

DEPARTMENT OF PHYSICAL EDUCATION

Students Achievements 2016-17

Represented South Zone Inter university Competitions:

- Bernerd D'souza Table Tennis
- Blencil Lewis Table Tennis
- Dareen Lewis Table Tennis
- Preethesh M Tholar Basketball
- Monisha Volleyball
- Karthik Poojary Power Lifting(International)

1. **Mr Karthik Poojary** Of III B.A Secured **Gold Medal In International Power Lifting** Competition held at Jameshedpur on 26th to 30th December 2016, and Bronze Medal in Dead Lift Competition.
2. **Mr Bernard D'Souza, Mr Blencil Lewis, Mr Dareen Lewis** secured First Place in Inter collegiate Table Tennis Tournament and Participated in **South Zone Table Tennis** Tournament held at Anna University Chennai on 24th to 27th December 2016.
3. **Mr Preethesh M. Tholar of III B.Com.** Participated in **South Zone Basketball** Tournament Held at University of Madras, Chennai and he was the Caption Of that Team.
4. **Ms Manisha** of I B.A Participated in **South Zone Volleyball** tournament held at University of Calicut on 26th to 29th December 2016.

INCENTIVES TO OUTSTANDING SPORTS PERSONS 2016-17

1. Mr. V.Ramananda Pai Scholarships are awarded to the Individual Champions They are, Joshua D'Souza III B.Com.A, Prajwal I B.Com.A, Rahul Suvarna II B.Com.B & Nikitha Bangera I B.Com.

2. Mr. Sathyajith V.Shetty Ex-Volleyball Player Scholarship for Best Volleyball Player-Men Section. They are: Varun Moilley I B.C.A
3. Prof.Richard Rebello Development of Sports Scholarship for Outstanding Sportspersons for men and Women. They are: Karthik III B.A

COACHING CAMP



MUIC TABLE TENNIS TOURNAMENT







TABLE TENNIS WINNING TEAM



MPL VOLLEY BALL TOURNAMENT





ANNUAL SPORTS DAY



DEPARTMENT OF PHYSICAL EDUCATION

Students Achievements 2017-18

Represented South Zone Inter university Competitions

- Pratheek H. Shetty Table Tennis
 - Chethan Kumar Table Tennis
 - Pratheeksha K. Volleyball
1. **Mr Pratheek H. Shetty and Mr. Chethan Kumar** secured First Place in Inter collegiate Table Tennis Tournament and Participated in **South Zone Table Tennis** Tournament , at Amritha University in Coimbatore.
 2. **Ms Pratheeksha K.** participated in **South Zone Volleyball** Tournament held at Kannur University in Kerala.
- **Football (Boys) – IV Place in Udupi Zone** Sri Bhuvanendra College Karkala – 22 September 2017
 - **Volleyball (Girls) _ Winners in Rural** GFG College , Barkur – 29 January 2018

Mangalore University Inter Collegiate Table Tennis Tournament **2017-18(Men and Women)**

Mangalore University Inter Collegiate Table Tennis Tournament for Men & Women was held in Indoor Sports Complex, MGM College on 22nd ^{August} 2017 and 23 August 2017. The Valedictory Program was held on 2³ August 2017. In Men Section, Milagres College was declared as winners.



BASKET BALL TEAM



TABLE TENNIS TEAM



POWER LIFTING



KARATE



FOOTBALL TEAM



CRICKET TEAM



CHESS TEAM



FOOTBALL WINNERS



PAVILION INAUGURATION



GYM RENOVATION:



SPORTS MEET











- Secured 1st place in Long jump at State level Dasara open athletic meet.
- 2. Mr Pratheek H. Shetty secured second Place in Inter collegiate Table Tennis Tournament and Participated in South Zone Table Tennis Tournament , at Gitam University,Vishakapatnam.
- 3. Ms Pratheeksha K. participated in South Zone Volleyball Tournament held at K.L University Kerala.

Winners in various sports and games:

- ★ Table tennis team has secured **2nd place** in MangaloreUniversity Inter Collegiate tournament held at M.G.M college Udupi.
- ★ **1st place** in Aloysiad Inter Collegiate Table tennis tournament held at St Aloysius College Mangalore.
- ★ Athletics team bagged **4th place** as overall champions in MangaloreUniversity Inter Collegiate Athletic Meet held at AlvasCollege Moodbidri.
- ★ Volleyball men's team has won **3rd place** in Mangaloreuniversity InterCollegiateUdupi ZoneVolleyball Tournament held at S.K.V.M.S GFGC , Koteshwara.
- ★ Volleyball Women's team are Preliminary round winners in Mangalore University Inter Collegiate Tournament held at Besant Women College ,Mangalore.

Mangalore University Inter Collegiate Table Tennis Tournament

2018-19 (Men and Women)

Mangalore University Inter Collegiate Table Tennis Tournament for Men & Women was held in Indoor Sports Complex, MGM College on 22nd^{August} 2017 and 23 August 2017. The

Valedictory Program was held on 2³ August 2017. In Men Section, Milagres College was declared as winners.

Futsal: This year we have organized inter-class Futsal Tournament on 26th July 2018-19 ,in the college ground. 5 teams have participated in this tournament .

Milagres Premier League: Physical education department organised “**Milagres Premier League**” Volleyball tournament on 28th February 2018-19 at College Ground. 4 teams have participated in this tournament.

OWNERS OF THE TEAM

- | | | |
|------------------------------|---|-----------------|
| 1. Prof Joseph Peter D Souza | - | WINNERS |
| 2. Prof Sophia Dias | - | RUNNER UP |
| 3. Dr Vincent Alva | | FIRST RUNNER UP |
| 4. Dr Herald Monis | - | FIRST RUNNER UP |

WEIGHT LIFTING:



VOLLEYBALL TEAM MEN AND WOMEN



TABLE TENNIS WINNING TEAM



POWER LIFTING



FOOTBALL TEAM



CRICKET TEAM



BASKET BALL TEAM MEN AND WOMEN



VOLLEY BALL WINNERS



ATHLETIC CHAMPION





FUTSAL



MPL VOLLEY BALL





COACHING CAMP



CRICKET PITCH INAUGURATION



ANNUAL SPORTS MEET













DEPARTMENT OF PHYSICAL EDUCATION

Students Achievement 2019-20

Represented National and South Zone Inter University Competitions:

1 Lloyed A Lewis	-	III B.COM	table tennis (south zone)
2 Saish Kotian	-	III B.COM	table tennis (south zone)
3 Nithesh	-	I B.COM	table tennis (south zone)
4 Joyce D souza	-	III B.A	karate and boxing (National level)

1. Mr Lloyed , Mr Saish and Mr Nitesh has secured second Place in Inter collegiate Table Tennis Tournament and Participated in South Zone Table Tennis Tournament held at Hindustan University, Chennai.
2. Ms Joyce D souza secured First place in Boxing at national level competition held at Bangalor

Winners in various sports and games:

- Table tennis team has secured 2nd place in Mangalore university inter collegiate tournament held at M.G.M college, Udupi.
- Athletics team bagged 3th place as overall champions in Mangalore university inter collegiate athletic meet held at Alva's college, Moodbidri.
- Volleyball men's team has won 3rd place in Mangaloreuniversity inter collegiate volleyball tournament held at S.V.M.S, GANGOLLI.
- Volleyball Women's team are Preliminary round IV place in Mangalore University Inter Collegiate Tournament held at Sri Rama FGC,Kalladka.
- Ms Sharanitha secured 2nd place in Mangalore university inter collegiate Weight Lifting competition at SDM College, Ujire.

ACTIVITIES

Coaching Camps:

Milagres Institutes of Education, Kallianpur, in association with Department of Physical Education, Milagres College Kallianpur, organized 30 days coaching camp in our college ground in the month of April. Various activities like Athletics, Volleyball and Table Tennis were conducted. All the Physical Directors of our Institutions were actively engaged in the camp.

Participated in Mangalore University Inter- Collegiate Tournaments:

- Table Tennis (Runner up)
- Athletics (over all III places)
- Volleyball (Men & women)
- Football
- Best physique
- Power lifting
- Badminton
- Basketball (men & women)
- Cricket
- Chess
- Weight lifting

Futsal Tournament:

This year we have organized inter-class Futsal Tournament on 27th August 2019-20, held at college ground. 5 teams have participated in this tournament.

MILAGRES PREMIER LEAGUE-2019-20

Milagres College Alumni Association ® Kallianpur organized the Milagres Premier League, a Volleyball tournament, sponsored by Mr Nigel Fernandes & Family Kallianpur to the present and Alumni students of the college on Saturday, December 21 at College ground.

Very Rev Dr. Lawrence C D'Souza, Correspondent of Milagres Educational Institutions presided over the ceremony. Prof Clement D'Souza, Ex Physical Director, Milagres College Kallianpur inaugurated the tournament by cutting the ribbon of the court. Mr Sathyajith Shetty, Former University Volleyball Team Captain inaugurated the Volleyball tournament by serving the ball. Mr Ronald Rajesh Lewis inaugurated the game by tossing for the welcome match. During this occasion Prof Joseph Peter Fernandes, Department of Chemistry Milagres College Kallianpur and Ms Vinutha G Palan, a sports person was felicitated. Eight teams participated in the tournament. The team names were, Kemmannites, Firefox, Mi`Lagre Strikers, MCK-93 Charmers, Milagres Spikers and Dias Panthers owned by Alumni of the college, Mr Thomas D'Souza, Mr Allen Lewis, Mr Wilson D'Sa, 1993 B.Sc Friends, Mr Sathyajith Shetty and Mr Augustine Dias respectively played for the title. Firefox A and B, the girls team were owned by Mr Sunil and Mrs Kavitha. Dr Vincent Alva, Principal Milagres College Kallianpur said that Alumni is one of the ambassadors of the college and they are indeed backbone of the institution. This tournament will motivate the students to know the importance of sports and sportsmanship. The prize distribution ceremony was held at college the ground. Mr Ravindra Rai M, Regional Head, Bank of Baroda was the guest of honor for the programme. Team Kemmannites won the Championship. The event was successful through the teamwork of all the student volunteers under the guidance of physical education director Mr Nikhil D'souza. Ms Rosalia Cardoza, Department of English compeered the programme.

MILAGRES PREMIER LEAGUE





COACHING CAMP



TUG OF WAR



MILAGRES COLLEGE ANNUAL ATHLETIC MEET





DEPARTMENT OF PHYSICAL EDUCATION

STUDENTS ACHIEVEMENT 2020-21

COACHING CAMPS: Milagres Institutes of Education, Kallianpur, in association with Department of Physical Education, Milagres College Kallianpur, organized 30 days coaching camp in our college ground in the month of April. Various activities like Athletics, Volleyball and Table Tennis were conducted. All the Physical Directors of our Institutions were actively engaged in the camp.

PARTICIPATED IN MANGALORE UNIVERSITY INTER- COLLEGIATE TOURNAMENTS:

- Athletics (over all III places)
- Volleyball (Men & women)
- Cricket
- Women Throw Ball
- Table Tennis
- Kabaddi

STUDENTS ACHIEVEMENTS:

Winners in various sports and games.

- Athletics team bagged 3th place as overall champions in Mangalore University inter collegiate athletic meet held at Alva's college, Moodbidri.
- Mangalore University Inter-Collegiate "Aloysiad Cup" Volleyball Tournament held at St.Aloysius College Mangalore Men's team has secured 1st place.
- Mulki Sundaram Shetty Govt College Shriava organized Volleyball tournament in which men's team secured 4th place
- Mangalore University Inter-collegiate Udupi zone cricket tournament held at SMS College Brahmavara men's Team secured first place.

ANNUAL SPORTS MEET 2020-21: The Annual Sports Meet of the college was held on 12th and 13th March 2021 at the college ground. Mr. Karthik Shetty, Alumnus 2008-2011 batch, former Handball, Softball and Basket Ball Player and former Mangalore University

Handball Team Captain of 2010-11, inaugurated the Sports Meet and handed over the sports torch to the sportsperson. Mr. Deekshith Shetty Alumnus 2004-2007batch, asportsperson was present as the Guest of Honour. He opined that Milagres College is always gave much importance to the sports and students should grab the opportunities given by the college. Very Rev. Fr Valerian Mendonca, Correspondent, Milagres Educational Institutions, presided over the function. He suggested that all the students should actively participate in all sports events so that they can make special achievements in the sports which will spread the name of the college everywhere. Mr. GopikrishnaBadhya, SDA, was felicitated during this occasion for his service to the college. Mr. Jeofry Dias, Vice President of Managing Council, Mrs. Jyothi Lewis, President Parents Teachers Association, Mrs. Savitha Hebbar, Principal Milagres PU College, Dr Jayaram Shettigar, IQAC Coordinator, Sports Secretaries Mr. Nitresh and Priyanka, retired staff members, and alumni members were present. Dr Vincent Alva, Principal welcomed the gathering and Physical Education Director Mr. Nikhil D'Souza proposed the vote of thanks. Mr. Melson D`Souza, Department of Commerce compered the program.

CRICKET WINNERS TEAM:



VOLLEYBALL WINNING TEAM:





THROWBALL TEAM:



ATHLETIC CHAMPIONS:



TABLE TENNIS CHAMPIONS



KABADDI TEAM



BASKETBALL TEAM:



CRICKET TEAM



MILAGRES SPORTS PERSONS



SPORTS MEET:







