2019

venue: KarunyaSpecial School Ambalpady, Udupi

Collaboration with: Milagress College Kallianpur Udupi and Karunya Special School

Inaugurator:Mr.SachidanandaBhat

Chief Guests: Mr. Vignesh Thekkar (Coordinator, P.G. Department of MilagresCollege, Kallianpur) social work,

Mrs. Reshma K. AssistantProfessor, P.G.Department of Social Work.

Milagres College, Kallianpur.

Member Attended: KarunyaSpecial School teachers, students and parents.

Number of Beneficiaries: 32 Members.

On 07th November 2019 Post Graduate Department of Social Work Milagres College Kallianpur, and Karunya Special School, Ambalpady hadorganized "Chiguru" an Activity Programme" in Karunya Special School for special children.Mrs Agnes H Kundar, Head Mistress of the school had presided over the program. In her presidential remark she had spoken about the social work trainee's learning and service in the special school. She also brought in the points related to the need in welfare of the special children. Mr. Sacchidananda Bhat, Trust member, Karunya Special School had inaugurated the program. He also appreciated the trainees concern and the opportunities for the special children. Mr. Vignesh Thekkar, Coordinator, P.G.Department of Social work Milagres College, Kallianpur and Mrs. Reshma K, Assistant Professor, P.G.Department of Social Work, Milagres College, Kallianpur were the chief guests of the programe. Mr. Vignesh, had thanked the Karunya Special School, for the learning opportunities provided for the social work trainees and then

congratulated the students for the activity program. Mr.Chethan Chouhan was the master of the ceremony. Ms. Supritha Shetty had welcomed the guests and Mrs. Shilpa, Teacher, Karunya Special School had proposed the vote of thanks. Thus the formal program was winded up.

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the second half of the program was the activity programs. The special children had a the second participation in the competitions. They had also exhibited their special talents sportive Programmers are as follows: 01) Musical Chair 1st Prize Kumar. Pranad and 2nd Prize Kumar. Arush

01) Plassing the Ball 1st Prize Kumari. Ayaisha and 2nd Prize Kumar. Arush
02) Passing the Ball 1st Prize Kumari. Ayaisha and 2nd Prize Kumar. Arjun

02) Passagame 1st Prize Kumar. Pavan and 2nd Prize Kumar. Arj

03) 1 July 1 Prize Kumar, Prize Kumar, Saketa
04) Limbu in the spoon 1st Prize Kumar, Ravindra and 2nd Prize Kumar, Anash the Chiguru activity program was arranged and executed for the special children of Karunya Special School.

# Few glimpses of the program:





Organization Supervisor PG Department of Social Work Milagres college Kallianpur

Programmer coordinator

Magres College Kallianpur-578 1 ... Duot Dt., Kamalaka



# MILAGRES COLLEGE, KALLIANPUR-576114 Post Graduate Department Social Work

Activity: Buzz Group & Cultural Awareness

Name of the Programme: Cultural Swap

Date:19-11-2016

Venue: AV hall Mck

Collaborations: FSL-india, shettar katte kundapur,

Resource persons: Mr.Adrian, Mr.Felix, Ms.Evrim, Ms.Sophia, Ms.Valeria

(FSL Volunteers, from Germany and Greek)

President: Dr. Gerald Pinto, (Principal, Milagers College, Kalyanpur)

Inaugurator: Ms.Marta (coordinator of Fsl-india shettar katte kundapur)

Chief Guests: Mr.Rayan Mathias (Coordinator of MSW Department MCK)

Beneficiaries, Choice Based student, 1st MSW Students (MCK)

Number of Beneficiaries: 87



Inaugurating the Programme



President Speech





Cultural Activity conducting for Resource persons

Resource person session Conducting

Udupi: Post Graduate Department of Social Work, Milagres College, Kallianpur in association with Field Services and Inter Cultural Learning Volunteer, Kundapur (FSL India), organized "Cultural Swap" an interactive programme of FSL volunteers (from Germany and Greek) with Choice Based Credit System (CBCS) and Ist MSW students on 19<sup>th</sup> November 2016 at A.V.Hall Milagres College, Kallianpur.

Ms.Martha, Coordinator of FSL India had inaugurated the programme. Dr.Gerald Pinto, Principal, Milagres college Kallianpur had presided the programme. FSL volunteers Mr.Adrian, Mr.Felix, Ms.Evrim, Ms.Sophia, Ms.Valeria (FSL Volunteers, from Germany and Greek) were the resource persons of the programme. Mr. Rayan Mathias, Co-ordinator, P.G.Department of Social Work, Milagres College was the chief guest of the programme.

The Formal programme was followed by interactive sessions by the FSL volunteers, included manifold discussions on various facets of culture like, family, education, social celebrations etc where by the volunteers shared their cultural practices with students and students had shared the Indian culture with the volunteers of FSL.

Coordinator

**Programme Coordinator** 

Post Graduate Department of Social Work Milagres College, Kallianpur

Magres College Kallianpur-J.

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# MILAGRES COLLEGE, KALLIANPUR-576114 Post Graduate Department of Social Work

Activity: Entertainment Program

Name of the programme: Elderly Day Celebration

Date-14-10-2017

Venue-Ozonam Old age Home Santhekatte

Collaborations:

Goretti Health Care Institution

PG Department of Social Work, Milagres College, Kallianpur

P.G.Department of Social Work, Govt. First Grade College, Kaup

➤ P.G.Department of Social Work, Govt First Grade College, Thenkanidiyuru

President: Sr. Benny GEOWANT TO SWE FOR THE AGED SANTHEKATTE

Chief Guests:

Mr.Rayan C Mathais, Coordinator, PG Department of Social Work, Milagres

College, Kallianpur

Mr.Rakesh Jathan Social Worker, Goretti Health care Institution, Santhekatte,

Kallianpur

Beneficiaries: Inmates of Old age Home

Number of Beneficiaries: 50

PG Department of Social Work, Milagres College, Kallianpur in collaboration with P.G.Department of Social Work, Government First Grade College, Kaup, P.G.Department of Social Work, Government First Grade College, Thenkanidiyuru and Goretti Health Care Institutions, Santhekatte celebrated elderly day at Ozonam old age home, Santhekatte, Kallianpur. Sr. Benny had presided over the programme and also inaugurated the program. She appreciated students efforts in

organizing the programme and explained why students should organize such kind of programmes to elderly people and how these programmes would help them to understand their situations . Mr. Rayan C Mathais Coordinator of P.G .Department Social Work Milagres College, Kallianpur and Mr. Rakesh Jathan, Social Worker Goretti Health Care Institution, Santhekatte, Kallianpur had mentioned about the need of this programme. On this day Social work trainees had conducted 5 activities, 3 group songs, 2 group dances and 2 action songs.

Mr. Chesong Terang, Mr. Krishna, Mis. Akshata G Naik, Mr. Prodip Kro, Mr. Girish R Naik, Mis. Deeksha D Naik, were the programme organizers

Few glimpses of the programme





Programme Coordinator

Programme coordinator

Post Graduate Department of Social Work

Milagres College, Kallianpur.

## Post Graduate Department of Social Work

Activity: Senior citizen Day

Date: 27th October 2018

Vanue: Ozonam old age home ,Kallianpura

Organised By:M.S.W Milagres college students and Thenkanidiyur College MSW students, Goretti Hospital.

Guests: Sr. Savita, Incharge of Ozonam old age home. Mrs Ashwita Dsouza, Asst. Professor of Mswdepartment of Milagres College, Kallianpur, Ms Amruta, Asst. Professor Msw department of Tenkan Idiyuru. Mr Rakesh, Coordinator of Pariwar De-Addiction Centre, Goretti Heath Care institution.

Members Attended: Ozonam Sister's, Goretti Institution Supervisor, Facultyincharge of Milagres College and faculty incharge of Tenkanidiyur College.

Faculty coordinator of the programme: Mrs. AshwitaDisoza

On 27<sup>th</sup>October 2018Milagres College and TenkanadiyuruGvt College MSW Social Work trainees Organized Senior citizen Day

The programme began with prayer led by Social work trainees.Sr. SavitaIncharge ofOzonamold age home inaugurated the programme by lighting the lamp. MsAshwitaDsouza, lecturer ofMSW Department Milagres college, MrsAmruta lecturer MSW Department Tenkanadiyuru,Mr Rakesh Supervisor of Goretti Health Care Institution were present and addressed the gathering.

Mr Mohit-student social worker of Milagres CollegeWelcomed the guests and dignitaries.MrMojas -student socialworker Thenkanidiyur College rendered vote of thanks. Ms Prema—Student social worker Thenkanidiyur College did the MC. After the formal programme trainee's conducted the activities for old age people. Three activities were conducted such as Memory game, Ribbon game, Number game. Then social work trainees of Milagres college and Thenkanidiyur college performed cultural events like - singing, skit, group dance etc.At the end AshwithaDsouza lecturer of Msw department of Milagres Collegeofferted a plant as a token of appreciation to Ozonam old age home incharge sister and by this the programme was concluded.

Principal

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#### Post Graduate Department of Social Work

Activity: Fresher's Day - 2018

Date: 17-9-2018.

Venue: Audio- Visual Room, Milagres College, Kallianpur

In Collaboration with: Post Graduate Department of Commerce

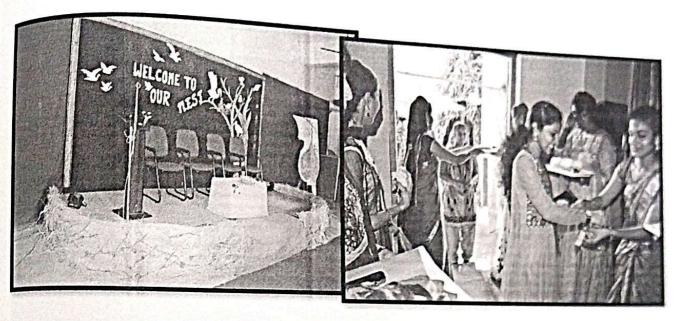
Guests: Rev. Fr. Lawrence C. D'Souza, Correspondent, Milagres Educational Institutions, Kallianpur Dr. Vincent Alva, Principal, Milagres College, Kallianpur.

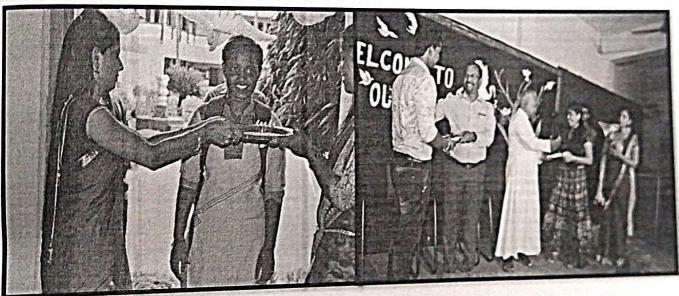
Members Attended: Teaching, Non-teaching staff and students of PG studies Milagres College, Kallianpur.

Faculty Coordinator of the programme: Mr. Vignesh, Coordinator, MSW Dept., Mr. Ganesh Nayak, Asst. Professor, Mcom Dept.

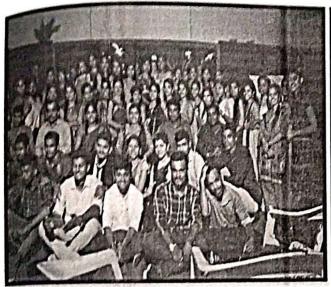
Student Coordinator of the programme: Ms. Akshatha and Mr. Shrikanth, IInd MSW, Ms. Soumya Nayak and Ms. Monisha, IInd Mcom.

On 17 September 2018 senior students of Post Graduate Department, Milagres College Kallianpur have organized Fresher's Day Programme for 1<sup>st</sup> year PG students. Programme was started with welcoming the guest and fresher's in a traditional way followed by formal function. Rev. Fr. Dr. Lawrence C. D'Souza, Correspondent of Milagres Educational Institutions was the President of the programme and Dr.Vincent Alva, Principal of Milagres College, Kallianpur Chief Guest of the programme. Mr. Vignesh, Coordinator of MSW Dept. and Mrs. Chaithra Kotian, Coordinator of Mcom Dept. were present on the stage. Ms. Anusha Acharya, welcomed the gathering, Ms. Bhavani, render the vote of thanks. Mr, Chesong Terang, and Ms. Swathi Shetty did the master of ceremony. After the formal function students conducted various entertainment games and cultural progammes.











Programme Convener

Coordinator

PG Dept. of Social Work, Milagres College, Kallianpur



## Post Graduate Department of Social Work

Activity: Fresher's Day - 2018

Date: 17-9-2018.

Venue: Audio- Visual Room, Milagres College, Kallianpur

In Collaboration with: Post Graduate Department of Commerce

Guests: Rev. Fr. Lawrence C. D'Souza, Correspondent, Milagres Educational Institutions, Kallianpur Dr. Vincent Alva, Principal, Milagres College, Kallianpur.

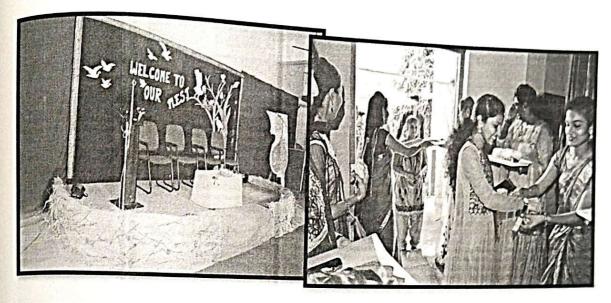
Members Attended: Teaching, Non-teaching staff and students of PG studies Milagres College, Kallianpur.

Faculty Coordinator of the programme: Mr. Vignesh, Coordinator, MSW Dept., Mr. Ganesh Nayak, Asst. Professor, Mcom Dept.

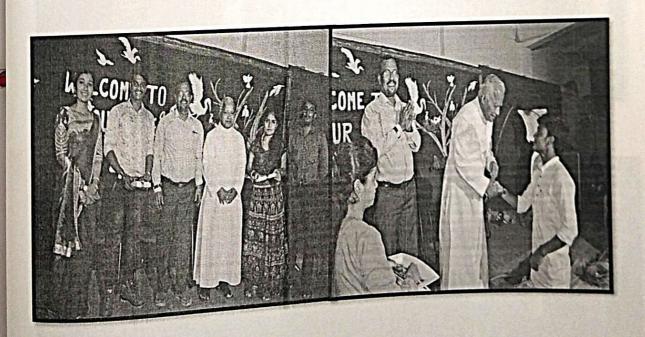
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Few Glimpses of the Programme:











Programme Convener

Coordinator

PG Dept. of Social Work, Milagres College, Kallianpur

Principal
Magres College Kallianpur-576 \*\*\*

Guopi Dt., Karnataka



# Post Graduate Department of Social Work

Activity: KALANJALI -2018, Interclass Cultural Fest.

pate: 15-10-2018

Venue: Silver jubilee Hall, Milagres College, Kallianpur.

In Collaboration with: Post Graduate Department of Commerce.

Guests: Dr. Vincent Alva, Principal, Milagres College, Kallianpur.

Mr. Ravinandan Bhat. Garadimajal, Mrs. Pallavi Bhat. Kallianpura

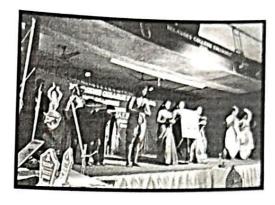
Members Attended: Teaching, Non-teaching staff and students of PG studies Milagres College, Kallianpur.

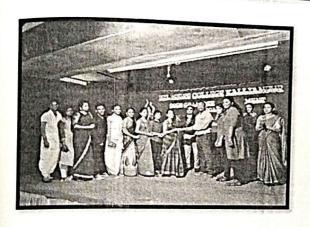
Faculty Coordinator of the programme: Mrs. Chaitha Kotian- Coordinator, Mcom Dept, Mrs. Amrutha Lewis- Office assistant, PG dept and Mrs. Nagarathna K. H., Librarian, PG dept

On 15 October 2018 Post Graduate Departments of Milagres College Kallianpur organized KALANJALI-2018 an one day Inter-class Cultural Fest for the PG Students. The programme began with Inaugural Ceremony, Dr. Vincent Alva-Principal of Milagres College Kallianpur was the inaugurator, Mr Ravinandan Bhat, Garadimajal and Mrs. Pallavi Bhat, Kallianpura were the chief guests and judges for all the events of the day. Mr. Vignesh- Coordinator of MSW dept, Mrs. Chaithra Kotian Coordinator of Mcom dept were present over the stage. Mrs. Chaithra welcomed the guests and dignitaries, Mrs. Amrutha Lewis, Office Asst. PG dept. rendered Vote of thanks. Mrs. Akshatha Shetty, Asst. Professor did the MC. After the formal programme Students participated in different cultural events like- Folk Dance, Group Singing, Solo Singing, Mime Show, Skit and Your Choice. 2<sup>nd</sup> MSW bagged overall championship and 1<sup>st</sup> com bagged runner up trophy and 2<sup>nd</sup> Mcom and Ist MSW got consolidation award. Dr. Vincent Alva, Principal Milagres College, Kallianpur distributed the prizes in valedictory programme. Dr. Raghavendra Assit. Professor did MC and Mrs. Ashwitha, Asst. Professor rendered vote of thanks.

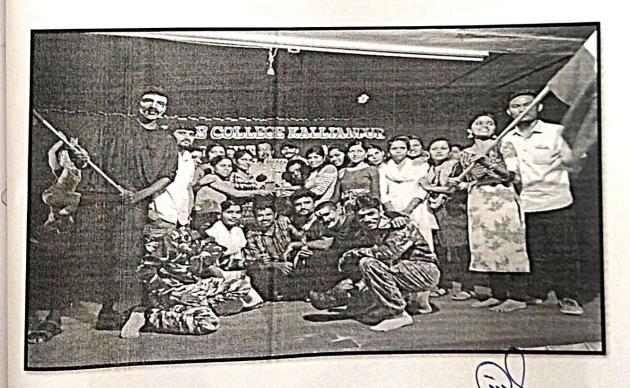
Few Glimpses of the Programme:











Programme Convener

PG Dept. of Social Work, Milagres College, Kallianpur

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#### Post Graduate Department of Social Work

Activity: KALANJALI -2018, Interclass Cultural Fest.

Date: 15-10-2018

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In Collaboration with: Post Graduate Department of Commerce.

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Mr. Ravinandan Bhat. Garadimajal, Mrs. Pallavi Bhat. Kallianpura

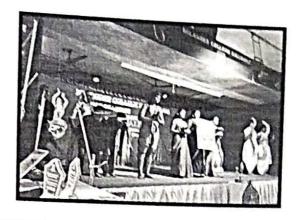
Members Attended: Teaching, Non-teaching staff and students of PG studies Milagres College, Kallianpur.

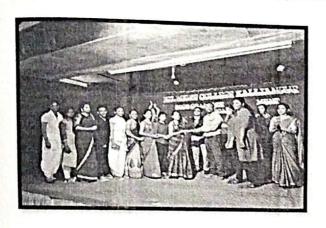
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Few Glimpses of the Programme:











Programme Convener

PG Dept. of Social Work, Milagres College, Kallianpur

Coordinator



#### Post Graduate Department of Social Work

Activity: Observation Visit Report

Date: 31 July 2019

Organizations Visited: MTL Manipal, Dr. AV Baliga Hospital Doddangudde, CWC-

Namma Bhoomi Kundapur

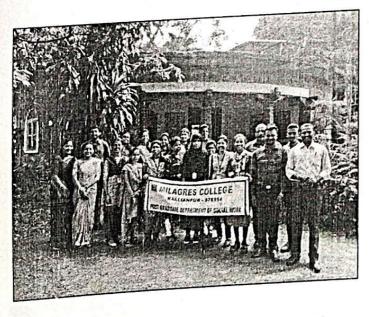
Members Attended: MSW faculties and 2<sup>nd</sup> MSW students

No of Beneficiaries: 14

Faculty Coordinator of the programme: Mrs. Akshatha Shetty Asst. Professor, MSW Dept

Observation visit for 2<sup>nd</sup> MSW students. 10 students along with 4 faculties started from college at 9.30 AM. First they visited MTL Manipal. Mr. Raghuram Raj Assistant IIR Manager, oriented students about the structure and function of the Industry. Orientation started with observation of machinery function of the unit followed by interactive session. After that they visited, Dr. AV Baliga Psychiatric Hospital Doddangudde, Mr. Lohit K. Counsellor lead the students to the ward visit and oriented students about Mental Health and function of the organization. At last they have visited CWC- Namma Bhoomi Kundapur Mr. Shivanad Shetty- Co-director had interaction with students and explained students about organization history and different programmes of CWC

#### Few Glimpses of the Programme:







Programme Convener

P.G. Dept. of Social Work, Milagres College, Kallianpur



## MILAGRES COLLEGE, KALLIANPUR, UDUPI

#### Post Graduate Department of Social Work

Activity: Orientation Visit

Date: 29 September 2018

Place Visited: Hangyo Ice Cream Pvt Ltd. Heroor, Parivarthana Rehabilitation

Centre, Kota, FSL-India, Shetrakatte, Kundapura

Members Attended: Mr. Vignesh, Coordinator MSW Dept, Mrs. Akshatha Shetty, Asst. Professor and 1<sup>st</sup> MSW Students.

Faculty Coordinator of the programme: Mr. Vignesh- Coordinator MSW Dept, Mrs. Akshatha Shetty Asst. Professor

On 29 September PG dept. of Milagres College Kallianpur organized Orientation visit for 1<sup>st</sup> MSW students. 13 students along with 2 faculties started from college at 9.30 AM. First they visited Hangyo Ice Cream Pvt Ltd, Heroor. Mrs. Shruthi, HR Executive oriented students about the structure and function of the Industry. After that they visited Parivarthana Rehabilitation Centre Kota, Mr. Ashwath, Counsellor oriented students about Mental Health and function of the organization. At last they visited FSL-India, Shetrakatte, Kundapura Mr. Manjesh and Mr. Dinesh explained students about their organization history and different programmes.

#### Few Glimpses of the Programme:





Programme Convener

Coordinator

P.G. Dept. of Social Work, Milagres College, Kallianpur



#### MILAGRES COLLEGE, KALLIANPUR, UDUPI

#### Post Graduate Department of Social Work

Activity: Federal Bank Memorial foundation 'SPEAK FOR INDIA' Competition

Report

Date: 14-9-2018

Venue: Audio-Visual Room, Milagres College, Kallianpur.

In Collaboration with: Vijaya Karnataka, Times of India.

Members Attended: Mr. Vignesh, Coordinator, MSW Dept. Mrs. Aswitha Shelet D'souza, Asst. Professor, MSW Dept. and Mrs. Akshatha Shetty A., Asst. Professor. MSW Dept and 54 student contestants from various Colleges of Udupi Districts and event management committee members, News reporters.

Federal Bank Hormis Memorial Foundation in collaboration with The Times Of India and Vijaya Karntaka have organized SPEAK FOR INDIA-KARNATAKA EDITION 2018- a state level inter-collegiate debate competition, at the district level, held on 14<sup>th</sup> september 2018 at Milagres College, Kallianpur. 54 Students from various college of Udupi district have participated in the competition. Mr. Vignesh, Coordinator, MSW Dept. Mrs. Aswitha Shelet D'souza, Asst. Professor, MSW Dept. and Mrs. Akshatha Shetty A., Asst. Professor, MSW Dept participated as judges. Glimpses of the Programme:



Programme Convener

PG Dept. of Social Work, Milagres College, Kallianpur

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# MILAGRES COLLEGE, KALLIANPUR, UDUPI

# Post Graduate Department of Social Work

Activity: Federal Bank Memorial foundation 'SPEAK FOR INDIA' Competition

Report

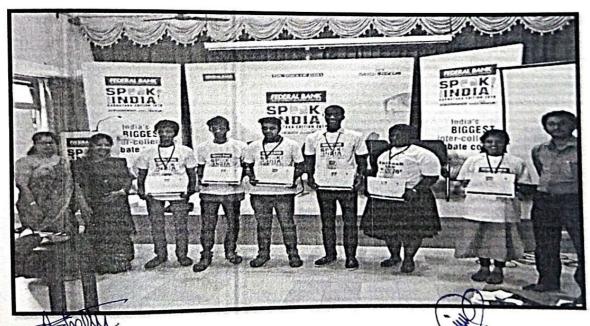
pate:14-9-2018

Venue: Audio-Visual Room, Milagres College, Kallianpur.

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Programme Convener

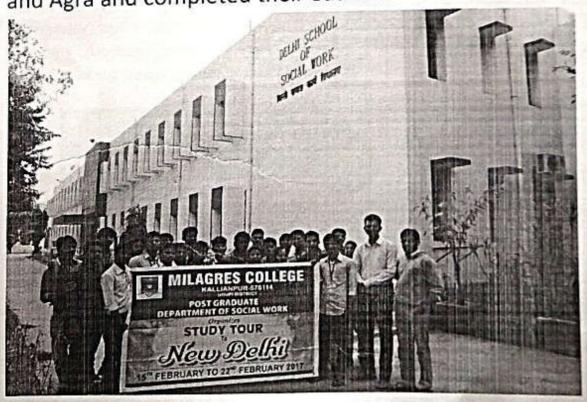
PG Dept. of Social Work, Milagres College, Kallianpur

# Study town to New Delhi - 2017

On 15-2-2017, 27 students of second year, post "Graduate Department of Social Work ", Milagres College, Kallianpur, Udupi had been to New Delhi with two of their lecturers, as a part of educational tour.

The team of Students along with their lectures visited School of Social Work which belongs to Delhi University as a part of educational tour. Mr.Manoj, the head of the department of the institution and Mr. Sangappa, the Research student of the institution, addressed the students visited.

The students also visited famous tourist spots like Redport, Kutub Minar, Rajghat and Tajmahal around Delhi and Agra and completed their educational tour on 22-2-2017.





#### MILAGRES COLLEGE, KALLIANPUR, UDUPI

#### Post Graduate Department of Social Work

Activity: Study Tour

Date: 13/10/2019 to 19/10/2019

Place: Goa

Organizations visited: Paul John Distilleries, Jan Shikashan Sansthan, Tangentia, Konkan Development Society, Chikitsa Mother Care Hospital.

Excursion: Basilica of Bom Jesus, Se Cathedral, Museum Of Christian Art, Arvalem Water Falls,-Temple-Cave, St. Augustine's Church, Reis Magos Fort, Aguada Fort, Archeological Site Museum, Old Goa.

Members present: 10 2nd MSW students, Mr. Joseph Anil Danthy, Mrs. Akshatha Shetty.

Faculty Coordinator of the programme: Mr. Joseph Anil Danthy.

Post Graduate Department of Social Work had organized 'STUDY TOUR-2019' to Goa. For 2<sup>nd</sup> MSW students from 13 October 2019 to 19 October 2019.

On October 13, 2019 the students along with faculty members travelled to Goa from Udupi Railway Station at 7:50am and reached Madgaon Railway Station at 1:45pm and moved to Pilar Animation Centre, Goa to the accommodation as planned before.

On October 14, 2019 students along with faculty members had visited Paul John

Distilleries, Tangentia and Jan Shikshan Sansthan.

On October, 2019 students along with faculty members visited Konkan Development Society and Chikitsa Mother Care Hospital.

On October 16, 2019 students accompanied faculty members for visiting historical places like at Goa, Basilica of Bom Jesus, Se cathedral, Museum of Christian Art, Harvalem waterfalls, Cave Temple and Arvalem Caves.

On October17, 2019 the students and faculty members visited St. Augustine Church, Reis Magus Fort and Aguada fort, Archaeological Site Museum at Old

On October 18, 2019 students and faculty members had leisure time and had shopping.

In the study tour students were exposed to various aspects related to HRM, insights on Medical and Psychiatric aspects and matters related to community development and Community organization and students visited famous places of Goa.

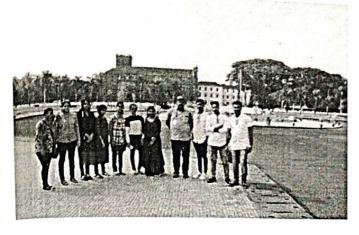
On October 19, 2019 students and faculty members travelled back from Goa and reached Udupi at 9:00pm

#### Few glimpses of the programme:

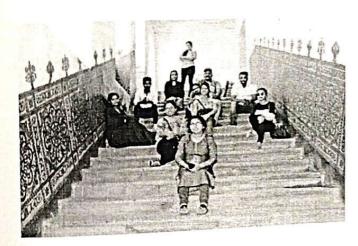














Programme Convener

PG. Dept. of Social Mork, Minagres College, Kallianpur.



# MILAGRES COLLEGE, KALLIANPUR-576114

## Post Graduate Department Social Work

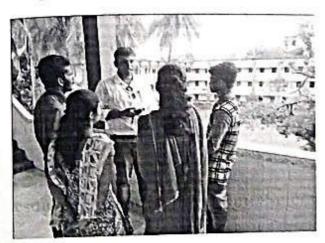
Activity: Training on GPS Mapping

Date: 22<sup>nd</sup> September,2016.

Resource Person: Mr. Vikram, Scientist, Zilla Panchayath, Udupi.

Number of Beneficiaries: 27 Students of First MSW.

Few glimpses of the session:







To take the digital revolution of Zilla Panchayath, Udupi, to a new becon through GPS community asset at all Gram Panchayath level of the district in collaboration with MSW students of our college. With this regard, a training

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was given to operate GPS Mapping devices on 22<sup>nd</sup> September, 2016, by Mr. Vikram, Scientist, Zilla Panchayath, Udupi.

Coordinator

Post Graduate Department of Social Work,

Milagres College, Kallianpur

magres College Kalllangur-576 74 Doop! Dt., Kamstaka



# MILAGRES COLLEGE, KALLIANPUR -576114

# Post Graduate Department of Social Work

Activity: Trekking to Rajakote, Ankola.

Date: 27/03/2017

Venue: Kaigadi village, Ankola Taluk.

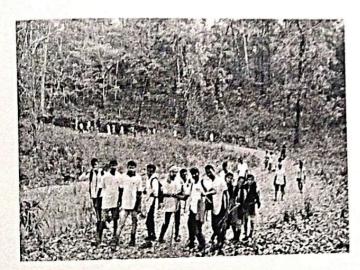
Number of Beneficiaries: 27 Students of I MSW.

Coordination: Mr. Vignesh and Mr. Naseer, Assistant Professors of MSW Dept, Milagres

College, Kallianpur.

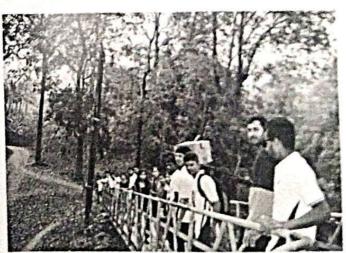
Post Graduate Department of Social Work had organized a trekking to Kaigadi village, Ankola Taluk for I MSW students on 27/03/2017. The students had involved themselves in the rejoice of trekking on the lap of Mother Nature.

#### Few Glimpses are:















Coordinator,

Post Graduate Department of Social Work
Milagres College, Kallianpur



# MILAGRES COLLEGE, KALLIANPUR -576114

## Post Graduate Department of Social Work

Activity: Tribal Exposure Camp

Place: Kaigadi Village, Ankola Taluk, Uttara Kannada District.

Date: 05th February 2017 to 11th February 2017

Collaboration with: Tribal Education and Environmental Development (TEED) Trust, Yallapur.

Target Group: Siddhi and Kunubi Tribal groups

Campers: I MSW students (II Semester)

Coordinator: Mr. Vignesh, Assistant Professor, P. G. Department of Social Work, Milagres College, Kallianpur,

Co-coordinator: Mrs. Reshma K. Assistant Professor, P. G. Department of Social Work, Milagres College, Kallianpur.

P. G. Department of Social Work, Milagres College Kallianpur, had organized Tribal Exposure Camp in collaboration with TEED Trust, Yallapur at Kaigadi Village, Ankola Taluk, Uttarakannada District from 5th February to 11th February 2017.

### INAUGURAL PROGRAMME (05/02/2017):

The inauguration of "Tribal Exposure Camp" was held at Govt. Primary School, Kaigadi at

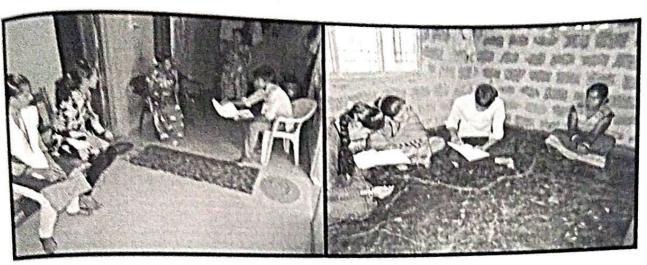
5.30pm. Mr. Ganesh Vadda Kunubi, President, School Development and Management Committee, Government Primary School, Kaigadi had presided the inaugural programme. Mrs. Shanthi Siddhi, senior member of Siddhi Community of Kaigadi, inaugurated the camp by lighting the lamp, Key note address given by the Cordinator of Camp Mr. Vignesh. Mrs. Mohini S Poojary, Managing Trustee, TEED Trust, Ylapuraal was



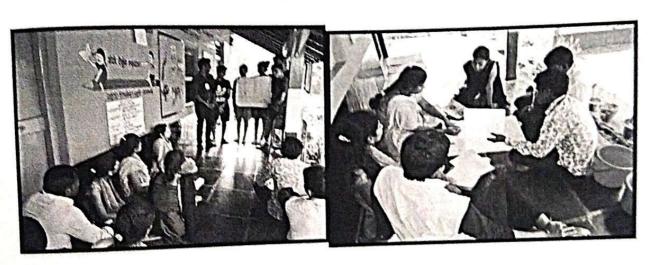
the chief guest of the inaugural programme Mr. Mukund and Mr. Devraj, associates of TEED Trust were also present in the programme. There were around 50 villagers attended the inaugural programme.

# SOCIO-ECONOMIC SURVEY (06/02/2017):

socio-economic survey was conducted to understand the social and economical conditions of Kunubi and Siddi tribal groups of Kaigadi Village. Through survey, the campers collected information about traditional occupation, sources of income, social strata, family structure, religious practices, traditional dance forms, benefits from various Governmental and NonGovernmental organization, status of education, problems of the community etc. Post Lunch the survey findings on both Kunubi and Siddhi tribals were analyzed by the campers in different teams by preparing the activity charts.



Campers collecting information from the villagers



Analysis of the Survey

# PARTICIPATORY RURAL APPRAISAL (PRA) (07/02/2017):

Participatory rural appraisal (PRA) was conducted at Govt. Primary School, Kaigadu by the campers to assess the conditions of the village The students had involved the villagers namely, Mrs. Laxmi Siddhi, Mrs. Shanthi Siddhi, Mrs. Renuka Kunubi, Mr. Ganesh Vadda Kunubi and Mr. Damodar in order to do the Social Mapping, Venn Diagram, Resource in flow and out flow charts and Seasonal Diagram. These activities were distributed to the groups and each group involved sufficient number of villagers in order to provide the

This participatory activity gave the campers an insight to the community need and available information of their village. resources. Further, they could build the bridge between the facts found out in the social survey and the outcome of PRA.



Venn Diagram



Seasonal Diagram



Social Mapping



Villagers participating in PRA

#### SHRAMADANAI

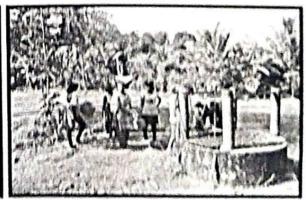
The eampers had organized Cleaning programme arround the Govt. Primary School, Kaigadi



and renovated the Stage. The Campers had removed unnecessary dry shrubs and the coconut trees were watered by manually drawing the water from the well in front of the school.

The physical activity made the students to involve together with joy for a community beneficial service.





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#### VANABHOJANA ( 08/02/2017):

Vanabhojana programme was organized to sensitize the campers about Nature and its contribution towards satisfying the hunger of every creature on the planet. The campers as a team had involved in the cooking process on the lap of Mother Nature. Campers used the available firewood for cooking the food. The team as a whole involved in chopping, cleaning, providing water, etc. Once the food was prepared, it was offered to the Mother Nature as



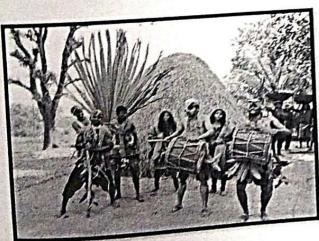
a gratitude for the fortunate resources provided. After that campers and villagers had tasty food on the river bank of Gangavali.

#### DESI SPORTS MEET (09/02/2017):

Desi Sports Meet organized to Campers on 9<sup>th</sup> February 2017. All four teams entered the ground though Desi style parade. After the parade the students in team had tug of war and sack race. Later, friendly Tug of war game was organized between the villagers and the campers.

The team was exposed to the sportive spirit and the concept of friendly competition.

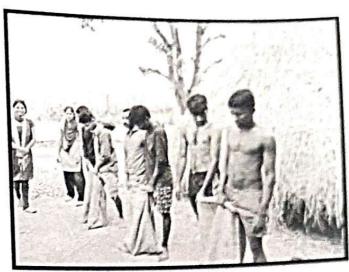






Teams displaying their creativity in Desi Sports Parade





Sack Race

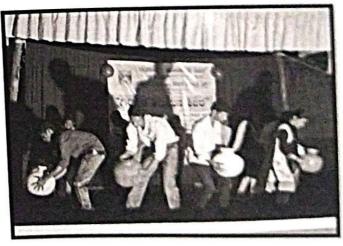
# TRAINING ON PUGUDI AND TALAGADI TRADITIONAL DANCE FORMS OF SIDDI AND KUNUBI COMMUNITY (09/02/2017):

The campers had a task of learning traditional dance forms of Siddi and Kunubi tribal groups namely Pugudi and Talagadi in teams with the guidance of the villagers. Half of the students were involved in Pugudi dance and team of women (Ms. Laxmi Siddhi, Ms. Shanthi Siddhi and others) of Siddhi community helped the students to learn the songs and the dance. The rest of the team was trained on Talagadi dance by Mr. Ganesh Vadda Kunubi



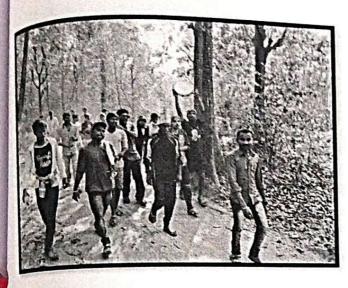
and mr. Krishna Vadda Kunubi. Later in the Valedictory Programme students had performed it to the villagers.





# TREKKING (10/02/2017):

Campers had trekking experience during this Tribal Exposure Camp. Kaigadi villagers led the team for the trekking to a place where the imprint of a cow and of a calf's leg can be seen on a rock. This is an auspicious place for the villagers.



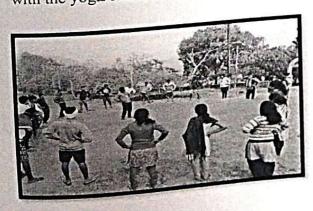






# MEDITATION, EXERCISE AND YOGA

Every morning meditation was conducted for the campers. This enabled the campers to concentrate and freshen up their inner strength. Then the morning session used to continue with the yoga/exercise by the student teams.





# HOME STAY CONCEPT:

With the help of TEED Trust, the campers were deputed to various houses of the village. This







concept brought a huge difference in building the bond between the campers and villagers. The students by staying together were advised to adopt their life style and to help the villagers in their domestic works. The family traditions, practices, customs, food culture were observed and learnt by the campers by this home stay concept.

#### VALEDICTORY (10/02/2017)

The valedictory programme was scheduled at 6.30pm in the school ground. The programme started with the performance of Pugudi and Talagadi (traditional dance forms of Siddhi community and Kunubi community) by the campers. Mr. Ganesh Vadda Kunubi had presided the programme and Mrs. Shanthi Siddhi was chief guest of the programme. Mrs. Usha, I MSW student had read the complete report of the camp. Few campers shared their experience of the camp. Some of the villagers also shared their feedback on campers. Mrs. Reshma, Asst. Professor, P.G. Department of Social Work, Milagres Collge, Kallianpur spoke on this occasion. Mr. Vignash, Camp Coordinator proposed vote of thanks to all those who helped throughout the camp.









#### Experience shared by Villagers and by the campers

Campers returned from Kaigadi village on 11th February 2017 with bunch of experiences, learning and sweet memories.

Signature of Coordinator of the Camp

Signature of Coordinator of MSW Department

Principal

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# MILAGRES COLLEGE, KALLIANPUR -576114

### Post Graduate Department of Social Work

Activity: Tribal Exposure Camp

Place: Kaigadi Village, Ankola Taluk, Uttara Kannada District.

Date: 05th February 2017 to 11th February 2017

Collaboration with: Tribal Education and Environmental Development (TEED) Trust,

Yallapur.

Target Group: Siddhi and Kunubi Tribal groups

Campers: I MSW students (II Semester)

Coordinator: Mr. Vignesh, Assistant Professor, P. G. Department of Social Work, Milagres

College, Kallianpur.

Co-coordinator: Mrs. Reshma K. Assistant Professor, P. G. Department of Social Work,

Milagres College, Kallianpur.

P. G. Department of Social Work, Milagres College Kallianpur, had organized Tribal Exposure Camp in collaboration with TEED Trust, Yallapur at Kaigadi Village, Ankola Taluk, Uttarakannada District from 5th February to 11th February 2017.

### INAUGURAL PROGRAMME (05/02/2017):

The inauguration of "Tribal Exposure Camp" was held at Govt. Primary School, Kaigadi at

5.30pm. Mr. Ganesh Vadda Kunubi, President, School Development and Management Committee, Government Primary School, Kaigadi had presided the inaugural programme. Mrs. Shanthi Siddhi, senior member of Siddhi Community of Kaigadi, inaugurated the camp by lighting the lamp. Key note address given by the Cordinator of Camp Mr. Vignesh. Mrs. Mohini S Poojary, Managing Trustee, TEED Trust, Ylapuraal was

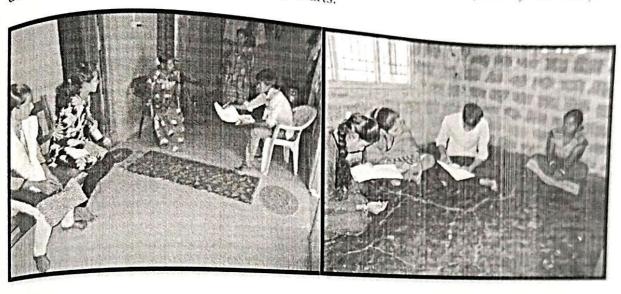


the chief guest of the inaugural programme Mr. Mukund and Mr. Devraj, associates of TEED Trust were also present in the programme. There were around 50 villagers attended the inaugural programme.

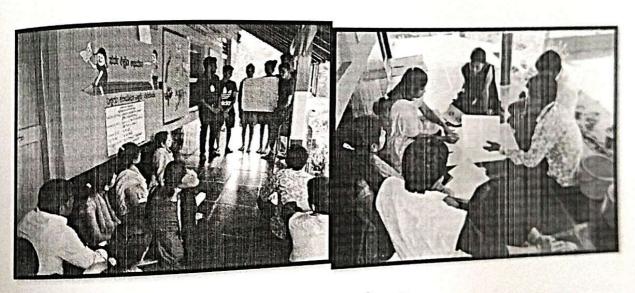
# SOCIO-ECONOMIC SURVEY (06/02/2017):

socio-economic survey was conducted to understand the social and economical conditions of Kunubi and Siddi tribal groups of Kaigadi Village. Through survey, the campers collected information about traditional occupation, sources of income, social strata, family structure, religious practices, traditional dance forms, benefits from various Governmental and Non-

Governmental organization, status of education, problems of the community etc. Post Lunch Government Government on both Kunubi and Siddhi tribals were analyzed by the campers in



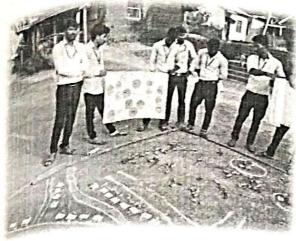
Campers collecting information from the villagers



Analysis of the Survey

PARTICIPATORY RURAL APPRAISAL (PRA) (07/02/2017): Participatory rural appraisal (PRA) was conducted at Govt. Primary School, Kaigadu by the campers to assess the conditions of the village The students had involved the villagers namely, Mrs. Laxmi Siddhi, Mrs. Shanthi Siddhi, Mrs. Renuka Kunubi, Mr. Ganesh Vadda Kunubi and Mr. Damodar in order to do the Social Mapping, Venn Diagram, Resource in flow and out flow charts and Seasonal Diagram. These activities were distributed to the groups and each group involved sufficient number of villagers in order to provide the

This participatory activity gave the campers an insight to the community need and available resource. resources. Further, they could build the bridge between the facts found out in the social survey and the outcome of PRA.



Venn Diagram



Seasonal Diagram



Social Mapping



Villagers participating in PRA

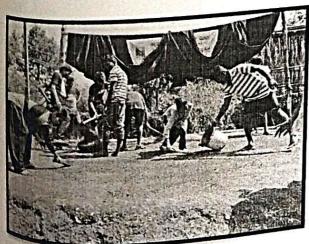
#### SHRAMADANA:

The campers had organized Cleaning programme arround the Govt. Primary School, Kaigadi



and renovated the Stage. The Campers had removed unnecessary dry shrubs and the coconut trees were watered by manually drawing the water from the well in front of the school.

The physical activity made the students to involve together with joy for a community beneficial service.





# <sub>VANABHOJANA</sub> ( 08/02/2017) :

Vanabhojana programme was organized to Vanables the campers about Nature and its sensitive and its contribution towards satisfying the hunger of contribute on the planet. The campers as a team had involved in the cooking process on the lap of Mother Nature. Campers used the available firewood for cooking the food. The team as a whole involved in chopping, cleaning, providing water, etc. Once the food was prepared, it was offered to the Mother Nature as a gratitude for the fortunate resources provided. After that campers and villagers had tasty food on the river bank of Gangavali.



#### DESI SPORTS MEET (09/02/2017):

Desi Sports Meet organized to Campers on 9th February 2017. All four teams entered the ground though Desi style parade. After the parade the students in team had tug of war and sack race. Later, friendly Tug of war game was organized between the villagers and the campers.

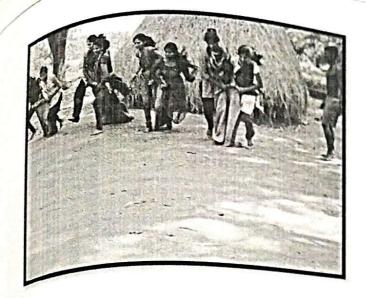
The team was exposed to the sportive spirit and the concept of friendly competition.







Teams displaying their creativity in Desi Sports Parade





Sack Race

# TRAINING ON PUGUDI AND TALAGADI TRADITIONAL DANCE FORMS OF (09/02/2017):

The campers had a task of learning traditional dance forms of Siddi and Kunubi tribal groups namely Pugudi and Talagadi in teams with the guidance of the villagers. Half of the students were involved in Pugudi dance and team of women (Ms. Laxmi Siddhi, Ms. Shanthi Siddhi and others) of Siddhi community helped the students to learn the songs and the dance. The rest of the team was trained on Talagadi dance by Mr. Ganesh Vadda Kunubi



and mr. Krishna Vadda Kunubi. Later in the Valedictory Programme students had performed it to the villagers.



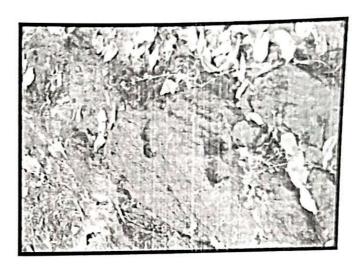


Camper's performance of Talagadi and Pugudi dance in Valedictory Programme
Scanned By Scanner Go

#### TREKKING (10/02/2017):

Campers had trekking experience during this Tribal Exposure Camp. Kaigadi villagers led the team for the trekking to a place where the imprint of a cow and of a calf's leg can be seen on a rock. This is an auspicious place for the villagers.









## MEDITATION, EXERCISE AND YOGA

Every morning meditation was conducted for the campers. This enabled the campers to concentrate and freshen up their inner strength. Then the morning session used to continue with the yoga/exercise by the student teams.





#### HOME STAY CONCEPT:

With the help of TEED Trust, the campers were deputed to various houses of the village. This







concept brought a huge difference in building the bond between the campers and villagers. The students by staying together were advised to adopt their life style and to help the villagers in their domestic works. The family traditions, practices, customs, food culture were observed and learnt by the campers by this home stay concept.

#### **VALEDICTORY (10/02/2017)**

The valedictory programme was scheduled at 6.30pm in the school ground. The programme started with the performance of Pugudi and Talagadi (traditional dance forms of Siddhi community and Kunubi community) by the campers. Mr. Ganesh Vadda Kunubi had presided the programme and Mrs. Shanthi Siddhi was chief guest of the programme. Mrs. Usha, I MSW student had read the complete report of the camp. Few campers shared their experience of the camp. Some of the villagers also shared their feedback on campers. Mrs. Reshma, Asst. Professor, P.G. Department of Social Work, Milagres Collge, Kallianpur spoke on this occasion. Mr. Vignash, Camp Coordinator proposed vote of thanks to all those who helped throughout the camp.









#### Experience shared by Villagers and by the campers

Campers returned from Kaigadi village on 11<sup>th</sup> February 2017 with bunch of experiences, learning and sweet memories.

Signature of Coordinator of the Camp

Signature of Coordinator of MSW Department

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### MILAGRES COLLEGE, KALLIANPUR, UDUPI

#### Post Graduate Department of Social Work

Activity: Workshop on Life Skills

Date:23-10-2018

Venue: Audio- Visual Room and MSW HR Class

In Collaboration with: Post Graduate Department of Commerce

Guests: Dr. Vincent Alva, Principal, Milagres College, Kallianpur.

Resource Person: Mr.DheerajSeqeira, Mr.Manoj Lewis

Mr. Ravinandan-Garadimajal, Mrs. Pallavi- Kallianpura

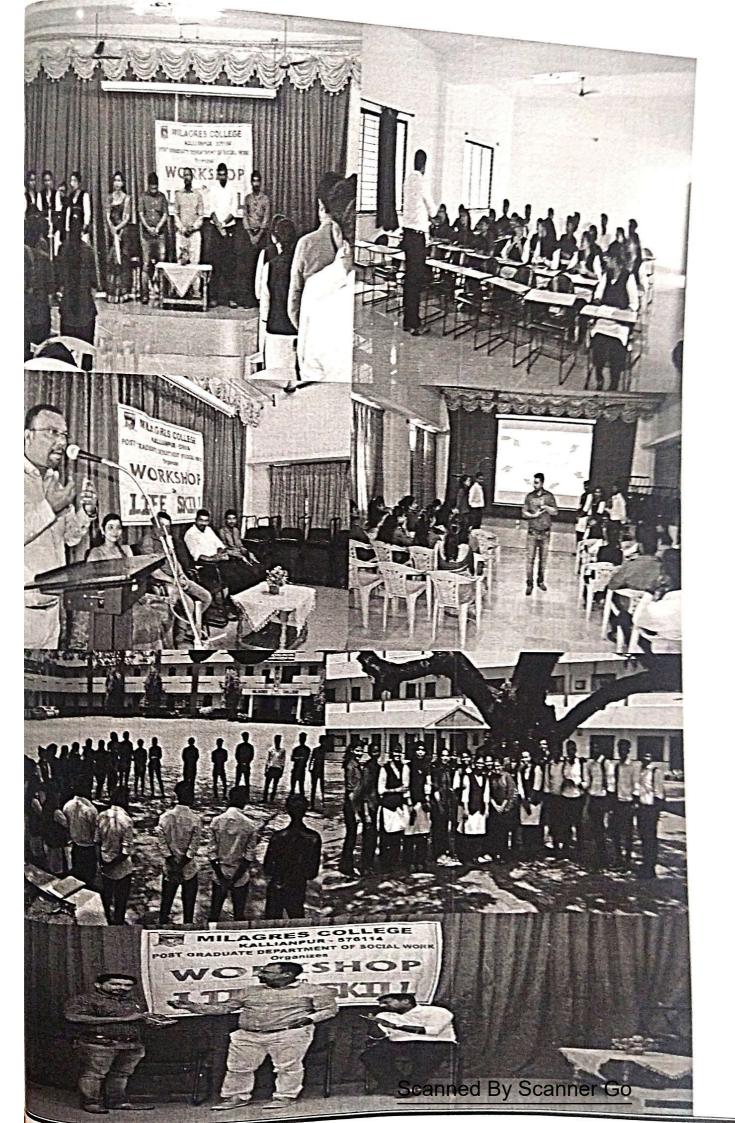
Members Attended: PG Students and PG Faculty

Faculty Coordinator of the programme: Mrs. AshwithaShaletD'souza- Asst.

Professor

On 23October 2018 PG dept. of Milagres College Kallianpurorganized Workshop on Lifeskill for MSW and Mcom students Mr.DheerajSeqeira,Mr.Manoj Lewiswere the Resource Persons of the day. Workshop started at 10 AM with Formal Programme. Ms.Archana-1 MSW welcomed and introduced the Resource Persons to Programme. Dr. Vincent Alva-Principal Milagres College Kallianpur,Mr. Vignesh, the gathering. Dr. Vincent Alva-Principal Milagres College Kallianpur,Mr. Vignesh, Coordinator of MSW Dept. and Mrs. ChaithraKotian, Coordinator of Mcom Coordinator of MSW Dept. Ms. Deepa- 2nd Mcom rendered vote of thanks. Ms. Dept. were present on the stage. Ms. Deepa- 2nd Mcom rendered vote of thanks. Ms. Navya-1st Mcom did the MC. After the formal programmel year and 2nd year students were made to divide into two groups. Resource persons took session on 5 Life skills were made to divide into two groups. Resource persons took session on Mrs. each. Workshop was ended at 4.30 PM with Valedictory Ceremony. Mrs. AshwithaShaletD'souza- Asst. Professor rendered vote of thanks. Principal handed over the memento to the Resource Person. Workshop helped the students to enhance their Life skill

Few Glimpses of the Programme:







PG Dept. of Social Work, Milagres College, Kallianpur