

## FINE ARTS – TANU YOGA BHOOMI PROGRAMME

**Organizers: Vidyarthi Darbar & Fine Arts Club**

**Date:** 06.01.2023, Friday at 2.30pm

**Chief Guest:** Kum Tanushree Pithrody. Yoga Practitioner

**Venue:** Silver Jubilee Hall

**Participants:** All the Students

Milagres College Kallianpur, Udupi was privileged to have Ms Thanushree Pithrody, a young Yoga practitioner studying in Ninth standard at St Cecily's School Udupi. Prof. Sophia Dias, the Principal in-charge appreciated the efforts of Ms Thanushree in becoming an eminent achiever in the field of Yoga and wished her all good in life. Dr Jayaram Shettigar, IQAC Co-ordinator, Mr Ravinandan Bhat, Convener, Fine arts club, Dr Nithyanand Shetty, Convener for Vidyarthi Darbar were present. Speaking on the occasion Ms Thanushree narrated the types of Yoga and its relevance as a method of treating certain ailments of human body. The program included Tanu Yoga Bhoomi, a yoga dance and prominent asanas by Ms Thanushree. This program was jointly organised by Vidyarthi Darbar and Fine arts club of the college to introduce our students the special talents and achievers from various spheres of the society. Ms Tanushree were felicitated during the occasion.

