



MILAGRES COLLEGE KALLIANPUR -576114

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Sexual Harassment Prevention Cell

Action Plans-2017-18

- Inauguration and formation of Committee
- Personality Development Programme
- Program on Employment opportunities in Bank for Women Employees
- Guest lectures



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Sexual Harassment Prevention Cell

Activities of 2017-2018



1) Mrs.Soujanya Karunakar Shetty

On 22nd September 2017, Women Cell unit conducted a programme related on sexual harassment. The resource person of the programme was Mrs.Soujanya Karunakar Shetty. The Convener of the Programme was Mrs. Clara Menezes. President and Vice President of the women Cell were present in the Programme. Ancilla was the class representative of I BCOM 'B' class.

2) On 22-09-2017 A Personality Development Programme was organized by the Women Cell of the College for Boys as well as Girls separately.



The report is as follows.

- The Programme started at 2:45 PM. Reon Loyal Luis of I BCom B hosted the programme. A very known resource person Mr. Nagaraj Murthy had come and was the chief guest of the programme.
- Prof Melvin C Rego was the President of the Programme and gave away his Runarles.
- Roluin John Who of Ist Bcom B had welcomed gathering and introduced the Resource Person of the Programme and Shawn Serra of I Bcom B had prospered the vote of thanks.
- Mr. Nagaraj Murthy had worked as prywlagist in St. Ignatius hospital, Honnavar in the year 2004-05, and also at Dr .A.V Baliga memorial hospital Udupi since 2005.He has been teaching graduation student he also worked as a guest lecturer in department of social work at Govt.college for the last 7years.
- Mr. Murthy spoke on the Topic Psychology and Adolescence.

Like how changes Occurs in a person at the time of Adolescence and how to overcome the difficulties which happens in a student's life. He spoke upon the development Transition in difficult stages like Biological, Cognitive and Social Stages and how curiosity builds in the minds of people relating to particular things.
- He also spoke on various aspects like
 - Teenage Brain-He made a kind of comparison between teenage and Adult Brain.
 - How youth licit their thinking.
 - How changes in sleep pattern at the time of adolescence.
 - How to have Balance in Decision
 - Difficult challenges in a student's life.
 - How to build up our own identity in the modern society and How to bear study pressure etc. and he ended up by speaking about Teenage drug use and suicide's. He ended his talk by suggesting the students how to have balance in our decisions and overcome the difficulties in life. The programme had ended around 3:30PM

3) Program on Employment in Bank for Women Employees-By Mrs. Archana M manager (Credit) Syndicate Bank Udupi branch.



On 4th April 2018 Ms. Archana N, Manager (credit) from Syndicate Bank Udupi conducted a lecture on how women students to be careful for preparing the future; she explained the opportunities available in the bank especially for women students. Brinda II Bcom 'A', compered the programme Pavana IIIBcom 'B', proposed the vote of thanks. Prof.Melvin Rego, Presided over the programme. Clara Menezes, convener was present with the student office bearers Ms. Prathiksha III Bcom 'B' and Ms. Raksha III Bcom 'B'. Programme was conducted in A.V hall, in Milagres College Kallianpur