



MILAGRES COLLEGE KALLIANPUR -576114

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Action Plans-2016-17

- Inauguration of Sexual Harassment Prevention Cell
- Guest Lecture on Psychological issues and College Students
- Guest Lecture on Adolescent Problems and their solutions
- Workshop on Stress Management for Teenage Girls
- Workshop -Sexual Harassment Prevention Cell



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Women Cell / Sexual Harassment Prevention Cell 2016-17

1. Inauguration of Women Cell/Sexual Harassment Prevention Cell

The Women's Cell for the Golden Jubilee Year of Milagres College was inaugurated by

Mr Premanand Kalmadi, Director, Native Organization, Udupi on 1st September 2016.

The programme was presided by Prof. Subramanya Joshi head of the Department of Chemistry



2. Talk on Awareness on Competitive Exams

Women Cell conducted a programme to bring awareness on Competitive Examinations for courses like MBA, CA, CS etc., Miss Preksha Mayadi, Asst Prof. of SDM Law College, Mangalore was the resource person.

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4. Guest Lecture on Psychological issues and College Students

Sexual Harassment Prevention Cell in association with Women Cell organized a guest lecture on “Psychological issues and College Students”.

Mrs. Soujanya, Administrator, Dr A.V. Baliga Institutions delivered the talk to the students

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6. Guest Lecture on Adolescent Problems and their solutions

Mrs. Vidya Nagaraj of Dr A.V. Baliga Institution of Social Sciences gave a guest lecture on the topic Adolescent Problems, on 17th February 2017. She also gave the women students some tips towards the solutions for adolescent problems



7. Workshop on Stress Management for Teenage Girls:

Ms. Sumithra of Dr A.V. Baliga Institution of Social Sciences conducted a workshop for women students and also conducted various activities to make them realize the need for managing stress. This programme was conducted on 23rd February 2017



8. Women Cell In Collaboration With JCI Kallianpur And KMC Manipal Honored Women Achievers

Women Cell in collaboration with JCI Kallianpur and KMC Manipal conducted a programme to honour women achievers of Kallianpur locality on the occasion of International Women's Day on 8th March, 2017. Also, the National Level Volleyball player of Mlagres PU college – Miss. Prateeksha was honoured on this auspicious day.

9. Honoring Women Achievers



10. Workshop -Sexual Harassment Prevention Cell

A programme was conducted on 10th March, 2017 by Ms Ida Pinto of KMC Manipal to give instructions to our women students on how to protect themselves when a dangerous situation arises. Activities were conducted during the programme to bring awareness at the workplace

