

# Milagres College Kallianpur

## Department of Physical Education

### Sports Report 2021-22

**Mr. Nikhil Rahul D'souza**  
**Physical Education Director**  
**Milagres College Kallianpur**

Numerous students and sports teams of the college have represented the college in District, University, State, National level under the direction of the physical educational director. The list of sports that Milagres College students and teams have competed is provided below.

#### **Inauguration of Milagres Sports Academy**



Mr Raj Bengre, Alumnus, 1988 Batch former Table Tennis and volleyball player Inaugurated Milagres sports Academy 2021-22 and interacted with athletes. Mr Alfred Crasto, Alumnus 1986 Batch, former Cricket, softball, Table Tennis and volleyball player spoke about dedication and commitment to achieve higher in sports. V Rev Fr Valerian Mendonca, Correspondent Milagres Institutions presided over the programme. Mr Vijay Alva, Chief Advisor of Milagres Sports Academy, Mr Raj Bengre and Mr Alfred Crasto, Main Sponsors of the Academy, Mr Kishore Alumnus of the College, Ms Vanishree Physical Education Director, Mr Vincent and Mr Vinay shet physical education trainer were present. Dr Vincent Alva principal welcomed the gathering and Physical Education Director Mr Nikhil D'Souza proposed the vote of thanks. Mr Bernard DSouza compeered the programme.

## Coaching Camps:



Milagres Sports Academy, Kallianpur, in collaboration with the Department of Physical Education at Milagres College Kallianpur, held a 30-days coaching camp on our college ground in December. Mr Raj Bengre, alumnus, 1988 batch was generously sponsored Rs. 7 lakhs for the coaching camp. Athletics, volleyball, cricket, kabaddi, and table tennis were among the activities held under his sponsorship. The Physical Education Director and coaches were very involved in the camp.

The details of the coaches are:



- Cricket - Mr Vijay Alva & Mr Mithun



- Volleyball - Mr Manoj Kumar



- Kabaddi - Mr Suman Kumar



- Athletics - Mr Kishore



- Table Tennis - Mr Ashwin Kumar

### **Participated in Mangalore University Inter- Collegiate Tournaments:**

- Athletics
- Volleyball (Men & women)
- Cricket
- Football
- Badminton
- Kabaddi
- Table Tennis
- Power lifting
- Bodybuilding
- Wrestling
- Basketball
- Swimming

### **Students Achievements:**

#### **Represented National and South Zone Inter university Competitions:**

- |              |           |                           |
|--------------|-----------|---------------------------|
| 1. Keerthana | II B Com  | Athletic ( All India)     |
| 2. Nithesh   | III B.COM | table tennis (South zone) |
| 3. Christon  | II B.COM  | table tennis (South zone) |
| 4. Valonia   | I B.COM   | table tennis (South zone) |
| 5. Varsh     | I B Sc    | Volleyball (National)     |
| 6. Ramya     | I B A     | Volleyball (National)     |
| 7. Grace     | I BCA     | Football(National)        |



1. **Ms Keerthana** secured second place in the 100mts at the Mangalore University Inter Collegiate Athletic Meet held at Alva's College Moodbidri, with a time of 12.1 seconds. Gold medalist in the 4X100 meters Relay at the All India Inter University Meet in KITE University, Odisha. And also she has bagged silver medal in **Khelo India** in the 4X100 meters relay held at Kantirava Stadium, Bengaluru.



2. **Mr Nithesh and christen** secured 1<sup>st</sup> Place in Inter collegiate Table Tennis Tournament and Participated in **South Zone Table Tennis** Tournament , at REVA University, Bangalore.



3. **Ms Valonia** secured 2<sup>st</sup> Place in Inter collegiate Table Tennis Tournament and Participated in **South Zone Table Tennis** Tournament , at AMET University, Chennai.



4. **Ms Varsha and Ramya** has represented Karnataka Volleyball team in **Youth National Volleyball Tournament** held at Maharashtra.





5. Ms Grace has represented Karnataka Football team in **National Football Tournament** held at FSV Arena, Bangalore

**Winners in various sports and games.**

- **Men's table tennis team** has secured 1<sup>st</sup> place and women's team secured 2<sup>nd</sup> place in Mangalore university inter collegiate tournament held at Bhandarskar's College Kundapur





- **Athletics team** bagged 3<sup>rd</sup> place in the overall championship in Mangalore university inter collegiate athletic meet held at Alva's college, Moodbidri.



- **Men's volleyball team** has secured 2<sup>nd</sup> place in udupi zone and 3<sup>rd</sup> place in Mangalore university inter collegiate volleyball tournament held at GFGC Hebri.



- **Men's football Team** secured 4<sup>th</sup> place in Mangalore University Inter-collegiate Udupi zone, Football tournament held at Alva's college, Moodbidri



- **Men's and Women's Volleyball Team** secured 3<sup>rd</sup> and 4<sup>th</sup> place in Volleyball Tournament held at Mulki Sundaram Shetty Govt College Shirva.

